

ESTEP

WELLNESS
CENTER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING

900a **Bootcamp**
Megan

900a **Zumba®**
Annaka

900a **Bootcamp**
Megan

900a **Zumba®**
Annaka

0900a **PiYo**
Ivey
No PiYo on 15th & 22nd

1030a **Total
Pump AM**
Megan

1030a **Total
Pump AM**
Megan

EVENING

430p **Total
Pump PM**
Emelia

No classes on
Labor Day.

430p **Cycle**
Christina

600p **Cycle**
Geneva

600p **Bootcamp**
Megan

430p **Total
Pump PM**
Emelia

600p **Zumba®**
(Beginner)
Erin

600p **Cycle**
Geneva

615p **Pound®**
Johnny

SATURDAY

2nd

9th

16th

23rd

30th

1000a **Cycle**
Geneva

1030a **Zumba®**
Erin

1000a **Cycle**
Geneva

1030a **Zumba®**
Erin

1000a **Cycle**
Geneva

1030a **Zumba®**
Erin

1000a **Cycle**
Geneva

1030a **Zumba®**
Erin

1000a **Cycle**
Geneva

1030a **Zumba®**
Erin

TWENTY SEVENTEEN

SEPTEMBER



-DAILY/WEEKLY FEES -

Facility.....	\$5
Fitness Class.....	\$5
Seven Days (Expires 45 days from purchase).....	\$15

-Fit Pass-

14 Fitness Classes (Expires 60 days from purchase).....	\$55
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-MONTHLY FEES-

Facility.....	\$25
Couples Facility.....	\$45
Lockers**.....	\$15
Combo Packages	
Facility & Locker.....	\$35
Facility & Classes.....	\$55
Household Facility & Classes (Unlimited Use).....	\$70

*** Lockers may be used on a daily basis at no cost. If you wish to leave items overnight, you must rent a locker on a monthly basis. Estep reserves the right to cut any lock left on a daily usage locker overnight or when rent is past due.*

-PERSONAL TRAINING-

1- 30 minute Session.....	\$25
1-60 minute Session.....	\$40
1-60 minute Buddy PT.....	\$50
3-1 Hour Sessions.....	\$105
6-1 Hour Sessions.....	\$180

-MISCELLANEOUS FEES-

Unit PT / Group Class.....	\$40 on-site/\$45 off-site
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HOURS OF OPERATION:

Monday – Friday
5:00am – 9:00pm

Saturday
7:00am – 5:00pm

Sunday
10:30am – 4:00pm

*Closed on New Year's Day,
Thanksgiving and Christmas*

Estep is open to all Active Duty, Retirees, Reservists, National Guard, DoD Civilians, Contractors, Family Members and Guests.

Children 13 – 15 years of age must be accompanied by a parent to use Estep Wellness Center. Fitness class patrons must be age 16.

Note: Minimum age for indoor cycling is 18 years old.

**Check Out Our Class Descriptions & Special Event
Info @**

www.campbell.armymwr.com