BREASTFEEDING Support at WIC

Research shows breastfeeding is the best food for baby's first year. Breastfeeding provides health, nutritional, economic and emotional benefits to mother & baby. WIC mothers are encouraged to breastfeed.

- WIC mothers choosing to breastfeed receive counseling and educational materials.
- Mothers who exclusively breastfeed receive an enhanced food package for a longer period.
- Breastfeeding mothers may receive a breast pump to help support.

WIC BREASTFEEDING HELP

Breastfeeding Peer Counselors 931- 287-6109 615-917-8291

"Your Guide to Breastfeeding "at: www.womenshealth.gov/breastfeeding

www.cdc.gov/breastfeeding/index.html

Tennova Lactation Consultant

931-502-3015

LIP AND TONGUE TIE

Central TN Ears, Nose, and Throat

931.647.1255

Spring Creak Pediatric Dentistry

931-648-9930

TN BREASTFEEDING HOTLINE

855-4BF-MOMS 1-855-423-6667

The hotline is answered by CLCs and IBCLCs. If mothers call when the CLC or IBCLC is unavailable, leave a message. The hotline will return your phone call within 30 minutes!

BREAST PUMPS

Aeroflow Breast Pump 844-867-9890 aeroflowbreastpumps.com

BREASTMILK BANK

mothersmilk.org

615-933-8877



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MONTGOMERY COUNTY WIC VENDORS

Food Lion - all TN Stores

1764 Highway 48 931-920-5953 2302 Madison St. 931-553-4177

Ft Campbell Commissary 270-640-4008

H.G. Hill

2498 Highway 49 E 615-746-8214

Hilltop Cee Bee

400 Highway 149 931-552-9668

Kroger - All TN Stores

2100 Lowes Drive 931-906-3510 110 Dover Crossing Rd 931-920-8807 1489 Madison St. 931-553-0250

Piggly Wiggly

3441 Ft Campbell Blvd 931-431-3656

Publix

 1771 Madison St.
 931-551-7031

 1490 Tinytown Rd.
 931-503-2551

 920 Highway 76
 931-358-2257

 2300 Trenton Rd
 931-553-5067

Price Less IGA

1151 Ft Campbell Blvd 931-503-2216

Walmart Stores - All TN Stores

1680 Ft. Campbell Blvd 931-645-8439 3050 Wilma Rudolf Blvd 931-553-8127 2315 Madison St. 931-552-1010

Walmart Markets

2551 Whitfield Rd. 931-436-9565 216 Dover Rd 931-436-9581 408 Tiny Town Rd. 931-771-0009

MONTGOMERY COUNTY WIC



RESOURCE AND VENDOR LIST 2025

300 Pageant Lane CLARKSVILLE, TN 37040 931-551-8777

Updated April 2025

FOOD AND CLOTHING		
Catholic Charities	615-352-3087	
TN Serves Neighbo	r 931-542-6233	
Limited baby supplies, diapers		
Loaves and Fishes	931-645-9020	
Dept. of Human Services	931-648-5500	
Food Stamps, Families First, Tenncare, Medicaid		
1st Assembly Church Food Closet		
	931-648-1324	
Manna Café Ministries	931-933-0970	
S.O.S. Food Pantry	931-221-6120	
APSU Students		
Urban Ministries	931-648-9090	
Emergency financial assistance, food locker, baby		
supplies, hygiene products, R		
The Well	931-802-2889	
Salvation Army	931-553-8494	
Goodwill Store	931-241-4599	
Once Upon a Child	931-645-9346	
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MEDICAL AND SOCIAL SERVICES		
Progressive Directions		

MEDICAL AND SOCIAL SERVICES		
Progressive Directions	931-647-6333	
Serves developmental disabilities for adults and children.		
TEIS (TN Early Intervention Services)		
For special needs children	615-532-7237	
	800-852-7157	
Tennova Hospital	931-502-1000	
Blanchfield Hospital	270-798-8400	
Appointments	270-798-4677	
Full Spectrum Pediatric Therapy		
Occupational & Physical Therapy		
	931-906-0440	
Healthy Families	931-645-3976	
Supporting new parents and their newborns		
through the challenges facing new parents.		

Supporting new parents and	their newborns	
through the challenges facing new parents.		
Hope Pregnancy Center	931-645-2273	
Support for unplanned pregnancy, free pregnancy		
testing, referrals		
C.H.A.N.T.	931-648-7215	
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Community Health Access and Navigation in Tennessee

EDUCATION

Adult Literacy Counsel 931-542-5046 Help with GED, English Language Learner

Clarksville-Mont. Co. Schools

Includes Pre-K program 931-648-5600 **Head Start** 931-896-1800

Promote school readiness in low-income children

EMPLOYMENT

American Job Center 931-551-9737 **Good Will Career Solutions** 931-241-4730

HEALTH CARE AND DENTAL SERVICES

Matthew Walker Clinic 931-920-5000
Non-profit healthcare, accepts Tenncare,
Medicare, other insurance

Montgomery Co. Health Dept

931-648-5747

Wide range of medical & dental services

Poison Control Center800-222-1222Good Samaritan931-648-2444

Uninsured and low-income adult dental extractions (no wisdom teeth

Health Care Market Place 800-318-2596

(English/Spanish)

Healthcare.gov

Love That Smile 931-551-4400

HOUSING AND ENERGY ASSISTANCE

Clarksville Housing Authority

931-647-2303

Community Action Agency 931-896-1800

Information on shelters, community programs

Irene Center for Hope 931-591-8610

Limited help with utilities and gas

LEGAL AID/VARIOUS ASSISTANCE Child Support Recovery 931-572-1663 Legal Aid Society of TN 931-552-6656 800-238-1443 Social Security/Medicare 800-772-1213 A Better Balance 833-633-3222

MENTAL HEALTH AND ADDICTION/ABUSE SERVICES

 Alcoholics Anonymous
 615-831-1050

 Centerstone
 931-920-7201

Behavioral & mental health care, substance abuse, & related children, adult, adolescent & family programs.

Suicide & Crisis Lifeline 988

TN Tobacco Quitline 800-784-8669

First Call for Help 211

24-hour information & referral service, Crisis Call

MILITARY RESOURCES

Army Community Services 270-798-9322
Military 1 Source 24/7 800-342-9647
Army Emergency Relief 866-878-6378
Assist soldiers, family's w/cmcrgency financial

HealthNet Federal Services 844-866-9378

Educational & Developmental

Intervention Services 270-798-8997

PEDIATRICIANS

VIP Children's Clinic	931-645-4685
Premier Medical	931-245-7000
Rainbow Kids Clinic	931-553-6666

TEMPORARY SHELTERS FOR ABUSED AND HOMELESS

Child Abuse Hotline 877-237-0004
Buffalo Valley 931-645-9038
Dept of Children's Services 931-503-3200
Old Firehouse Day Shelter 931-542-0381
Homeless Day shelter: M-F 8-4 pm. Referrals for night shelter

Safe House 931-648-9100 HELP 24/7 931-552-6900

Salvation Army Shelter 931-552-5350 Limited shelter for men, women, and families

Urban Ministries Safe House

Clarksville Area only 931-552-6900

KY WIC Clinics (KY residents only)

Christian Co Health Dept/WIC

270-887-4160

WIC INFORMATION & WEBSITES

WIC Hotline 1-800-DIALWIC

Websites:

https://wicworks.fns.usda.gov www.cdc.gov www.myplate.gov www.healthychildren.org

