# Information contained in this handout is "For Information Purposes only."

Reference to private Organizations and their activities do not imply endorsement by the U.S. Government, Department of the Army, or Fort Campbell.

(This information can be downloaded from <a href="www.campbell.armymwr.com">www.campbell.armymwr.com</a>; see Facilities & Programs)

# Information Exchange 6 Feb 2019

Talking Points

# **DPTMS**, Major Events

# **David Clore**

david.b.clore.civ@mail.mil

JAN-30 JUN: Rendezvous with Recycling Competition

8 FEB: 0630 - Division Run

1030 - CSM Manning Retirement Ceremony

14 FEB: 1300 - 101 st ABN DIV Change of Command Ceremony

15 FEB: DONSA

18 FEB: President's Day 19-23 FEB: Tree Planting

19 FEB: Gary Sinise Book Signing at PX10 MAR: Daylight Savings Time Begins

16 MAR: 8 Annual USO 10-Miler

20 MAR: 1830 - Facebook Community Town Hall

22 MAR: DONSA

25-29 MAR: Fort Campbell Schools and CMCSS Spring Break

# Blanchfield SUD Treatment

**Georgina Gould** 

270-798-4097

# Blanchfiled Hospital has developed 2 paths for treatment:

# Mandatory (Enrolled) Care and Voluntary Care

- Encourages personal responsibility to seek help earlier in their illness
- Maintains full accountability for indiscipline events, full commander visibility on all Soldiers with illicit drug use and on all Soldiers with duty impairment or safety risk due to any substance use
- Improves Soldier readiness by decreasing unnecessary enrollment & deployment ineligibility
- Very similar to the current population enrolled in ASAP
- All SMs who are diagnosed with a SUD and have a verified drug positive test or substance/alcohol indiscipline event (DUI, assault, UCMJ, etc.)
- All cases involving occupational, readiness or safety impairment, regardless of which SUD diagnosis
- All cases requiring higher levels of care, such as inpatient care
- Renders a Soldier non-deployable for 12 months to CENTCOM AOR (per MOD 13 deployability guidance)
- Soldier may not discontinue care

# • Voluntary SUD Clinical Care

- Many Soldiers eligible for Voluntary Care are not receiving treatment currently
- Only alcohol-related SUDs without occupational, readiness or safety impairment are eligible for Voluntary Care
- Command disclosure is managed like all other BH/medical conditions
- Does not render a Soldier non-deployable
- Soldier may discontinue care

# **ACS Army Family Team Building (AFTB)**

270-798-4800

ftcampbellaftb@gmail.com

# **Programs offered by AFR**

- I Married a Soldier, Now What ?
  - Nights—Every second Thursday at 6:15pm at the FRC
- Ball Etiquette Classes
  - Do's and Don't of Military Social Functions
- Army 101
  - o Classes designed for new Militay Spouses

**ACS Financial Readiness Program** 

**Terrence Jones** 

270-798-5518

Terrence.o.jones.civ@mail/mil

# **AER CAMPAIGN**

Campaign Kickoff Ceremony 19 February 2019

This annual event is to bring AER mission awareness to the community and raise funds in order to provide emergency assistance to Soldiers and their families in their time of need through financial assistance in the form of a non-interest loan, a grant, or a combination of both loan and grant.

- Purpose: "Soldiers helping Soldiers"
- Campaign runs from 01 March 2019 through 15 May 2019
- AER 2019 Fundraising Campaign Goal is \$200,000

# Military Saves Week 2019

25 Feb 2019 - 01 Mar 2019

- MSW is an annual opportunity to promote good savings behavior and a chance for service members and their families to assess their own saving status.
  - 25 FEB (1100-1300): MSW informational booths at PX/Commissary to promote "Take the Savers Pledge" online @ WWW.AMERICASAVES.ORG
  - o 28 Feb (0800-0900) Commissary Walking Tour
- MSW provides classes to help service members and their families learn how to manage their personal finances and attain long-term financial readiness to include reducing debt and increasing wealth:
  - 26 FEB (1000-1045): Military Retirement and TSP Class (New Blended Retirement System & TSP) at ACS, 2602 Indiana Ave

