

WARRIOR RIG RAMPAGE

Estep Physical Fitness Center, 2270 Kentucky Avenue

Friday, April 12, 2019

11:30a - 1:00p

FREE

DoD ID Card Holders age 16 and up

Registration begins March 12, 2019 at Estep PFC

Participants will compete as individuals. Indoor/outdoor obstacle course that will include Alpha Warrior Rig, tire flips, shuttle runs, tire squats, cargo net, rowing, ski-erg, physical fitness challenges, and functional fitness obstacles to test mental endurance, brute strength and physical agility.

All participants will receive a t-shirt.



For more information 270.798.4664

**Government Endorsement Not Implied.*

***Sponsored By:**

