



# DOUBLE THE TROUBLE

## Two Person Interval Challenge

Fratellenico Physical Fitness Center

3932 Indiana Avenue

**Wednesday, February 20, 2019**  
**11:30a-1:00p**

**Open to all DoD ID Card holders**

**Teams of two perform a combination of high and low intensity interval exercises.  
Prizes for first and second place. All participants will receive a shirt.**

\*Sponsored By:



**FREE**

**For more information 270.798.9418**

\*Government Endorsement Not Implied.

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