- 27 FEB (1000-1100): Basic Money Management Class (Ways to Save & Reduce Debt) at ACS, 2602 Indiana Ave.
- 1 MAR (1000-1045): Make Saving Automatic Class (On time and online payment system) at ACS, 2602 Indiana Ave

# **ACS National Consumer Protection Week**

# 4 March 2019 - 8 March 2019

 An annual opportunity to help Soldiers and their Families understand their consumer rights and make

well-informed decisions about money.

- Goal: To give consumers the tools they need to make smart financial decisions in today's marketplace.
- Provide information and resources that help people get the most for their money, stretch their paychecks, or tell the difference between a real deal and a potentially fraudulent product or service.
- 4 MAR (11:00am-1:00pm): Consumer Affairs Office (CAO) Informational booths at Hooper Bowling

Alley, Better Business Bureau and SJA will be present.

- 5 MAR (11:00am-1:00pm): CAO Information table at Warrior Zone.
- 6 MAR (11:00am-1:00pm): CAO Information table at USO.
- 8 MAR (11:00am-1:00pm): CAO Information table at the Exchange

# **Blanchfield Army Community Hospital Public Affairs**

270-956-0459

<u>usarmy.campbell.medcom-bach.list.pao-users@mail.mil</u> <u>http://blanchfield.amedd.army.mil</u>

# **Upcoming Events**

# **Holiday Schedule**

In recognition of the upcoming President's Day holiday, BACH personnel will observe the federal holiday Monday, Feb. 19. Therefore, all primary and specialty care services and pharmacies will be closed. The Emergency Center, inpatient services, as well as supportive supplementary services will remain open to provide inpatient, acute and emergency medical care.

# **Health and Wellness**

# **American Heart Month**

February is nationally recognized as American Heart Month, a time for the Department of Defense community to show its love for healthy living. Follow BACH's social media for health messages about reducing the risk of heart disease and recognizing the warning signs. Cardiovascular disease (CVD) — including heart disease, stroke, and high blood pressure — is the number one killer of men and women in the United States.

# **Tobacco Cessation**

The Army Wellness Center, 5662 Screaming Eagle Blvd., offers "Ready to Quit" every Tuesday from noon to 1 p.m. This briefing educates all TRICARE beneficiaries and DOD civilians about dangers of tobacco and assess readiness to join the Tobacco Cessation Program. The Tobacco Cessation Program is offered the 1st – 4th Wednesday monthly from noon to 1 p.m. For more information, call (270) 956-0100.

# **Monthly Patient Advisory Council**

BACH is seeking patients to participate in the Patient Advisory Council. The Patient Advisory Council partners with Soldiers and Family members to improve patient satisfaction, provide patient-centered care, bring patients' needs and concerns to the healthcare team and leadership, guide our priorities and planning for the future, and further enhance our relationship between the hospital and our community. If interested, email:

usarmy.campbell.medcom-bach.list.pao-users@mail.mil or call 270-956-0459.

# **MHS Nurse Advice Line Beneficiary Portal**

The Nurse Advice Line provides health care support to TRICARE beneficiaries 24/7. The Nurse Advice Line provides support to TRICARE beneficiaries at no cost to you. The team assists you in navigating your Family's health care needs. Some of the services provided include:

- Health Care Advice
- Answers to Urgent Care Questions
- Assistance locating a Provider or Pharmacy
- Same and next-day appointment scheduling at military hospitals and clinics

Nurses who specialize in Pediatric, Behavioral Health and Obstetric care are available to support your Family's needs. To support your continuity of care, we'll check back in on you and your Family to ensure you're still confident in the nurse's recommended care plan.

Remember, if you have an emergency, call 911 or your local emergency service center. Visit the portal at <a href="https://www.mhsnurseadviceline.com/home">https://www.mhsnurseadviceline.com/home</a>.

