Jaira Sanchez

Hello! My name is Jaira Sanchez. I've been a ZIN[™] Member since May 2011 and I absolutely love teaching Zumba classes. The reason is simple: every class feels like a party! I am currently licensed to teach Zumba, Zumba[®] Toning, Aqua Zumba[®], Zumba Sentao[®], Zumba Gold[®], Zumba[®] Kids & Kids Jr., and Zumba[®] Step.

I have a huge passion for fitness and I absolutely love the energy of every class. People return to our classes because the energy is endless. I am all over every class, I'm a part of the class, I'm taking the class with you! Teaching Zumba is not just showing you how to move, it's being a part of the class and giving variations for all different fitness levels.

All skill levels, all dance levels, and all training intensity levels are welcome to our Zumba classes. We love beginners because it's an introduction to fitness like you've never seen before. If you are skeptical about trying Zumba all I will say is, just one song and you'll get hooked, I promise!

Come join me, I guarantee you will have a blast!