



# **Garrison Information Exchange**

5 September 2018

Installation Management Command integrates and delivers base support to enable readiness for a globally-responsive Army

#### We are the Army's Home

Serving the Rugged Professional

"I pledge allegiance to the flag of the United States of America and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all."

# **Moment of Silence**



# Agency Director's | Representatives

- Blanchfield Army Community Hospital
- Chaplain
- Directorate of Emergency Services
- Directorate of Family and Morale, Welfare and Recreation
- Directorate of Public Works
- DoDEA, Americas Southeast, Fort Campbell Schools
- Exchange
- Fort Campbell Commissary
- Campbell Crossing



#### **AGENDA**

#### **Garrison Volunteers of the Month Award**

#### **Calendar Update**

**Dave Clore** 

### Special Briefs:

- BACH Department of Radiology
- Emergency Management Office
- Directorate of Emergency Services
- Volunteer Recruitment Fair

Dr. Sara Michael
Jay Fangman
Duffy L. Sauers

Alex Krohn



#### AGENDA continued

### Agency Briefs:

- ADAPT
- American Red Cross
- Blanchfield Army Community Hospital (BACH)
- Campbell Crossing
- Chaplain
- Christian County Military Affairs Committee (MAC)
- Clarksville Parks and Recreation
- Exchange
- FMWR
- Fort Campbell School Services
- Fort Campbell Spouses' Club
- Montgomery County Government
- USO

Elizabeth Eversole

Tere Kangas

David Gillespie

Lauren Frazier

CH (LTC) Kevin Wainwright

Lindsey Geraci

Candice Tillman

**David Swenson** 

Melissa Schaffner

Dr. Terri McQuirter

Sarah Kuchan

Michelle Newell

Pamela Holz





### **Volunteers of the Month**

Army Community Service Lauren Morris

Fort Campbell Chapels Helen Drake

Fort Campbell Schools Haroldo Schlund

Fort Campbell Schools Nadine Hooper

Fort Campbell Red Cross Tere Kangas

Fort Campbell Red Cross JC Kangas



# Directorate of Plans, Training, Mobilization, and Security

David Clore
Chief Plans and Operations
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MAJ Terry Zoch
Garrison Calendar Manager
270-412-2397

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# Major Events 5 September – 15 October 2018

5 SEP: Face BookTown Hall

7-16 SEP: Military Survivor Appreciation Week

7 SEP: Party on the Post

8 SEP: Run for the Fallen

11 SEP: 9/11 Memorial and Wreath Laying Ceremony

14 SEP: 526th BSB Change of Command Ceremony

17-22 SEP: 5<sup>th</sup> SFG Reunion Week

22 SEP: Retiree Appreciation Day

29 SEP: Fort Campbell Spouses Club 2<sup>nd</sup> Annual Golf Classic

29 SEP: Volksmarch

2 OCT: National Night Out & Fall Fest

5 OCT: DONSA

6 OCT: Post-wide Yard Sale

8 OCT: Columbus Day

8-9 OCT: Fall Break (Fort Campbell Schools)

8-12 OCT: Fall Break (CMCSS, CCSD)



# Major Events 16 October – 17 November 2018

16 OCT: 160th SOAR Anniversary

20 OCT: Spooktacular & Party on the Post

30 OCT: 2-17 ARB Change of Command Ceremony

31 OCT: Halloween

4 NOV: Daylight Saving Time Ends

6 NOV: Election Day

8 NOV: 101st ABN DIV HHBn Change of Responsibility Ceremony

9 NOV: DONSA

12 NOV: Veteran's Day (Observed)

15 NOV: Fort Campbell High School Grand Opening Ceremony

16 NOV: FCSC Mock Dining In

17 NOV: Vanderbilt Military Appreciation Football Game

17 NOV: Super Hero 5K/ 1 Mile Fun Run





Department of Radiology

Dr. Sara Michael

Mammography Section

Breast Cancer Awareness

270-956-0033

(Mrs. Lohrbach, Mrs. Arnold & Mrs. Distefano)



#### **Breast Cancer Awareness**

Screening Mammogram services



- BACH is available Monday-Friday for screening mammography between the hours of 7:30 a.m. – 4 p.m.
- On-post physicians or providers are able to self refer!
- Off-post physicians or providers should provide a prescription
- Call 270-956-0033 to make an appointment



### **Breast Cancer Awareness**

About Breast Cancer Screening



The American College of Radiology recommends ANNUAL screening starting at the age of 40 for average risk women.

