

ACS OUTREACH PROGRAM UNIT TRAINING NEEDS ASSESSMENT

Mission: The Army Community Service (ACS) Outreach Program will assist unit commanders and senior leaders to maintain Soldiers and Family readiness by planning, coordinating and delivering services that promote self-reliance, resiliency and stability during times of peace and war.

Organization:

Date of Training:

Time:

Location:

Number of Soldiers:

Number of Family Members:

POC:

E-mail:

Telephone #:

Under IAW AR 608-1 and for your training policies, ACS Outreach provides a holistic approach to meet the training needs of each command by instilling methods of prevention and education. Please check all of the programs and services that you would like the ACS Outreach Program to coordinate for you.

Please check one box for your desired outcome:

- Briefing/Training (Unit is responsible for coordination of location & setup, laptop, projector, screen and publicity of the event within their unit)
- Informational Table set up for organization's event (Unit is responsible for coordination of location & setup, tables, chairs and publicity of the event within their unit)

ACS Programs (AR 608-1)

- OUTREACH-** ACS Programs Overview Briefing (Description of all ACS Programs) (15 to 30 Minutes)
- ARMY FAMILY ACTION PLAN (AFAP)** Overview (15 minutes)
Annual conference designed to improve the quality of Army Family life
- ARMY FAMILY TEAM BUILDING (AFTB)** Please specify training _____
Provides personal and professional development classes
(All class/overviews can be 15 minutes to 60 minutes based on requesting unit/agency needs.)
- AFTB Overview
 - Acronyms & Terms
 - Ball Etiquette/Military Social Functions
 - Chain of Command & Concern
 - Communication
 - Conflict Management
 - Dealing with Crisis & Grief
 - Examining Your Leadership Style
 - Exploring Personality Traits
 - Great Meetings & Virtual Meetings
 - Growing Through Change
 - Heading Towards Leadership & Leadership Through Understanding Needs
 - Introduction to Civilian & Military Resources and Military Family Preparedness
 - Improving Personal Relationships
 - Introduction to Family Readiness Groups
 - Military Benefits & Entitlements
 - Military Customs, Courtesies, & Traditions
 - Military Life: What Does It Mean? And Resiliency: Be the Bouncing Ball
 - Overcoming Stress
 - Problem Solving Strategies
 - Team Dynamics
 - Time to Serve: The Volunteer Experience & Teaching Others Through Coaching & Mentoring
 - Winning at Time Management

- ARMY VOLUNTEER CORPS (AVC)** Please specify training _____
Assists volunteers & agencies with volunteer recruitment, training, & recognition (* Class offered on monthly basis)
- VMIS Organization Point of Contact (OPOC) Training* (30-60 minutes)
 - Volunteer Overview (15-30 minutes)
 - Volunteer Management Information System (VMIS) Training* (30-60 minutes)
 - Volunteer Awards Training* (60-90 minutes)
 - Volunteer Management Class* (60 minutes)

- EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)** (AR 608-75) Overview (15 minutes)
Support & assistance for Exceptional Family Members & Families

- EMPLOYMENT READINESS PROGRAM (ERP)** Please specify training _____
Information and referral services in the areas of employment, education, training & volunteering. (* Class offered on monthly basis)
- Overview (15 minutes)
 - Resume for Results* (90 minutes – 2 hours)
 - USAJOBS Prep* (2 hours)

- FAMILY ADVOCACY PROGRAM** Please specify training _____
A Commander's driven program focused on the preservation, safety, stability, and promoting resilience in Soldiers & Families.
- Quick Tips For Families (1 hour) (ideal for unit/FRG's)
 - FAP Overview (services and program activities) (15 minutes)
 - New Parent Support Program Overview: emphasis on program services and how they benefit new / young parents. (15-20 minutes)

- MANDATED ANNUAL FAMILY ADVOCACY TRAINING** (AR 600-20) (1 hour)

- * NCO GUIDE TO PREVENTION** - (Leadership Professional Development) Learn effective communication skills and resources in an interactive way. (Class is limited to 25 attendees with ranks E5-E8) (2 hours)

- VICTIM ADVOCATE PROGRAM** (AR 608-18) Provides education & support to adult victims of domestic violence. Overview (15 minutes) Key talking points include reporting options & Transitional Compensation

- FAMILY RESILIENCE TRAINING** Please specify Skill _____ (2hours) (30 maximum participants)
Learn about resilience & the competencies that contribute to it.

- Activating Event Thought Consequence (2 hours, 30 minutes)
- Avoid Thinking Traps (2 hours, 5 minutes)
- Detect Icebergs (2 hours)
- Hunt the Good Stuff (30 minutes)
- Assertive Communication (2 hours, 40 minutes)
- Praise and Active Constructive Responding (2 hours, 10 minutes)
- Put It in Perspective (1 hour, 30 minutes)

- FINANCIAL READINESS PROGRAM** Please specify training _____
Individual counseling and classes on a variety of financial topics. (* Class offered on monthly basis)

- Overview of ACS Financial Readiness (15 to 30 minutes)
- Army Emergency Relief (AER) Overview (AER regulation 930-4) (15-30 minutes)
- Investing & Financial Planning (30 minutes to 1 hour)
- Individual Financial Counseling (1 to 2 hours)

- Money Management Class* (30 minutes to 2 hours)
- Consumer Affairs Overview (15 minutes)
- Pre or Post Deployment Financial Briefing (30 minutes to 1 hour)
- Bank Account/Debit Card Management (30 minutes to 1 Hour)
- Thrift Savings Plan (TSP) (30 min to 1 hour)

MILITARY ONE SOURCE (An extension of ACS) (15 minutes)
A source of information 24/7.

MILITARY FAMILY LIFE COUNSELORS (MFLC) (5 to 10 minutes) Provides free short term, situational, problem-solving and non-medical counseling services for Soldiers and their Family members.

MOBILIZATION & DEPLOYMENT Please specify training _____
Provides FRG training and a variety of trainings before, during, & after deployment. (* Class offered on monthly basis)

- CARE Team Training (3 hours)
- Newsletter Training* (30 minutes)
- Point of Contact Training* (60 minutes)
- Treasurer Training* (60 minutes)

RELOCATION READINESS PROGRAM Please specify training _____
Welcome packets, Lending Closet, Citizenship and ESL classes, and much more!

- Overview (15-30 minutes)
- Sponsorship Program (AR 600-8-8) (90 minutes- 2 hours)

SEXUAL ASSAULT PREVENTION & RESPONSE PROGRAM (SHARP) (2 hours)
Prevention through education & training.

SOLDIER & FAMILY ASSISTANCE CENTER (SFAC) Overview (15 minutes)
Provides support and services for wounded, injured and ill Soldiers in Transition.

SURVIVOR OUTREACH SERVICES (SOS) Overview (15 minutes)
Provides individualized service to meet Surviving Families' needs

INSTALLATION PROGRAMS

Suicide Prevention Awareness (30 Minutes)

Mandated Drug and Alcohol Prevention Awareness (1 Hour Training)

Child Youth School Services (CYSS) **Army Substance Abuse Program (ASAP) (AR 608-5)**

OTHER (Please Specify) _____

Initiated by:
Commander or 1SG Signature

Completed:
Commander or 1SG Signature

Date:

Date:

POCs: Kevin Smith
ACS Outreach Program Coordinator
kevin.smith17.civ@mail.mil
(270) 798-2062

Becki Mastrian
ACS Outreach Program Coordinator
rebecca.m.mastrian.civ@mail.mil
(270) 412-6771