

# EFMP Program Roadmap for First-Time Users

## Tab 1: Getting Started & Enrollment Roadmap

Welcome to the Enterprise EFMP (E-EFMP)!

To begin your journey, you will use the E-EFMP online portal. Below is the roadmap to establish your account and complete your initial enrollment.

### Step 1: Create Your DS Logon

All adult family members (18+) must have their own DS Logon to sign paperwork. The Service Member will handle signatures for children.

- Go to the DS Logon homepage (<https://www.dmdc.osd.mil/identitymanagement/app/login>).
- Select “Create New Account” and choose the “Email Registration” option.
- Follow the on-screen steps. Use the activation code sent to your email (within 24 hours), enter your DOD ID, and create a secure password. *(For help, call 1-800-368-3665).*

### Step 2: Log Into E-EFMP

- Navigate to <https://efmp.army.mil>.
- Click Log In at the top right, agree to the consent statement, and enter your DS Logon credentials.

### Step 3: Start a New Package

- Select Begin New Package or go to My Actions -> Create New Package. Choose the appropriate dependent. (If multiple dependents need updates, start individual cases for each).
- Follow the prompts to enter Soldier Demographics (including supervisor/commander emails) and Family Member Details.
- Select the enrollment type:
  - Medical Enrollment: Call your dependent’s primary care provider to schedule an appointment for the DD Form 2792.
  - Educational Enrollment: Call the dependent’s school or EDIS to complete DD Form 2792-1. Obtain a copy of the IEP/IFSP and upload it.
  - Combined: Select both medical and educational when initiating the case.
- Accept the Privacy Act statement, complete the Medical Information Disclosure, and electronically sign the package.

## Tab 2: Family Member Travel Screening (FMTS) & OCONUS

### What is FMTS?

Think of the FMTS process as getting a “permission slip.” It ensures your new duty station has the necessary medical and educational support for your family *before* you move.

### The 5-Step FMTS Process:

1. **Kick Things Off:** The Service Member starts the screening application via <https://efmp.army.mil>.
2. **Case Coordinator Call:** An EFMP Case Coordinator will contact you to verify your family's care needs.

3. **The Doctor's Visit & Forms:** If enrollment is warranted, you'll schedule an appointment with your PCM to fill out DD Form 2792. (If using a civilian provider, forms will be completed on paper and uploaded).
4. **Review!** Check all forms online for mistakes before signing. Errors require the process to start over.
5. **The Final Decision:** The package is sent to the new duty station command. They have 60 days to review available services before notifying the personnel office to issue official orders.

### Two Possible Paths:

- **Path A (No Enrollment Needed):** If no special needs are found, the package goes straight to the gaining command for approval.
- **Path B (Enrollment Needed):** The FMTS process pauses while a formal EFMP enrollment is completed. Once finalized, the FMTS package resumes its route.

### Overseas (OCONUS) Screening Specifics:

- List your *current* address in demographics (not your future duty location) to avoid misrouting.
- The MPD will contact the Service Member to schedule a levy brief. **Note:** An overseas family screening cannot be completed without attending the levy brief.

## Tab 3: TRICARE Extended Care Health Option (ECHO)

ECHO provides supplemental services to active duty family members with qualifying mental, developmental, or physical disabilities.

### Eligibility & Registration:

- Beneficiaries must be enrolled in a TRICARE program option (Prime, Select, etc.) and EFMP.
- Qualifying conditions include (but are not limited to): Autism spectrum disorder, moderate/severe intellectual disability, serious physical disability, and multiple disabilities affecting separate body systems.
- **Note:** Registration is *not* retroactive. You must get pre-authorization from your regional contractor for all services.

### Covered Benefits:

- Assistive services (qualified interpreters/translators).
- Durable equipment and adaptation/maintenance.
- Expanded in-home medical services (EHHC).
- Respite care (up to 16 hours/month, or up to 8 hours/day, 5 days/week for those who qualify for EHHC).
- Applied Behavior Analysis (ABA) services via the Autism Care Demonstration.

### Costs & Liability:

The coverage limit for all combined ECHO benefits (excluding EHHC) is \$36,000 per beneficiary, per calendar year. Copayments are based on the sponsor's pay grade:

Sponsor Pay Grade	Copayment Amount
E-1 through E-5	\$25
E-6	\$30

E-7 and O-1	\$35
E-8 and O-2	\$40
E-9, WO/WO-1, CWO-2, and O-3	\$45
CWO-3, CWO-4, and O-4	\$50
CWO-5 and O-5	\$65
O-6	\$75
O-7	\$100
O-8	\$150
O-9	\$200
O-10	\$250

## Tab 4: Special Needs Resource Directory

*(Note: These services are highly applicable for Fort Campbell & Middle Tennessee/Kentucky residents)*

### Military Resources:

- **Blanchfield Child & Family Behavioral Health:** (270) 412-9527
- **Educational & Developmental Intervention Services (EDIS):** (270) 798-8997 (Birth to age 3, on-post residents).
- **Military OneSource:** Special needs consultations for education, healthcare, and TRICARE. (efmpandme.militaryonesource.mil)
- **Military and Family Life Counseling (MFLC):** Free, confidential counseling for service members and families.

### State & Community Resources:

- **KY First Steps:** Early intervention for children birth to age 3.
- **Tennessee Disability Pathfinder:** Connects individuals with disabilities to resources (1-800-640-4636).
- **TN Center for Decision Making Support:** Information on decision-making support options.

### Therapy, Treatment & Recreation:

- **Therapy Centers:** Autism ETC, Hopebridge Autism Therapy Center, Mobile Therapy Centers, and Family Care Center.
- **ABA Therapy Providers:** Pastiche Partners, Acorn Health, Autism Therapy and Training, H3 Therapy, and more.
- **Recreation & Inclusion:** Clarksville Elite Gymnastics (Adaptive classes), Camp Rainbow, Center for Courageous Kids, Buddy Ball, and We Rock the Spectrum Kid's Gym.

## Tab 5: FAQs & Contact Us

### Frequently Asked Questions:

- **How often do I need to update my dependent's EFMP?** Updates are required every 3 years, or if you are PCSing and your date expires within 6 months of reporting. Update sooner if there is a major change in diagnosis.
- **My dependent sees an off-post/civilian provider. Is the process the same?** Yes. The DD Form 2792 will be completed on paper and uploaded by the Service/Family Member into E-EFMP.
- **Can I refuse to enroll my dependent?** EFMP enrollment is MANDATORY per AR 608-75 for qualifying dependents. Refusal during an overseas screening results in the termination of command sponsorship and the SM's orders will be cut as "all others tour" or unaccompanied.
- **How can I track the status of my case?** Log into your E-EFMP account. The subtext under your case date will update to show milestones like "Case Coordinator has sent request," "Member has submitted package," or "Medical reviewer has sent the package."
- **How do I disenroll?** Call or email the EFMP office with a brief explanation. Staff will guide you to see if you meet the disenrollment criteria per AR 608-75.

### Fort Campbell EFMP Contact Information:

- **Office Phone:** (270) 956-0051
- **Appointment Line:** (270) 798-8400
- **Email:** [usarmy.campbell.medcom-bach.list.efmp@health.mil](mailto:usarmy.campbell.medcom-bach.list.efmp@health.mil)

Day	Office Status
Monday	Closed for Admin Review
Tuesday	Closed for Admin Review
Wednesday	By Appointment Only
Thursday	By Appointment Only
Friday	Closed For Admin Review

*\*(Holidays and DONSA's may influence appointment availability)\**