- 1 in 6 women diagnosed with breast cancer are under the age of 50
- Nearly 42% of the breast cancers diagnosed at BACH are in women <50 years old</li>
- Most number of life years gained for starting screening at 40



#### **Breast Cancer Awareness**

Screening vs. Diagnostic



Screening mammography is offered for all women 40 years and up who have NO breast complaints

 If you have a breast symptom (lump, discharge, focal persistent pain), you will need to see a physician or a provider to be evaluated



# **Emergency Management Office**

**NATIONAL PREPAREDNESS MONTH 2018** 









Jay Fangman Emergency Management Office 798-3847

john.j.fangman.civ@mail.mil



### **National Preparedness Month**

#### **DISASTERS HAPPEN**

 What potential hazards do we face at Fort Campbell?

#### PREPARE NOW

- Get an Emergency Kit
- Have a Family Plan
- Be informed

#### **LEARN HOW**

- Ready.gov
- Ready.army.mil
- Sign up for AtHoc alerts









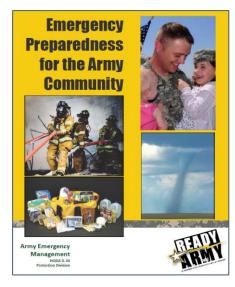


### **EMERGENCY FOLDERS**





READ	For a complete Family Emergency Plan visit www.ready.army.mi
7	Family Name:
Address:	
Phone Number:	
Neighbor (Name )	& Phone Number):
Out-of-town cor	ntact (Name & Phone Number):
Family meeting	place outside neighborhood:
I DI	e Numbers (Emergency, Fire, School, Animal Shelter, etc.);









# Directorate of Emergency Services

Duffy L. Sauers (270) 956-2855 duffy.l.sauers.civ@mail.mil



# Fort Campbell High School Emergency Action Plan Exercise

- Fort Campbell PMO, DODEA personnel, and students will participate in a lockdown and response drill on 12 September 2018.
- The exercise will start at 9:00am and it will test the Fort Campbell High School's emergency action plan.
- The exercise purpose is for DoDEA staff and faculty to exercise their lockdown procedures, while the Military Police (MP) respond, establish security, exercise incident command and neutralize the threat.



# Fort Campbell High School Emergency Action Plan Exercise

- The High School exercise is the first of a series of planned exercises to test and increase the response readiness across the Fort Campbell Schools, Child Development Centers and Youth Activity Centers.
- Based on recent events across the United States, the overall exercise plan is a means to proactively assess our ability to respond to similar events.
- The Public Affairs Office will release information across numerous media outlets as the exercise date approaches.



# **Volunteer Recruitment Fair**

Alex Krohn 270-956-2934

alexander.c.krohn.civ@mail.mil



#### **Volunteer Recruitment Fair**

September 18<sup>th</sup>
1000-1300
Family Resource Center

Resume Writing class by ACS Employment Readiness Volunteer Agency tables to include on and off post:

Army Community Service

Youth Sports

Loaves and Fishes

American Red Cross

and more



# After Deployment Adaptive Parenting Tools (ADAPT) Study



Elizabeth Eversole (612) 418-2491

eeversol@umn.edu

Website: www.adapt.umn.edu

Study Approvals
University of Minnesota IRB (Study #1612S02481)
USAMRMC HRPO (Log Number A-19782)



