





Pinwheels for Prevention

Fort Campbell Army Community Service Newsletter April/May/June 2018

| Table of | Contributed by PJ Rawlins, ACS Family Advocacy Program Specialist, LBSW Source: preventchildabuse.org It's hard to believe that it's already April. Many of us associate the month of April with the saying "April showers bring May flowers". The origins of this phrase is from the poet, Thomas Tusser, around 1557. April also brings pinwheel gardens to our community. | |
|--|---|--|
| Contents | | |
| Pinwheels for Prevention | | |
| The Process 2 for Developing Your IEP | | |
| Do You 3 Have Orders? | | |
| Making 4 Relocation a Positive Experience | | |
| Teen Job Fair 5 | The pinwheel is the symbol for Child Abuse Prevention month. Although President Ronald Reagan proclaimed April as National Child Abuse Prevention Awareness Month in 1983, it was Prevent Child Abuse America, a nonprofit organization, who introduced the pinwheel as the national symbol in 2008 through their Pinwheels for Prevention Campaign. | |
| A Word from 6 the ACS Chief | | |
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| | PCAA state that the pinwheel conveys whimsy | |

and childlike notions.

"In essence, it has come to serve as the physical embodiment, or reminder, of the great childhoods we want for all children" (Prevent Child Abuse America, 2018).

The Fort Campbell community faithfully displays pinwheels throughout the installation during the month of April. This year's theme is:

"Strong Communities Strengthen Families"

The ACS Family Advocacy Program (FAP) encourages our community to be aware of and reflect on the significance of the pinwheels. FAP also encourages parents and caregivers to be diligent and attentive when supervising children.

Also, as a community, let's be supportive of others who may be struggling in their parenting role. There are a variety of resources and services available that are free to military families.

The ACS FAP offers free classes, seminars, counseling and intervention to help strengthen Soldiers and Families that will enhance resiliency and relationship skills to improve the quality of Family life.



Key Messages for this year:

Be Informed: Stay a step ahead, build your parenting skills.

Be Attentive: Consistent care and supervision help kids thrive.

Be supportive: Caring words and small actions make a big difference

If you see child abuse or neglect, contact law enforcement, the Fort Campbell Blanchfield Army Community Hospital's Family Advocacy Program (BACH FAP) at 270-798-8601, or call the DOD Child Abuse and Safety Hotline at 1-877-790-1197.





Contributed By Harold Owens, ACS EFMP Social Services Representative

Source: Military OneSource www.Militaryonesource.mil/ phases-family-life/phasesfamily-life?content_id=266768

The writing of your child's Individualized Education Program (IEP) is one aspect of the special education process under the Individuals with Disabilities Education Act (IDEA). The procedures for identifying a student as having a disability, needing special education, and requiring an IEP, include:

Identification as possibly needing special education

services. The IDEA requires states to identify, locate, and evaluate all children with disabilities in the state who need special education services. A school professional may request an evaluation for your child. Parents can contact a child's teacher or other school professional to ask for an evaluation.

Evaluation. The evaluation must assess your child in all areas related to the suspected disability. The evaluation results will be used to decide your child's eligibility for special education services and the appropriate level of services needed to accommodate your child.

If you disagree with the evaluation, you can request an Independent Educational Evaluation (IEE), conducted at the Schools expense.

Eligibility determination. After the evaluation, the parents will meet with a group of qualified professionals to look over your child's evaluation results. Together, you decide if your child is a "child with a disability," as defined by IDEA. If found to be a "child with a disability," he or she is eligible for special education and related services. Within thirty calendar days, the IEP team must meet to write an IEP for your child.

IEP meeting. The school system schedules and conducts the IEP meeting. The IEP team will gather to talk about your child's needs and write the IEP. Parents and their child (when appropriate) are part of the team. Before the school system can provide special education and related services, Parents must give consent.

