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(This information can be downloaded from www.campbell.armymwr.com; see Facilities & Programs)

Information Exchange
7 February 2018
Talking Points

Christian County Military Affairs Committee (MAC) Katherine D’Amato (270) 885-9096
kd’amato@christiancountychamber.com

Thinking of vamping your resume? Join HYPE!

Hopkinsville Young Professionals Engage

Young Professionals ready to:

- Learn about leadership development
- Participate in educational opportunities
- Get involved in their community

Professionals who live or work in Christian County, KY between ages of 21-45. Join us for monthly luncheons with guest speakers who engage the group by personal and professional development.

Contact Katherine D’Amato at kd’amato@christiancountychamber.com for more information.

Hopkinsville- Christian County Public Library’s Children’s Programs

Every Tuesday night at 5pm these lively programs are a great way for children to meet others, engage in critical thinking skills, and have fun!

- Kid’s Club: Ages 5-8
 - Statue Painting, Minute to Win It, and Legos
- BeTWEEN: Ages 8-12
 - Paper plane contests, magnets, and Angry Birds
- Teen Club: Ages 13-18
 - Star Wars, Minecraft, zombies and pottery

SWEETART Event benefiting the Hopkinsville Art Guild Gallery

9 February from 4:00PM to 7:00PM.

108 E. 6th Street Hopkinsville KY

Enjoy live music, art, appetizers, register to win a door prizes, and take home a box of sweets!

For more information email info@hopkinsvilleartguild.org.

Blanchfield Army Community Hospital Public Affairs

270-956-0459 usarmy.campbell.medcom-bach.list.pao-users@mail.mil

<http://blanchfield.amedd.army.mil>
www.facebook.com/BACH.Fort.Campbell

Upcoming Events**Holiday Schedule**

In recognition of the upcoming President's Day holiday, BACH personnel will observe the federal holiday Monday, 19 Feb. Therefore, all primary and specialty care services and pharmacies will be closed. The Emergency Center, inpatient services, as well as supportive supplementary services will remain open to provide inpatient, acute and emergency medical care.

TRICARE Pharmacy Changes

1 Feb copayments for prescription drugs at TRICARE Pharmacy Home Delivery and retail pharmacies increased. These changes are required by law and affect TRICARE beneficiaries who are not active duty service members. While retail pharmacy and home delivery copayments will increase, prescriptions filled at military pharmacies remain available at no cost. You can save the most money by filling your prescriptions at military pharmacies. To learn more about the TRICARE Pharmacy Program, visit www.tricare.mil/pharmacy.

PHARMACYCOSTS

POINT OF SERVICE	GENERIC COPAYS		BRAND NAME COPAYS		NON-FORMULARY COPAYS	
	Current	Starting Feb. 1, 2018	Current	Starting Feb. 1, 2018	Current	Starting Feb. 1, 2018
Retail Network (30 Day Supply)	\$10	\$11	\$24	\$28	\$50	\$53*
Home Delivery (90 Day Supply)	\$0	\$7	\$20	\$24	\$49	\$53
Military Pharmacy (90 Day Supply)	Still \$0 copay for all formulary drugs at military pharmacies.				Generally not available without medical necessity.	

Health and Wellness**Tobacco Cessation**

The Army Wellness Center, 5662 Screaming Eagle Blvd., offers "Ready to Quit" every Tuesday from noon to 1 p.m. This briefing educates all TRICARE beneficiaries and DoD civilians about dangers of tobacco and assess readiness to join the Tobacco Cessation Program. The Tobacco Cessation Program is offered the 1st – 4th Wednesday monthly from noon to 1 p.m. For more information, call (270) 956-0100.

American Heart Month

February is nationally recognized as American Heart Month, a time for the Department of Defense community to show its love for healthy living. Follow BACH's social media for health messages about reducing the risk of heart disease and recognizing the warning signs. Cardiovascular disease (CVD) — including heart disease, stroke, and high blood pressure — is the number one killer of men and women in the United States.