# After Deployment Adaptive Parenting Tools (ADAPT) Study

- Request for Participation
- Families can earn up to \$520 in gift cards for participating in pre-program interviews/surveys, parenting program and on-going interviews/surveys
- Spouses can sign up to participate on their own; ideal to have SM
- Participation last for 2 years (ETS/PCS is okay!)
- Participation is voluntary, confidential and families can withdraw at any time

#### Eligibility

- Regular Army: 1 deployment in the past 5 years, SOF: 2 deployments in the past 3 years
- Have a child between the ages of 5 and 12
- Prior participants found improvement in reductions of children's behavior, emotional and peer problems. Improvements in parents feeling more capable of parenting

# Sign up at Adapt.umn.edu





#### American Red Cross

Tere Kangas Red Cross Volunteer

Campbell@redcross.org

270-798-2171

95 Michigan Ave Bldg 43



#### American Red Cross

- Red Cross Offers Volunteer Opportunities for
  - Military Outstanding Volunteer Service Medal
  - Promise Scholarships
  - Building Resume in New Fields of Interest
- Orientation Dates:

<ul> <li>14 September, Friday</li> </ul>	9:00am-12:00pm
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- 12 October, Friday 9:00am-12:00pm
- 27 October, Saturday 10:00am-12:00pm
- 9 November, Friday
   9:00am-12:00pm
- 8 December, Saturday 10:00am-12:00pm
- 14December, Friday 9:00am-12:00pm



#### American Red Cross

- Special Events found on <a href="www.allforgood.org">www.allforgood.org</a>
  - September
    - Pillars of Hope
    - 9/11 National Day of Remember
    - Escort Replica of Vietnam Wall
    - Vet Fest at Beachaven Vineyards and Winery
    - Welcome Home Veterans Parade Military Working Dog Memorial Float
    - Wags and Wings Event
  - October
    - National Night Out
    - Mount Olive Cemetery Project
  - December
    - Santa Visit



# Mr. David E. Gillespie

Director, Patient and Family Centered Care (270) 956-0459

David.E.Gillespie6.civ@mail.mil

http://blanchfield.amedd.army.mil





@BACH.Fort.Campbell



@BACH\_Healthcare



@BACH\_Hospital





# **Retiree Appreciation Health Fair**

- Information fair for Retirees from 9:00am to 2:00pm Saturday,
   September 22, at Fort Campbell's Soldier Support Center
- BACH staff will administer vaccinations for influenza, shingles, and pneumonia. Retirees will also be able to receive primary care and specialty educational information.

# **Health Campaigns**

- National Suicide Prevention Awareness Month a time to share resources and stories in an effort to raise awareness and connect individuals to treatment services. 1-800-273-TALK (8255)
- Childhood Obesity Awareness Month One in 3 children in the U.S. are overweight or obese, putting kids at risk for health problems once seen only in adults, like type 2 diabetes, high blood pressure, and heart disease. <a href="https://www.cdc.gov/bam">www.cdc.gov/bam</a>

# **Community Flu Vaccines**

- Community Flu Vaccine Campaigns are slated for Oct. 22 – Nov. 9 at Fort Campbell
- Open to all TRICARE beneficiaries six months or older, including Soldiers, Retirees and Family members

#### **Locations and Dates:**

- Building 207 (near Bastogne & Screaming Eagle)
- Mondays and Fridays: 7:00am to 4:00pm
- Tuesdays:9:00am to 6:00pm







# Campbell Crossing - On Post Housing

#### Lauren Frazier

Marketing and Communication Manager, Campbell Crossing

LFrazier@campbellcrossingllc.com



# **Campbell Crossing Events**

- 2 October: National Night Out & Fall Fest
- 6 October: Post Wide Yard Sale
- 4 December: Hammond Community Home for the Holidays
- 6 December : Pierce Community Home for the Holidays
- 11 December: Werner Community Home for the Holidays
- 13 December: Woodlands Community Home for the Holidays



# Campbell Crossing - On Post Housing

### DEPLOYED SPOUSES PROGRAM

Stay or go, we are here to serve you and your family during deployment!