# **Ongoing Support at Fisher House**

The Fort Campbell Fisher House partners with Military Family Life Consultants & the DOD Warrior Care program to provide support groups for our Wounded, Ill and Injured Soldiers and their caregivers. Learn more at <a href="https://www.facebook.com/KYFisherHouse">www.facebook.com/KYFisherHouse</a>

# **Breast Cancer Support Group Meeting**

A Breast Cancer Support Group Meeting is offered in BACH's A Building in the Commander's Classroom every third Thursday from 2 to 3 p.m. The group is for patients, Family, friends and staff who are interested in partnering with other newly diagnosed patients and survivors. This group offers gentle laughter, compassion and communication with others experiencing the same feelings and challenges. For more information, call 270-798-8299 or 270-965-0040.

# **BACH General Information**

# Missed Drug Take Back Day?

Properly dispose of your expired, unused or unwanted medicine by dropping them in the Drug Drop Boxes placed inside the hospital's Main Pharmacy or Town Center Pharmacy during business hours. Accepted items include: prescription medications, controlled substance medication, over-the-counter medication, vitamins, medicated ointment/lotion, liquid medication in leak-proof containers and transdermal skin patches. *Items not accepted include: needles, thermometers, contraband drugs, infectious waste/medical waste, personal care products, business waste, hydrogen peroxide, aerosol cans, and inhalers.* 

# How do I schedule/cancel appointments?

If you need to make or cancel an appointment at any of the Soldier or Patient-Centered Medical Homes, you may go online at <a href="www.tricareonline.com">www.tricareonline.com</a> or you may call 270-798-4677/ 931-431-4677 or if outside the calling area 1-866-524-4677. See the complete listing of Soldier and Patient-Centered Medical Homes below.

- Appointments can be made from 6 a.m. 4:30 p.m., Monday Friday.
- Appointments can be cancelled 24 hours a day, seven days a week by leaving a voicemail message.
- Advice nurses may be reached by calling the appointment line
- You can also schedule and cancel appointments online at www.tricareonline.com.

# **BACH** 650 Joel Drive

Air Assault Family Medical Home (Team Apache, Team Blackhawk, Team Comanche, Team Huey)

Gold Family Medical Home

Young Eagle Medical Home (Team Flight or Team Soar)

# Byrd 7973 Thunder Blvd.

Byrd Soldier or Family Medical Homes

# LaPointe 5979 Desert Storm Avenue

Bastogne Soldier Medical Home Rakkasan Soldier Medical Home Strike Soldier Medical Home

# Screaming Eagle Medical Home Medical Office Building One,

647 Dunlop Lane, Suite 301

(Community Based Medical Home in Clarksville, Tenn.)

# Campbell Army Airfield Medical Home 7149 Black Sheep Run

# Campbell Crossing Lauren Frazier

LFrazier@campbellcrossingllc.com

14 Feb: Lovely Little Valentines Crafts at the Community Offices 9:00am-12:00pm

14 Feb: Selfie Spot kick-off, Campbell Crossing Celebrates Love 2-4pm McCauliffe Bridge

21 Mar: Community Chalk Day at Community Offices

16 April: Lemonade Day Workshop, Hammond Community Center 19 April: Earth Day Extravaganza, Werner Park Community Center

23 April: Breakfast on the Go CEL Survey Roll Out

4 May: Lemonade Tasting Competition, Fort Campbell PX

4 May: Post Wide Yard Sale

Chaplain's Office CH (LTC) Kevin Wainwright

270-412-1528

kevin.e.wainwright.mil@mail.mil

**Journey to the Cross: A Community Lenten Event** 

 What: A Spiritual preparation for Easter. For all ages beginning with a fellowship dinner followed

by four interactive stations. Dinner provided; bring a dessert to share. Limited watch care is available following dinner for ages 5 and under (reserve a space)

- Where: Liberty Chapel (Bldg 3111), Fellowship Hall
- RSVP to Dr. Jolynda Strandberg Jolynda.h.strandberg.civ@mail.mil or (270) 412 5796