Patient Advisory Council

BACH is seeking patients to participate in the Patient Advisory Council. The Patient Advisory Council partners with patients and Family members to improve patient satisfaction, provide patient-centered care, bring patients' needs and concerns to the healthcare team and leadership, guide our priorities and planning for the future, and further enhance our relationship between the hospital and our community. If interested, email david.e.gillespie6.civ@mail.mil or call 270-956-0459.

BACH General Information

Missed Drug Take Back Day?

Properly dispose of your expired, unused or unwanted medicine by dropping them in the Drug Drop Boxes placed inside the hospital's Main Pharmacy or Town Center Pharmacy during business hours. Accepted items include: prescription medications, controlled substance medication, over-the-counter medication, vitamins, medicated ointment/lotion, liquid medication in leak-proof containers and transdermal skin patches. *Items not accepted include: needles, thermometers, contraband drugs, infectious waste/medical waste, personal care products, business waste, hydrogen peroxide, aerosol cans, and inhalers.*

How do I schedule/cancel appointments?

If you need to make or cancel an appointment at any of the Soldier or Patient-Centered Medical Homes, you may go online at www.tricareonline.com or you may call (270)798-4677/ (931)431-4677 or if outside the calling area 1-866-524-4677. See the complete listing of Soldier and Patient-Centered Medical Homes below.

- Appointments can be made from 6 a.m. – 4:30 p.m., Monday - Friday.
- You can also schedule and cancel appointments online at www.tricareonline.com.
- Appointments can be cancelled 24 hours a day, seven days a week by leaving a voicemail message.
- Advice nurses may be reached by calling the appointment line.

BACH 650 Joel Drive

Air Assault Family Medical Home (Team Apache, Team Blackhawk, Team Comanche, Team Huey)

Gold Family Medical Home

Young Eagle Medical Home (Team Flight or Team Soar)

Byrd 7973 Thunder Blvd.

Byrd Soldier or Family Medical Homes

LaPointe 5979 Desert Storm Avenue

Bastogne Soldier Medical Home

Rakkasan Soldier Medical Home

Strike Soldier Medical Home

Screaming Eagle Medical Home Medical Office Building One, 647 Dunlop Lane, Suite 301

(Community Based Medical Home in Clarksville, Tenn.)

Campbell Airfield Medical Home 7149 Black Sheep Run

Catholic

14 February – 12:00 PM Mass (Ash Wednesday) BACH and Soldiers Chapel

14 February – 6:00 PM Mass (Ash Wednesday) Soldiers Chapel

16, 23 February and 9, 16, 23 March – 6:00 PM Lenten Fridays (Stations of the Cross with Exposition of the Blessed Sacrament) Soldiers Chapel

25 March – 10:00 AM and 1200 Mass (Passion Palm Sunday) Soldiers Chapel

29 March – 6:00 PM Holy Thursday Mass (The Celebration of the Lord's Supper) Soldiers Chapel

30 March – 6:00 PM Good Friday Mass (Passion Narrative of the Lord Jesus Christ) Soldiers Chapel

31 March – 8:00 PM Holy Saturday (The Services of the Light, Baptisms, and Mass) Soldiers Chapel

1 April – 10:00 PM and 12:00 PM Mass (Easter Sunday) Soldiers Chapel

Protestant

25 March – 9:00AM Liturgical (Passion Palm Sunday) Memorial Chapel

25 March – 9:00AM Traditional (Passion Palm Sunday) BACH Chapel

25 March – 10:00AM Gospel (Passion Palm Sunday) Community Chapel

25 March – 11:00Am Chapel Next (Passion Palm Sunday) Liberty Chapel

25 March – 11:00AM Traditional (Passion Palm Sunday) Memorial Chapel

1 April – 9:00AM Liturgical (Easter Sunday) Memorial Chapel

1 April – 9:30AM Traditional (Easter Sunday) BACH Chapel

1 April – 10:00AM Gospel (Easter Sunday) Community Chapel

1 April – 11:00AM Chapel Next (Easter Sunday) Liberty Chapel

1 April – 11:00AM Traditional (Easter Sunday) Memorial Chapel

Exchange

David Swenson

(270) 439-1846

swenson@aafes.com

Whole Month Celebration with back drop: Salute to Black History Month; Our Heroes Who Helped Change the World

10 Feb Valentine Day family day event to include mini make over, kids crafting. 1100-1300

10 Feb Valentine Gift basket giveaway

19 Feb cake cutting in honor of president's day 1200-1300.

Valentines Sweetheart Mart 9-14 Feb 2017 at your main exchange mall.