At Campbell Crossing, our staff understands the stress related to a pending deployment. Our goal is to make this time as stress free as possible for you and your family. We are proud to offer two different programs for you and your family to decide what is right for you.

#### OPTION ONE:

Let Us Be Your Storage!

If you choose to go, keep your home and belongings with us to reduce stress and save money on a move!

- (1.) Keep your home with everything inside to reduce stress on your family.
- (2.) Save money!
- (3.) We perform routine maintenance checks to ensure everything is working properly while you are away.

#### Let us care for you while your loved one is away.

Contact your Community Office for more information!

#### **OPTION TWO:**

Stay with Us!

If you choose to stay, you can enroll in our Deployed Service Member Punch Card Program. This program offers a variety of options for those honey do list items in your home; tailored to meet the needs of your family.









# Garrison Chaplain's Office

CH (LTC) Kevin Wainwright
Chief Religious Support (Garrison)
270- 412-1528

kevin.e.wainwright.mil@mail.mil



# Garrison Chaplain's Office

### Fort Campbell Mothers of Preschoolers (MOPS)

- 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays each month @ Liberty Chapel 9:15am-11:15am
- Watch Care provided (first come basis)
- Faith-based fellowship and connection
- Upcoming Topics:
  - 12 September Military Resource Fair
  - 26 September Bringing Christ into your child's life
  - 10 October

    No meeting (Fall break)
  - 24 October

    Finding your courage and passion
  - 14 November Growing your spark (parenting panel)
  - 28 November Self Care for mothers





# Christian County Military Affairs Committee (MAC)

Lindsey Geraci Director of Military Affairs (270) 885-9096

Igeraci@christiancountychamber.com



## Christian County Military Affairs Committee (MAC)





@christiancountymac



@christiancountymae

AUGUST 24 & 25

Summer Salute Concert Series: featuring Sawyer Brown

SEPTEMBER 12

Spouses Luncheon & Tour of Homes

SEPTEMBER 15

Trot 4 Troops: 5k, 10k and 1 mile fun run

OCTOBER 19

Freedom Friday Chili Cook-off: food, music and

kids activities

OCTOBER 27

Military Affairs Committee Gala

PRESENTED BY:







## Christian County Military Affairs Committee (MAC)

- 30<sup>th</sup> Annual Trail of Tears Pow Wow
  - 8-9 September at 11:30am
  - Trail of Tears Park and Heritage Center
- 2018 Taste of the Pennyrile
  - 13 September at 5:00pm
  - James E. Bruce Convention Center
- Junior Auxiliary Charity Ball
  - 20 October at 7:00pm
  - Hopkinsville Golf & Country Club, Hopkinsville, KY
  - Open to public











#### Clarksville Parks & Recreation



Candice Tillman
Clarksville Parks & Recreation
931-645-7476
www.CityofClarksville.com/ParksRec







### #ClarksvilleParksRec



#### Clarksville Parks & Recreation



Clarksville Riverfest
6-8 September McGregor Park
www.ClarksvilleRiverfest.com



Sevier Days
15 September Fort Defiance
Free admission!



Sleep Under the Stars
Campout
22 & 23 September Billy
Dunlop Park
\$15 each or \$55 per family



Tours with BCycle
22 September Historic Church Tours
Oct 12 & 19: Downtown Ghost Tours



New Providence Pool Indoor Season
1 October – 5May
Swim Lessons, Toddler Splash,
Water Aerobics, Events



Pop-up Park Mini Photo Sessions
6 October at the Clarksville Greenway
\$30 for 15-min session, 3 images





