## Warrior Rig Rampage



Estep Physical Fitness Center

2270 Kentucky Avenue

## Saturday, March 2, 2019 9:00a - 12:00p

Open to DoD ID Card Holders.

Teams of two (2) compete in indoor/outdoor obstacle course. The Alpha Warrior Obstacle Course, tire flips, shuttle runs, battle ropes, wall balls, deadlifts, physical fitness challenges, and functional fitness obstacles to test mental endurance, brute strength and physical agility.



Prizes for first, second and third, for both Men and Women. Each participant will receive a t-shirt.





For More Information 270.798.4023/4664