Don't forget Valentines preorder your chocolates and flowers from Petals and blooms now at

270-439-4428

Fort Campbell Spouses' Club
publicitychair@fortcampbellspousesclub.com

Sarah Kuchan

February's Monthly Luncheon

21 February; 10:30AM – 1PM

Cole Park Commons

Highlighted Charity: Margaret's Closet,
Children's Hospital, Vanderbilt

35th Annual V.I.C.E. Night

17 March Doors open at 5:30PM

Wilma Rudolph Event Center

Limited parking near building; there will be a shuttle from lower level parking area to WREC building
Please do NOT park on grass

Support the FCSC by Shopping

ABANDFORBRPOTHERS.COM

Thank you for your support

20% of every item sold using code FCSC2018 will be donated to the FCSC

Campbell Crossing Events
LFrazier@campbellcrossingllc.com

Lauren Frazier

Freeze Warning

If the temperature is 32

Let your faucets drip

Keep heat at 68 degrees or warmer

Open the cabinets and vanities that have sinks

Remove all hoses from outside spigots

Change your air filter monthly

It maintains healthy indoor air quality

It reduces repairs and services

It helps keep energy consumption down

Open & Women's Bowling Tournament

- Hooper Bowling Center
- 10, 18 and 24 February Bowl
- \$20 per person per event
- Women's City Tournament – guaranteed \$500 added to Prize Fund.
- Open City Tournament – guaranteed \$775 added to Prize Fund.
- Register at Hooper Bowling Center
- (270) 798-5887

Children's Story & Craft Time

- Offered by Robert F. Sink Memorial Library
- 1, 8, 15 and 22 February
- 10:30AM & 1:30PM (every Thursday)
- Free event held every Thursday
- Open to preschool age children
- (270) 798-7466

QuarterMania Bowling

- 1, 8, 15 and 22 February
- 4:00 PM to 10:00PM (every Thursday)
- Hooper Bowling Center
- Pay \$5 cover charge per person (includes shoes) and each game will only cost \$.25.
- (270) 798-5887

Wheel Throwing Class

- 2 February 10:00AM to 12:00PM (part 1 of 2)
- 9 February 10:00AM to 12:00PM (part 2 of 2)
- Guenette Arts & Crafts Center
- For ages 14 and over.
- \$26 (includes both parts)
- Reservations required.
- (270) 798-6693

Watch Showtime Boxing at Warrior Zone

- Upcoming dates:
- 2 February
- Ronald Ellis vs Junio Younan*
- 17 February
- Danny Garcia vs Brandon Rios*
- 3 March
- Deontay Wilder vs Luis Ortiz*
- Prelims at 8:00PM, Main Card a 10:00PM.
- No cover charge.
- Food and beverage menu available for purchase.
- Must be 18+ to enter Warrior Zone.
- Must be 21+ to purchase and consume alcohol.
- *Fights are subject to change.
- (270) 461-0603

Clay Fairy House

- 3 February, 10:00AM to 12:00 PM
- Guenette Arts & Crafts Center
- For ages 8 and over.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

Watch the Super Bowl at Warrior Zone

- 4 February
- Food and drink specials.
- Balloon drop with prizes.
- No cover charge.
- Must be 18+ to enter Warrior Zone.
- Must be 21+ to purchase and consume alcohol.
- Sponsored by USAA and Budweiser of Clarksville. *
- (270) 461-0603

Texas Hold'em League Play

- 6, 13, 20 and 27 February at 6:30PM
- Play every Tuesday 13 thru March
- Main Event on 24 March
- Warrior Zone
- Free to play
- Must be 18+ to enter Warrior Zone

- Must be 21+ to purchase and consume alcohol.
- (270) 461-0603

Stained Glass Sun Catchers

- 7 February 5:00PM to 7:30PM
- 16 February 10:00AM to 12:30PM
- Guenette Arts & Crafts Center
- For ages 18 and over.
- \$22 plus cost of glass
- Reservations required.
- (270) 798-6693