The child begins to receive services as soon as possible after the meeting. If you do not agree with the IEP and placement, you may discuss your concerns with other members of the IEP team and try to work out an agreement. If there is still disagreement, you can ask for mediation, or the school may offer mediation. You can file a complaint with the state education agency and can request a due process hearing, at which time mediation must be available.

Special education services

provided. The school ensures that your child's IEP is being carried out as it was written. Parents are given a copy of the IEP. Each of your child's teachers and service providers has access to the IEP and knows the specific responsibilities for carrying out the IEP. This includes the accommodations. modifications, and supports that must be provided to the child, in keeping with the IEP.

Progress is measured and

reported. Your child's progress toward the annual goals is measured, as stated in the IEP. Parents are regularly informed of their child's progress to achieve the goals by the end of the year. Your child's IEP is reviewed by the IEP team at least once a year, or more often if you or the school ask for a review.

Reevaluation. At least every three years, your child must be reevaluated. This reevaluation determines whether your child continues to be a "child with a disability," as defined by IDEA, and your child's educational needs.



Do You Have Orders?

By Gary Swalve, ACS Personal Finance Specialist

Do You Have Orders? Let Us Help You Prepare for Your Move!

Permanent Change of Station (PCS) Season is right around the corner. If you have orders to move to a new location, now is the time to start planning. Moving to a new place can be exciting, but it can also be very stressful. Next to a deployment, a PCS move can be the most stressful part of military life. Fort Campbell's Army Community Service is here to help you through this stressful time. Two main services can help you plan and prepare for a PCS move: **Relocation Readiness and** Financial Readiness.

Relocation Services

From automated welcome packets to conducting the mandatory Overseas Relocation briefing, the Relocation Readiness section has a program for you. One of my favorite programs is the Individual PCS Assessment. During this one-on-one session, the Relocation Specialist will go over specific transfer circumstances and needs specific to the individual or Family.

They will provide information about sponsors at the new location, moving costs and entitlements for the move, housing, childcare, medical care, dental care, schools, and employment at the new location. They will also discuss methods to deal with the stress of moving.



The Financial Readiness Program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family Members a program tailored to their needs!

The Relocation Readiness Counselor will provide information on entitlements available for the PCS move based on size of Family and method of travel.

If you are going overseas, Relocation Readiness can provide you with a packet of information about the new duty location and the local area.

There are also German and Korean Culture Workshops available for those moving to those specific countries.

Waiting Families (Hearts Apart) is a program for Families that are staying behind at Fort Campbell while service members are assigned to restricted assignments.

Financial Readiness

After you have your individual relocation counseling, the Soldier can come upstairs to Financial Readiness and meet with an Accredited Financial Counselor who can help you plan financially for the PCS. Moving often means a change in expenses based on the new geographical location. It is likely that income will also change, such as Basic Allowance for Housing (BAH) and if moving overseas, a Cost of Living Adjustment (COLA) may be added.

By examining the cost of living in the new area, the Financial Counselor and Soldier can develop an anticipated budget plan for the new area. It is easy to overspend on a PCS move.

This information will help you and the Financial Counselor develop a PCS budget for the move. Taking positive control of your money, especially during a PCS move, can build a certain level of resiliency and relieve some of the stress involved with a PCS move. Connecting with some professionals who can help you plan for and understand the challenges, financially and emotionally, will help your next PCS move a smoother transition.

Relocation Readiness can be reached at 270-956-2676/ 798-6313 or 270-798-0513 and Financial Readiness can be reached at 270-798-5518. Call us today to make appointments that will help make your next PCS move a "Resilient Move."



Making Relocation a Positive Experience

By Mary Young, Senior Relocation Specialist ACS Relocation Readiness Program



Relocation is a standard part of military life and can be a positive and rewarding experience for the military Family. There are many exciting possibilities that can come with moving to a new place. If you're not completely ready when the day finally comes, moving can be extremely stressful.

