

DEFEAT THE REVERSE PLANK CHALLENGE

Fratellenico Physical Fitness Center, 3932 Indiana Avenue

Monday, April 15, 2019

11:30a - 1:00p

FREE

DoD ID Card Holders age 16 and up

Participants will hold the reverse plank position for as long as possible.

All participants will receive a T-Shirt.



For more information **270.798.9418**

*Government Endorsement Not Implied.

*Sponsored By:

