September 2021 **Martial Arts**



Karate

Fees: \$ 45.00

6 – 8 years old Wed/Fri 1645-1745

9-18 years old Wed/Fri 1800-1930

Tae Kwon Do

Fees: \$ 45.00

6 - 8 years old Tue/Thurs 1645-1745

9-18 years old Tue/Thurs 1800-1930

Session Dates: September 3rd-30th

Minimum numbers for classes are required, classes are subject to change

> **CALL FOR** MORE INFORMATION 270-412-5811



Ft. Campbell Youth Sports, Fitness and SKIES Instructional Programs require that children must be supervised in accordance with CAM Reg 608-3 "Supervision of Minor Children on Fort Campbell". An adult is required to remain on-site at all times during Youth Sports

Register online at https://webtrac.mwr.army.mil//webtrac/camp bellcyms.html or in person at SKIES Unlimited

Discover the School of Sports, Fitness & Health

Karate: Brandt Sensei teaches the GOJU KAI & GOJU RYU forms of Karate. He is one of very few Senseis' to teach both the Japanese and Okinawa versions of Karate. Karate deals with an equal amount of punches and kicks, and is a very well balanced discipline.

Tae Kwon Do: Sensei Brandt follows the World Tae Kwon Do Federation (WTF) guidelines in his teachings of TKD.

TKD is a very exciting and entertaining discipline of Martial Arts, which is comprised mostly of combinations of kicks and the curriculum is shorter than Karate.

*New students are to wear sweatpants or any long pants. No shorts or skirts. No tank tops.

All participants must be registered with CYS prior to enrolling. For more information on enrolling with CYS contact Parent Central

Services at 2702 Michigan Ave Ft. Campbell, KY 42223

270-798-0674

3411 Bastogne Ave Fort Campbell, KY 42223