One way to help minimize some of the permanent change of station (PCS) stress is to start planning as soon as you are notified about the upcoming move. You may consider planning and getting information even before you receive your PCS orders to help give yourself and your Family extra time to prepare.

While moving is stressful, your stress can be reduced if you take full advantage of the information, education, and personal assistance provided to you by the Army Community Service (ACS) Relocation Readiness Program. This is the place to find answers and referral to other installation resources as well as assistance with in-transit emergencies.

The program is designed to assist Families with questions they may have about making a PCS move and giving advice as to how to begin the process successfully. The most important thing you can do to ensure a smooth move, is to start planning early using the many relocation assistance services and tools available.

The following are programs and services provided by the Fort Campbell Relocation Readiness Program when you're getting ready to move from Fort Campbell to your next duty station:

Outbound Relocation Services:

Military Installation/Plan My Move: Is an automated welcome packet online, website

www.militaryonesource.com, provides you with access to information about your entitlements and benefits, points of contact, checklists, planning tools, and information on education, housing, medical, dental and employment. "Plan My Move" will put you and you're Family in charge of a smooth move to your new duty assignment.

Individual Assessment/Personalized Relocation Counseling: Is provided to personnel relocating to other military installations. Counseling will include assessment of individual or Family needs and particular relocation circumstances.

Mandatory Overseas (OCONUS)

Orientation: The Smooth Move Orientation provides information on process and procedures of a permanent change of station move; finance entitlements, household goods, passenger travel, Family travel, legal assistance and claims information. Smooth Move Orientations are provided every Wednesday at the Soldier Support Center. Only Soldiers with notifications from the reassignment office are invited to the briefing.

German & Korean Culture

Workshops: Offered to Soldiers and Families moving to these countries to provide information and knowledge of the countries culture, customs and language. The workshops are held monthly on the first Tuesday for Korea and last Tuesday for Germany. Registrations is recommended.

Hearts Apart Program for Waiting Families: Provides support to Families who live on post or in the surrounding community who are separated from the military sponsor due to mission requirements. We provide monthly support group meetings and information via email to include ACS newsletter, MWR activities, and an information sheet for Families.

Lending Closet: Provides basic kitchen items for personnel arriving and departing Fort Campbell. Items are available for loan, at no cost, for 30-90 days. The following items are available: folding tables and chairs, sleeping mats, irons, ironing boards, crock-pots, toasters, coffee pots, vacuums, pots and pans, dishes, glasses, silverwares, platters, mixing bowls, pitchers, baking dishes, cutting boards, pizza pans, cookie sheets, baby gates, port a cribs, high chairs, booster seats, car seats. Copies of PCS orders and military ID cards are required to borrow items.

Foreign Language DVD: Foreign Language DVD'S are available for loan to Soldiers and Families moving overseas to learn the language of the country where they're moving to.

The Relocation Office is located in the main ACS building at 2601 Indiana Avenue. Phone: (270) 956-2676/ 798-6313/0513/0494. Hours of Operation: Monday-Friday 0730-1630. Closed Weekends and Federal Holidays.



By Kristen Geist-Hodgkins, ACS Employment Readiness Program Manager

What: Teen Job Fair Who: Teens When: 26 April from 1 p.m.—2:20 p.m. Where: Fort Campbell High School Why: employment opportunities!

Are you a teen, or do you know a teen, looking for employment? ACS Employment Readiness will host a Teen Job Fair at the Fort Campbell High School on Thursday, April 26, 2018.

The event will feature employment opportunities both on and off the installation. Whether you are teen looking for your first job, a part-time job or a new job for the summer, our ACS Employment Readiness Program (ERP) Teen Job Fair can be a wonderful way to locate local job opportunities.

This job fair is an opportunity to explore new interests and can lead to valuable work experience, while earning an income. Whether it is flipping burgers or serving as a lifeguard at the pools on the installation, the idea is to gain professional experience and gain critical life skills.