### Clarksville Parks & Recreation

**Candice Tillman** 

931-645-7476

www.CityofClarksville.com/ParksRec

# **Toddler Programs**

- Toddler Splash
- Wee Artist
- Indoor Toddler Playground

# Clarksville Film Festival

- Feb. 15-17: 52-hour filming
- Mar. 9: Public Screening at the Roxy Regional Theatre

# Learn More

- Instagram: @ClarksvilleParksRec
- Facebook: @ClarksvilleParksandRecreation
- · Twitter: @Clarksville PR
- Website: www.CityofClarksville.com/ParksRec
- · Subscribe to our e-mail newsletter!





# **Special Elections and School News**

- The Montgomery County Election Commission will host two special election dates for Congressman Mark Green's unexpired term in the State Senate. A primary election March 7 and a general election April 23. This is the state senate seat that represents Montgomery, Houston and Stewart counties and has great influence statewide for Fort Campbell.
- Early voting for the March 7 primary election will begin February 15 through March 2 and will take

place at the election commission in Veterans Plaza. The primary voting on March 7 will take place at all voting precincts. The majority of the voting precincts are in schools resulting in no school for CMCSS students on March 7 or April 23.

• If you are not already registered to vote in Tennessee the last day to register to vote in the special elections is February 5. For more info visit mcgtn.org/election or call 931-648-5707.

# **Library Activities**

- 9 Feb Homebuyer Education Class
- 9 Feb Free family movie time
- 13 Feb Veterans Transitional Housing
- Program
- 14 Feb Teen Program

For a full list of events visit mcgtn.org/library

Fort Campbell Schools Community Superintendent Youlanda Washington 270-439-1927 Youlanda.washington@am.dodea.edu

# Fort Campbell Schools Updates

- The Country Music Hall of Fame presented Barsanti Elementary School with a student-colored artwork that honors veterans who were also musicians.
- Students in 4th grade will take the National Assessment of Educational Progress (NAEP) on 12 February 2019. NAEP is given to a representative sample of students across the country in grades 4 and 8.

 AdvancED will visit Fort Campbell Schools starting on 27 February 2019 as part of the Southeast District accreditation process.

# **CALENDAR OF EVENTS**

CogAT Testing (2 <sup>nd</sup> Graders)	February 2019	All Elementary Schools
CCRS Infrastructure Trail Training	February 4-8	All Schools
Teacher PD	February 15	No School
President's Day	February 18	No School
Parent/Teacher Conference Day	February 25	No School
Report Card Prep Day	March 15	No School
Spring Break	March 25-29	No School

**Commissary** 

**Charles Shropshire** 

270-640-4008

Charles.shropshire@deca.mil

# **Holiday Operation Hours:**

- Presidents' Day (18 February 2019) 8:00am-4:00pm
- Grocery Cart Corral Is On Order... Expected Delivery 19 February 2019
- Resurface and Repaint Metal Façade on Front of Building
- -Estimated Date April 2019
- Continuous Job Opening for Sales Store Checkers and Store Workers
- To Apply: Go to (USAJOBS.com)

# **Scholarships**

 Scholarships for Military Children deadline approaching. Deadline for submitting applications for

the Scholarships for Military Children program is 16 Feb. This year's program has 700 \$2,000 scholarship grants available to award.

 All rules and requirements for the program, as well as links to frequently asked questions and the

downloadable application are available at the Scholarships for Military children website.

# **PX Events**

- 9 Feb from 1:00pm-3:00pm In Love with Make-up Valentine Mixer, with free makeup demonstration, give a ways, and tips.
- 10 Feb from 11:00am-1:00pm Valentine Day Card making event for kids
- 19 Feb at 11:00am Celebrating Coast Guard with cake cutting ceremony
- 19 Feb at 5:00pm Meet and Greet book signing with Actor/Activist Gary Sinise
- 23 Feb from 11:00am-1:00pm Wine Tasting
- 23-28 Feb 15% off Tiffani Glenn Décor in honor of Black History Month
- 02 Mar from 11:00am-1:00pm Random House Read Across America Tour featuring Cat in the Hat Event.