## **Exchange**

#### **David Swenson**

**General Manager** 

270-439-1846

swenson@aafes.com

### **Exchange**

#### Up Coming Exchange Events

- 9 September Grandparents Day, Coloring Card Table 1:00pm-3:00pm
  - Located between Men's Befit & Furniture Department
- 15 September Beachhaven Wine Tasting 12:00pm-2:00pm
  - Located by Softlines Clothing Entrance
- 21 22 September

   Case lot Sale located in the Exchange Mall
- 22 September -Retiree Event 10:00am-2:00pm
  - Open to Public, Tabling Event, Food Trucks, Souvenir Sales
  - Located at 2702 Soldier Support Center, Indiana Ave (Old Commissary)
- 29 September "Fall into Fitness" Event 11:00am-2:00pm
  - Fitness Footwear demos, Sports Nutrition (SN) demos, Gift with purchase of items, and enter to win drawings
  - Located by SN shop, between Men's Be-Fit & Furniture Department



## **Exchange**

#### **Upcoming Vendor Events**

- Check the August sales tabloid for the coupons for the following sales:
  - Patriot Outfitters: \$5 off \$30 of more with your Mil Star Card
  - Optical: 0% interest/No Payments for 6 months with \$199 Military Star
     Card
  - Petals & Bloom Flower Shop: \$10 off with a purchase of \$65 or more with you Military Star Card
  - Barbershop (All locations): \$2.00 off every child's haircut when you use you Military Star Card
- For information on requesting vending machines please call 270-439-1889
- For more information regarding concession please contact Kelly Tolefree-Sarmiento at 270-439-1889 or tolefreesarmiento@aafes.com



Melissa A. Schaffner
Marketing Director
Family and Morale, Welfare and Recreation
(270) 798-7535

Melissa.a.schaffner.naf@mail.mil



### September Events:

- 7 September 530p Party on the Post, Town Center Park
- 8 September 8a Run for the Fallen, Town Center Park
- 15 September 1p-5p SAC Saturday Childcare (K-5<sup>th</sup> grade)
- 18 September 10a-1p Volunteer Recruitment Fair, FRC
  - 27 September 5p CYS Family Game Night, FRC, free
- 29 September 8am Volksmarch, Smokehaus, 8:30am, \$5 per adult, 17 and under free



Baldonado will be open for recreation swimming on weekends only after Labor Day weekend. 1200-1800 Saturday and Sunday

#### Baldonado Outdoor Pool hours of operation:

5am-630am – Lap Swim (Mon-Fri)

10am-11am – Aqua Fitness Classes (Mon-Sat)

11am-12noon – Lap Swim (Mon-Fri)

12noon-6pm – Recreation Swim (Mon-Sun)

430pm-530pm – Aqua Fitness Classes (Mon-Thurs)

Gardner pool slated to reopen 9 October.



Save the date:

20 October - Spooktacular and Party on the Post

17 November – Super Hero 5K and Fun Run

Book your Holiday parties NOW!

Smokehaus – 270-798-4993

Cole Park Commons/Eagle Catering –

270-798-4610 x 319



## AIRBORNE

## Fort Campbell School Support Services

Dr. Terri McQuirter, EdD Phone: (270) 798-9874

terri.mcquirter.naf@mail.mil



## Impact Aid School Year 2018-19

#### Who is Eligible:

- School Districts with federally connected students
- 3% membership or 400 average daily attendance
- 10% membership or 1000 average daily attendance

#### **Schools Responsibility:**

 Distribute Survey Forms, Submit Application for Impact Aid Federal Funding

#### **Parents Responsibility:**

- Fill out, complete and return Survey Forms
- CMCSS (paper copy); CCPS (electronic copy)

#### VERY IMPORTANT TO FILL OUT AND RETURN SURVEYS



Sarah Kuchan
Public Affairs Officer
<a href="mailto:fcscpublicaffairsofficer@gmail.com">fcscpublicaffairsofficer@gmail.com</a>



## FORT CAMPBELL SPOUSES' CLUB

September

19

10:30-1:00

JOE SWING RECREATION FACILITY







Wear your favorite sports team gear or colors, win prizes, make friends and have a blast!