Spades Tournament

Hosted by BOSS

- 7 and 21 February at 6:00PM
- Every month on the 1st & 3rd Wednesdays
- Warrior Zone
- Free to play
- Must be 18+ to enter Warrior Zone.
- Must be 21+ to purchase and consume alcohol.
- (270) 798-7858

Kids Canvas Painting

- 8 February 4:30PM to 6:30PM
- Guenette Arts & Crafts Center
- For age 6 and over.
- Children age 12 and under must be accompanied by an adult.
- \$12
- Children receive step by step instructions on how to create an acrylic painting on an 11"x 14" canvas.
- Reservations required.
- (270) 798-6693

Kids Clay Workshop (Mask)

- 10 February 10:00AM to 11:00AM
- Guenette Arts & Crafts Center
- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

DIY Framing Class

- 10 February starting at 12:30PM
- Guenette Arts & Crafts Center

- For ages 18 and over.
- \$10 plus materials.
- Bring an item to frame. Please no coins, flags, guidons or canvases.
- Reservations required.
- (270) 798-6693

Valentine's Dinner at Smokehaus

- 10 February at 6:00PM
- Smokehaus Restaurant
- Bring your sweetheart for an elegant Valentine's Surf & Turf meal.
- Must be age 18+
- One seating only at 6:00PM
- Tickets must be purchased in advance.
- \$50 per couple
- Tickets are available on WebTrac, at Smokehaus and at Leisure Travel.
- (270) 798-4993

Watch UFC Fights at Warrior Zone

- 10 February – UFC #221
- Romero vs Rockhold
- Interim Middleweight Title Fight
- 3 March– UFC #222
- Holloway vs Edgar
- Featherweight Championship
- 7 April – UFC #223
- Ferguson vs Nurmagomedov
- Must be 18+ to enter Warrior Zone.
- Must be 21+ to purchase and consume alcohol.
- *Per UFC.com – Fights are verbally agreed upon and card may change at any time.
- Some fights may not be broadcast.
- (270) 461-0603

Adult Canvas Painting – A GREAT DATE NIGHT

- 14 February 5:30PM to 7:30PM
- Guenette Arts & Crafts Center
- For age 16 and over.
- \$25 - Reservations required.
- Receive step by step instructions on how to create an acrylic painting on an 16"x 20" canvas.
- (270) 798-6693

Kids Glass Painting

- February 15, 4:30 p.m. to 6:30 p.m.
- Guenette Arts & Crafts Center
- For age 6 and up. Children age 12 and under must be accompanied by an adult.
- \$10
- (270) 798-6693

CYS School Age Center (SAC) Saturdays

- Open to Kindergarten thru 5th Graders
- 17 February 1:00PM to 5:00PM
- Third Saturday of each month.
- Free to currently enrolled patrons paying fees for SAC already.
- Children not enrolled in the regular SAC program will pay \$4 per hour.
- Child must be registered with CYS to use SAC Saturdays.
- Reservations made thru Parent Central Services.
- (270) 798-0674

Second Chance Prom

Hosted by Fort Campbell BOSS Program

- 17 February at 6:00PM
- Warrior Zone
- Free
- First 50 attendees will receive a \$10 food & beverage voucher.
- Photographer on site for photos.
- Open to all ID Card holders age 18 and over.
- Must be 18+ to enter Warrior Zone.
- Must be 21+ to purchase and consume alcohol.
- (270) 798-7858

DAYTONA 500 Viewing Party

- 18 February
- Doors open at 11:00 a.m.
- Warrior Zone
- No cover charge.
- Door prizes
- FREE food and soft drinks.
- Sponsored by FOX Sports Network and Toyota.
- FOX Sports Network will have a TV crew here to live broadcast our viewing party.
- Must be age 18+ to enter Warrior Zone.