# **Upcoming Vendor Events**

 Looking for a special gift for your sweetheart? Shop the Exchange mall kiosks for gift baskets and

sweet treats for your Valentine.

- Treat your Valentine with Flower bouquets \$14.95-\$30.95. Visit your Ft. Campbell Flower shop.
- Durable Medical Supplies store now open in the exchange mall
- Need a Drink or Snack machine at your location, call the Fort Campbell Exchange services
  office

at 270-439-1889 for more information.

- Follow us Facebook at <a href="https://www.facebook.com/CampbellExchange/">https://www.facebook.com/CampbellExchange/</a> to see all the exciting deals and events going on weekly.
- For more information regarding concession please contact Kelly Tolefree-Sarmiento at 270-439-

1889 or tolefreesarmiento@aafes.com

Fort Campbell Spouses' Club

Sarah Kuchan

publicitychair@fortcampbellspousesclub.com

# LOOKING FOR VOLUNTEERS TO JOIN US FOR THE 2019 ARBOR MONTH CELEBRATION 19 FEB. 10AM-12PM

Fort Campbell Spouses' Club invites you to join us at this month's luncheon in your coziest PJs!

# Pamper Me Pajama Party

Wednesday, February 20, 2019 10:30 AM - 1:00 PM Cole Park Commons



February's Highlighted Charity: Friends of Aunt Flo

RSVP Online by Friday, Feb 15th at ftcampbellspousesclub.com/luncheons







The Spouses of Fort Campbell request the pleasure of your company at a

Open House Welcome Reception Honoring

# Mrs. Kimberly Winski

Spouse of Commanding General 101st Airborne Division (Air Assault)

02.27.19

Drop In Between 10AM-1PM

Pratt Museum 5702 Tennessee Ave. Fort Campbell, KY 42223 The FCSC is now accepting applications for our Scholarship & Grant Program & 2019-2020 Board



**USO Fort Campbell** 

Pamela Holz

270-839-9234

pholz@uso.org

# **Upcoming events**

- 14 February USO Coffee Connections & Valentine's Day Giveaway!
- 22 February USO Family Movie Night "The Muppets"\*
- 23 February USO Healthy Kids/Healthy Families\*
- 28 February Gary Sinise Foundation Dinner and AOTM Concert\*
   \*registration required
- BE SURE to SIGN UP! 16 March USO 10 Miler/5K/Free Fun Run!
- USO Wellness Challenge: Women's Workout Wednesday! Work out in the Wellness Center 6 times

between January-March & earn a USO Tank Top!

"Mexican Monday" 11:30am-1:00pm
Hot Pockets for Heroes (Tuesdays) 11:30am-1:00pm
Warrior Wednesday\* 11:30am-1:00pm (\*Active Duty service members only)
Waffle Fridays 10:00am-11:30am
Pizza! @Late Night USO Fridays & Saturdays 10:00pm-1:00a

LOOKING TO GET INVOLVED?

VOLUNTEER WITH THE USO! VOLUNTEERS.USO.ORG



# Swimming Lessons Lifeguard Classes

- Gardner Indoor Pool has released a scheduled for Swimming Lessons and Lifeguard Classes.
- 2191 Kentucky Avenue
- Visit the Aquatics webpage at <u>www.campbell.armymwr.com</u> for details.
- (270) 798-6310