The following are some basic tips before, during, and after the job fair to ensure you receive the most out of this job fair.

Before:

Research the companies participating in the job fair for types of jobs available. Dress to be successful. Bring several copies of your résumé. Practice your 30 second commercial/ elevator speech (your introduction to employers about your skills). Turn off your cell phone.

During:

Remember, first impressions count! Be polite to everyone and maintain good eye contact and a professional demeanor. Smile and shake hands with each employer representative you meet.

Hand recruiters your résumé; ask appropriate questions, such as "What is the hiring process and how long does it take?" or "What skills or experience do you require for the job?" Take notes to remind you of important information after the event. Ask employer representatives for their contact information.

After:

Follow up with the recruiters you meet during the event. Email your résumé or submit an application online.

Attending job fairs and searching for employment can be challenging, especially if this is your first experience with looking for a job.



For additional information on how to navigate a job fair and how you as a jobseeker can explore your career opportunities, eligible ID card holders can contact the ACS ERP office at 270.798.4412 for assistance. Our staff can provide assistance with creating your résumé and practicing your elevator speech.



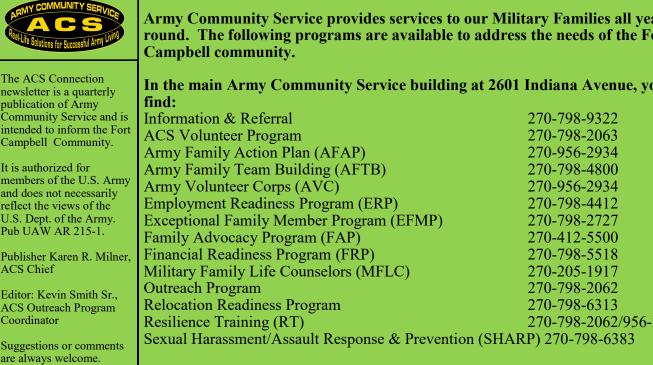
ACS CONNECTION

It is authorized for

ACS Chief

Coordinator





Send correspondence to: Army Community Service 2601 Indiana Avenue, Fort Campbell, KY 42223 or email: acsoutreach@ fortcampbellmwr.com

Dates and times published are subject to change, please call respective programs for date and time of events.









Army Community Service provides services to our Military Families all year round. The following programs are available to address the needs of the Fort

In the main Army Community Service building at 2601 Indiana Avenue, you will

| Information & Referral | 2/0-/98-9322 | |
|--|-----------------------|--|
| ACS Volunteer Program | 270-798-2063 | |
| Army Family Action Plan (AFAP) | 270-956-2934 | |
| Army Family Team Building (AFTB) | 270-798-4800 | |
| Army Volunteer Corps (AVC) | 270-956-2934 | |
| Employment Readiness Program (ERP) | 270-798-4412 | |
| Exceptional Family Member Program (EFMP) | 270-798-2727 | |
| Family Advocacy Program (FAP) | 270-412-5500 | |
| Financial Readiness Program (FRP) | 270-798-5518 | |
| Military Family Life Counselors (MFLC) | 270-205-1917 | |
| Outreach Program | 270-798-2062 | |
| Relocation Readiness Program | 270-798-6313 | |
| Resilience Training (RT) | 270-798-2062/956-2934 | |
| Sexual Harassment/Assault Response & Prevention (SHARP) 270-798-6383 | | |

In the Family Resource Center (FRC) at 1501 William C. Lee Road, you will find: Information & Referral 270-956-2935 Mobilization/Deployment (Mob/Dep) 270-798-3849

At 2433 Indiana Avenue, you will find: Soldier & Family Assistance Center (SFAC)

270-412-6000

At 5001 Screaming Eagle Drive, you will find: Survivor Outreach Services (SOS)

270-798-0272/0277

coming together is a beginning Keeping together is progress working together is success