- Must be age 21+ to purchase and consume alcohol.
- (270) 461-0603

WWI Book Club – Brunch & a Book

- 20 February at 12:00PM
- R.F. Sink Memorial Library
- Free
- The Fall of the Ottomans by Eugene Rogan Titles are available in the Library collection as eBooks and eAudio.
- (270) 798-5729

Wheel Throwing Club

- February 21, 5 p.m. to 7 p.m.
- February 23, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- For ages 14 and over.
- \$4
- This is not a class. It is a meeting where you can share ideas, watch demos, troubleshoot problems, and work with other potters to expand your skills.
- Reservations required.
- (270) 798-6693

Clay Chameleon

- February 24, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- Open to ages 8 and over.
- Children age 12 and under must be accompanied by an adult.
- (270) 798-6693

Teen Anime Club

- February 25, 1:30 p.m. to 2:30 p.m.
- Fourth Sunday of each month.
- R.F. Sink Memorial Library
- Free
- For ages 13-17.
- Discuss popular aspects of Japanese culture, cosplay, gaming and more!
- We will be screening "Pokemon, I Choose You!" on Feb 25.
- (270) 798-5729

Adult Anime Club

- February 25, 3 p.m. to 4 p.m.
- Fourth Sunday of each month.
- R.F. Sink Memorial Library

- Free
- For ages 18+
- Discuss popular aspects of Japanese culture, cosplay, gaming and more!
- We will be screening "Pokemon, I Choose You!" on Feb 25.
- (270) 798-5729

Abandoned Vehicle and NAF Equipment

- Open Bid Auction
- March 17
- 8 a.m. – Registration
- 9 a.m. – Auction begins
- Air Assault Auto
- Early viewing:
- 13 Mar– 11:00AM to 1:30PM
- 15 Mar – 1:00PM to 3:30PM
- Vehicles are not considered road worthy.
- There is no guarantee of an existing key or battery.
- Equipment is not considered usable.
- All items are "AS IS" with no warranty.
- Must be at least 18 years old to receive a paddle to bid and to place a bid.
- No one under the age of 12 will be allowed.
- (270) 956-1611/3408

Spring Job Fair

- 21 & 22 March, 9:00AM to 3:00PM
- Cole Park Commons
- 21 March – National/International Employers
- 22 March – Local/Regional Employers
- (270) 798-5500/4412

BOSS Glow Party with DJ BlakRob

- 23 March at 7:00PM
- Warrior Zone
- Free
- Music, dancing and karaoke.
- Warrior Zone has a full food and beverage menu available for your purchases.
- Must be 18+ to enter Warrior Zone
- Must be 21+ to purchase and consume alcohol.
- (270) 461-0603

More Helpful Information

2018 Youth Sports Calendar

Find it on their webpage at www.campbell.armymwr.com and on the blog under "By the Month" www.fortcampbellmwrllife.com

Lunch and Bowl

- Monday thru Friday, 11:00AM to 1:00PM
- Hooper Bowling Center
- Buy a Lunch Combo and get 2 free games of bowling. (does not include shoes).
- (270) 798-5887

Robert F. Sink Memorial Library Online Services

- R.F. Sink Library has the following online services available:
- Rosetta Stone (30 language courses to choose from)
- Petersons DoD Lifelong Learning Resource Center (prepare for college, ASVAB, CLEP and DSST)
- Small Engine Repair Reference Center (online repair guides)
- Tutor.com (free online tutoring service for K-12 students)
- Overdrive (50,000+ eBooks, audio books, movies and periodicals available for download)
- Ancestry Library Proquest Edition (unlock your Family history)
- Zino Digital Magazines (access hundreds of popular magazines online)
- (270) 798-5729

Fitness CDC – Hourly Care

- For age 6 weeks to 10 years.
- Three hour limit per reservation block.
- \$4 per hour
- Open Monday thru Thursday, 8 a.m. to 5 p.m. and Friday and Saturday, 8 a.m. to 12 p.m.
- Workout, run errands, have some me time, make an appointment, etc.
- Children must be registered with CYS.
- Open to Active Duty, DoD Civilian employees, Active Duty Reserve

Soldiers, DoD Contractors and military
Retirees.

- (270) 461-5513

*Sponsorship does not imply Army
endorsement. See AR 215-1, para. 11-8d.