# **MWR Restaurant Specials - February**

- Smokehaus Restaurant
  - o 5 February, 11 a.m. to 1 p.m.
    - World Nutella Day
    - Enjoy a special dessert with Nutella.
  - o 9 February, 6 p.m. to 9 p.m.
    - Valentine's Dinner for Two
  - 14 February, 11 a.m. to 1 p.m.
    - Valentine's Couples' Special
    - Pay 1 full price and get the second at 50% off.
  - o 20 February, 11 a.m. to 1 p.m.
    - International Cherry Pie Day
    - We will have Cherry Pie and Cherry Cobbler on the buffet.
  - o 27 February, 11 a.m. to 1 p.m.
    - National Pancake Day
    - We will add a mini pancakes bar on the dessert station with toppings. Eat pancakes for lunch!
  - o (270) 798-4993
- Cole Park Eatery
  - o Mondays, 11 a.m. to 1 p.m.
    - Chicken Quesadilla
  - Tuesdays, 11 a.m. to 1 p.m.
    - CPC Hot Brown
  - Wednesdays, 11 a.m. to 1 p.m.
    - Meatball Sub
  - o Thursdays, 11 a.m. to 1 p.m.
    - BBQ Beef Brisket Sandwich
  - o Fridays, 11 a.m. to 1 p.m.
    - Shrimp Po'Boy
  - o (270) 798-4610 x312
- www.campbell.armymwr.com

# Rent One / Get One (Boats & Campers)

- Now thru February 2019
- Gear To Go
- Rent for one day and get another day for free.
- Offer good on boats and campers.

• (270) 798-3919

# **Wheel Throwing Class**

- 1 Feb, 10 a.m. to 12 p.m. (part 1 of 2)
- 8 Feb, 10 a.m. to 12 p.m. (part 2 of 2)
- Guenette Arts & Crafts Center
- For ages 14 and over.
- \$26 (includes both parts)
- · Reservations required.
- (270) 798-6693

# **Kids Canvas Painting**

- 2 February, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- For ages 6 and over. Children age 12 and under must be accompanied by an adult.
- \$12
- Future Dates:
  - o 19 March, 4:30 p.m. to 6:30 p.m.
- Pre-registration required.
- (270) 798-6693

# **Teen Canvas Painting**

- 6 February, 5 p.m. to 7 p.m.
- Guenette Arts & Crafts Center
- For ages 11 and over. Children age 12 and under must be accompanied by an adult.
- \$12
- Pre-registration required.
- Future Date:
  - o 23 March, 10 a.m. to 12 p.m.
- (270) 798-6693

# **Wheel Throwing Club**

- 6 February, 5 p.m. to 7 p.m.
- 22 February, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- For ages 14 and over.
- \$4
- Future Dates:
  - o 6 March, 5 p.m. to 7 p.m.
  - o 22 March, 10 a.m. to 12 p.m.
- (270) 798-6693

# **Children's Story & Craft Time**

- 7, 14, 21 & 28 February
- 10:30 a.m. & 1:30 p.m. (every Thursday)
- Robert F. Sink Memorial Library
- Free event held every Thursday
- Open to preschool age children
- (270) 798-7466

# QuarterMania Bowling

- 7, 14, 21 & 28 February
- 4 p.m. to 10 p.m. (every Thursday)
- Hooper Bowling Center
- Pay \$5 cover charge per person (includes shoes) and each game will only cost \$.25.
- (270) 798-5887

### **Shrink It for Kids**

- 7 February, 5 p.m. to 6 p.m.
- Guenette Arts & Crafts Cener
- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- \$5
- (270) 798-6693

# Medicine Ball Squat & Throw Challenge

- 8 February, 11:30 a.m. to 1 p.m.
- Clarksville Base Physical Fitness Center
- Prizes for highest number of repetitions in 2 minutes.
- All participants will receive a t-shirt.
- (270) 412-5285

# **Kids Clay Workshop**

- 9 February, 10 a.m. to 11 a.m.
  - Wall Pocket
- 12 February, 4:30 p.m. to 5:30 p.m.
  - o Chip & Dip
- 21 February, 4:30 p.m. to 5:30 p.m.
  - o Fish
- Guenette Arts & Crafts Center
- Open to all ages. Children age 12 and under must be accompanied by an adult.
- \$11
- Future Dates:
  - o 16 March, 10 a.m. to 11 a.m.
    - Wind Chime
  - o 23 March, 10 a.m. to 11 a.m.
    - Chip & Dip
- (270) 798-6693