RSVP Online by Fri, Sept 14 at fortcampbellspousesclub.com/luncheons

#### DONATIONS COLLECTED FOR CMC TEACHERS WAREHOUSE

We are asking our members to bring new school supplies such as dry erase markers, erasers, paper clips, post it notes, highlighters, etc.







For more information or to buy tickets go to: https://www.ftcampbellspousesclub.com/fall-fundraiser





## Mock Dining In

Hosted by the Fort Campbell Spouses' Club

# Once Upon a Time

The Fort Campbell Spouses' Club formally invites you to a magical evening on November 16, 2018 at the James E. Bruce Center from 6-11pm.

Table theme enrollment starts Sept 1 | Tickets sales start Sept 17 For questions or concerns email us at fcscmockdiningin@gmail.com.





## **Montgomery County Government**

Michelle Newell
Public Information Officer
931-217-3332
manewell@mcgtn.net



## **Montgomery County Government**

- Clarksville-Montgomery County School System
  - Parent/Teacher Conferences take place throughout the month of September.
  - All families are encouraged to create a PowerSchool account by visiting powerschool.cmcss.net
- Household Hazardous Waste Day Bring your household hazardous waste at no cost from 8 a.m. – 1 p.m. on September 15 to 1230 Highway Drive. See mcgtn.org/bi-county for more info about what items are accepted.
- Changes in Montgomery County Animal Care and Control As of September 1, Montgomery County Animal Care and Control began requiring pet owners surrendering their pet to contact MCACC by phone to make an appointment before coming to the shelter. Also, there is an \$18 microchip fee for owners who reclaim their pet if a chip does not already exist.

## **Montgomery County Government**

**Downtown Commons Concerts and Activities** 





- September 14 FREE concert will be held in conjunction with the Welcome Home Veterans Celebration from 6 – 10 p.m., featuring music from Neil Brock & the Cover Up and American Floyd, the Ultimate Pink Floyd Tribute Experience that features a laser light show.
- September 21 FREE concert with local favorites. Lucian & Lee join us for a fun acoustic show and featuring songwriter, Sheyna Gee. She is a regular performer in Downtown Nashville and knows how to jam out to some country classics and current hits.
- Visit downtowncommons.org for a listing of events. Contact Paula Atkins at paatkins@mcgtn.net or call 931-216-0131 for questions and volunteer opportunities





## **USO Fort Campbell**



Pamela Holz
Center Operations &
Programs Manager
(270)839-9234
pholz@uso.org

## **USO Fort Campbell**



#### **Upcoming Events:**

- WATCH FOR INFORMATION ABOUT WOMEN'S WORKOUT WEDNESDAYS
- 10 September 6:00pm USO Songwriters Night at Hard Rock Café Nashville
- 13 September 9:00am Military Spouse Networking Event
- 14 September 11:00am USO Storytime
- 22 September 10:00am Healthy Kids, Healthy Families Wellness Program
- 27 September 5:00pm Gary Sinise Foundation Dinner and AOTM Concert!
- 28 September 7:00pm USO Family Movie Night "Aladdin"

#### Free Food!

"Mexican Monday" 11:30am-1:00pm
Hot Pockets for Heroes (Tuesdays) 11:30am-1:00pm
Warrior Wednesday\* 1130-1300 (\*Active Duty only)
Waffle Fridays 10:00am-11:30am

Pizza! @Late Night USO Fridays & Saturdays 10:00pm-1:00am



### **USO Fort Campbell**





**Fort Campbell** 

USO Wellness Center Monday - Thursday:

0800-2000

Friday: 0800-2200

Saturday: 1000-2200

Sunday: 1200-1800



## Next Information Exchange

#### **3 October 2018**

https://www.facebook.com/FortCampbellACS/ 270-798-9322



## **End of Brief**

