

1 Minute Push-up Challenge

Lozada Physical Fitness Center
6992 Desert Storm Avenue

Wednesday, January 16, 2019
11:30a - 1:00p

Register at the event

Open to all DoD ID Card holders ages 16 and up.

Participants will do as many Army standard pushes, shoulders and arms parallel, as they can in 1 minute.

Prizes for top 2 males and females
Each participant will receive a t-shirt.



For More Information **270.798.5380**

*Government Endorsement Not Implied.