# Date Night at the Dive In

- 9 February, 6 p.m. to 8:30 p.m.
- Gardner Indoor Pool
- Enjoy a date night with your sweetie!
- Swimming and a movie.
- \$3 per DoD ID Card Holder
- \$5 per Guest
- Same time at Parents Night Out!
- Age 18+
- Future Dates
  - o 9 March

• (270) 798-6310

# **Parents Night Out**

- 9 February, 6 p.m. to 11 p.m.
- Gardner Hills CDC and SAC
- Child must be registered with CYS.
- \$25 or 5 respite hours.
- Cut off to sign up is the Wednesday prior.
- Call Parent Central Services to register.
- Future Dates
  - o 9 March
  - o 13 April
- (270) 798-0674

# **STEM Night at the Library**

- 12 February, 6 p.m. to 7 p.m.
- R. F. Sink Memorial Library
- Second Tuesday of each month.
- The entire Family is invited.
- (270) 798-5729

# **Stained Glass Sun Catchers**

- 13 February, 5 p.m. to 7:30 p.m.
- 15 February, 10 a.m. to 12:30 p.m.
- Guenette Arts & Crafts Center
- For ages 18 and over.
- \$22 plus cost of glass
- Registration required.
- Future Dates:
  - o 27 March, 5 p.m. to 7:30 p.m.
  - o 29 March, 10 a.m. to 12:30 p.m.
- (270) 798-6693

# Half Price for Two Hearts at the Auto Shop

- 14-17 Feb during normal hours of operation.
- North Auto Skills Center
- Couples working together will receive a half price bay fee for the time they are in the Shop.
- Regularly \$6 per hour will be \$3 per hour.
- (270) 798-5612

# **Step to the Heartbeat of the Eighties**

- 14 February, 10 a.m. to 11:30 a.m.
- Shaw Physical Fitness Center
- Eighties Valentine's Day themed Step Aerobics Class.
- Attendees are encouraged to dress in Eighties style and wear red for Valentine's Day.
- Prizes for best costume, most energetic and most motivating to others.
- FREE

- Open to ages 16 and over (age 13-15 accompanied by an adult).
- (270) 798-4664

# Corks & Canvas

- 14 February, 6 p.m. to 9 p.m.
- Warrior Zone
- Must be age 18+ to participate.
- Enjoy 2 beverages and light refreshments while you paint. (Must be age 21+ to enjoy adult beverages.)
- Painting instruction and assistance will be available.
- \$25 per person OR \$45 per couple
- Registration opens on 01 February.
- (270) 461-0603

# **Wacky Wibit Days**

- 15 & 16 February
  - 15 Feb 3 p.m. to 6 p.m.
  - 16 Feb 12 p.m. to 5 p.m.
- Gardner Indoor Pool
- The Wibit is in the pool and available at no extra charge.
- Pool entry fee is:
  - \$3 per DoD ID Card Holder
  - o \$5 per Guest
- Future Dates:
  - o 15 & 16 March
    - 15 Mar 3 p.m. to 6 p.m.
    - 16 Mar 12 p.m. to 5 p.m.
  - o 12 & 13 April
    - 12 Apr 3 p.m. to 6 p.m.
    - 13 Apr 12 p.m. to 5 p.m.
- (270) 798-6310

## **Double the Trouble**

# Two Person Interval Challenge

- 20 February, 11:30 a.m. to 1 p.m.
- Fratellenico Physical Fitness Center
- Free
- (270) 798-9418

# Wheel Throwing Class

- 20 Feb, 5 p.m. to 7 p.m. (part 1 of 2)
- 27 Feb, 5 p.m. to 7 p.m. (part 2 of 2)
- Guenette Arts & Crafts Center
- For ages 14 and over.
- \$26 (includes both parts)
- Reservations required.
- (270) 798-6693

# **Clay Fairy House**

• 23 February, 10 a.m. to 12 p.m.

- Guenette Arts & Crafts Center
- For ages 8 and over.
- Children age 12 and under must be accompanied by an adult.
- \$11
- Future Dates:
  - o 9 March, 10 a.m. to 12 p.m.
- (270) 798-6693

# **DIY Framing Class**

- 23 February, 12:30 p.m. to 3 p.m.
- Guenette Arts & Crafts Center
- For ages 18 and over.
- \$10 plus materials.
- Bring an item to frame. Please no coins, flags, guidons or canvases.
- Reservations required.
- Future Dates:
  - o 16 March, 12:30 p.m. to 3 p.m.
- (270) 798-6693

# Clay Chameleon

- 2 March, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- Open to ages 8 and over. Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

# **Adult Canvas Painting**

- 2 March, 1 p.m. to 3 p.m.
- Guenette Arts & Crafts Center
- For ages 16 and over.
- \$25
- Pre-registration required.
- (270) 798-6693

# BN Post Championship Flag Football Tournament

- Registration Deadline: 04 March
- Play Beings: 11 March
- Commander's Cup Event
- Games will be played at Perez Field.
- Register at the Sports Office, located at Fryar Stadium.
- (270) 798-3094

### Shrink It Charm Bracelet

- 5 March, 4:30 p.m. to 5:30 p.m.
- Guenette Arts & Crafts Center
- Open to all ages. Children age 12 and under must be accompanied by an adult.
- **\$10**
- (270) 798-6693

# **Galaxy Painting on Canvas**

- 7 March, 4:30 p.m. to 6:30 p.m.
- Guenette Arts & Crafts Center
- Open to ages 8 and over. Children age 12 and under must be accompanied by an adult.
- \$12
- (270) 798-6693

# Wheel Throwing Class

- 8 Mar, 10 a.m. to 12 p.m. (part 1 of 2)
- 15 Mar, 10 a.m. to 12 p.m. (part 2 of 2)
- Guenette Arts & Crafts Center
- For ages 14 and over.
- \$26 (includes both parts)
- Reservations required.
- (270) 798-6693

# **Wheel Throwing Class**

- 13 March, 5 p.m. to 7 p.m. (part 1 of 2)
- 20 March, 5 p.m. to 7 p.m. (part 2 of 2)
- Guenette Arts & Crafts Center
- For ages 14 and over.
- \$26 (includes both parts)
- Reservations required.
- (270) 798-6693

# **Company Soccer Season**

- Registration Deadline: 18 March
- Play Begins: 25 March
- Commander's Cup Event
- Games will be played at Fryar Stadium.
- Register at the Sports Office, located at Fryar Stadium.
- (270) 798-3094

# **Reverse Sprint Triathlon**

- 30 March, starting at 7 a.m.
- Gardner Indoor Pool
- Swim Bike and Run
- Age 13+
- \$25 per person
- Teams of two or three are welcome to divide the three events (\$25 per person participating)
- 270-798-6310

# **MWR Abandoned Vehicle Open Bid Auction**

- 6 April
  - o 8 a.m. Registration
  - o 9 a.m. Auction Begins
- Air Assault Auto
- Vehicles and equipment will be sold to the highest bidder.

- Must be age 12 and over to attend.
- Must be age 18 and over to bid.
- Auction will take place rain or shine.
- (270) 956-1101

# Company Softball Season

- Registration Deadline: 08 April
- Play Beings: 15 April
- Commander's Cup Event
- Games will be played at the North Sports Complex.
- Register at the Sports Office, located at Fryar Stadium.
- (270) 798-3094

# **Army 10 Miler Qualifier**

- 11 May at 7:30 a.m.
- Wohali Pavilion
- Open to Active Duty Individuals.
- Register at the Sports Office.
- (270) 956-1006

# **BN Post Championship Softball Tournament**

- Registration Deadline: 08 July
- Play Beings: 15 July
- Commander's Cup Event
- Games will be played at the North Sports Complex.
- Register at the Sports Office, located at Fryar Stadium.
- (270) 798-3094

\*Sponsorship does not imply Army endorsement. See AR 215-1, para. 11-8d.