

# R.E.A.L. FRG Training

Readiness Essentials for Army Leaders



## April - June 2019

### Key Contact Training\*

Teaches the skills needed to keep all Family Members informed of facts throughout each phase of the deployment cycle.

APR 1 <sup>st</sup>	0900am-1030am
APR 15 <sup>th</sup>	1800pm-1930pm
MAY 13 <sup>th</sup>	0900am-1030am
MAY 30 <sup>th</sup>	1800pm-1930pm
JUN 10 <sup>th</sup>	0900am-1030am
JUN 20 <sup>th</sup>	1800pm-1930pm

### FRG Foundation\*

Course on Family Readiness and how the Army FRG can assist commanders in meeting their mission of executing a unit

APR 1 <sup>st</sup>	1030am-1130am
APR 15 <sup>th</sup>	1930pm-2030pm
MAY 13 <sup>th</sup>	1030am-1130am
MAY 30 <sup>th</sup>	1930pm-2030pm
JUN 10 <sup>th</sup>	1030am-1130am
JUN 20 <sup>th</sup>	1930pm-2030pm

### Informal Fund Custodian Training\*

Instructs how to keep track of FRG funds, how to use them, and the rules of fundraising.

APR 16 <sup>th</sup>	0900am-1100am
APR 29 <sup>th</sup>	1800pm-2000pm
MAY 6 <sup>th</sup>	0900am-1100am
MAY 22 <sup>ND</sup>	1800pm-2000pm
JUN 3 <sup>rd</sup>	0900am-1100am
JUN 25 <sup>th</sup>	1800pm-2000pm

### FRG Leader Training\*

Course covers rules & regulations, methods of communication, management of volunteers, and how to guide unit Families through an

APR 17 <sup>th</sup>	0900am-1430pm
MAY 7 <sup>th</sup>	0900am-1430pm
JUN 18 <sup>th</sup>	0900am-1430pm

### Command Team Training\*

Delineates the roles and responsibilities of the command team regarding how to leverage the FRG to execute the Family Readiness

APR 12 <sup>th</sup>	0900am-1100am
MAY 20 <sup>th</sup>	0900am-1100am
JUN 28 <sup>th</sup>	0900am-1100am

### FRL Training\*

Course designed to assist with the operational, logistical and administrative aspects of the FRG for the commander's direct representative to the FRG.

APR 9 <sup>th</sup>	0900am-1530pm
MAY 14 <sup>th</sup>	0900am-1530pm
JUN 11 <sup>th</sup>	0900am-1530pm

Family Readiness Group (FRG) Training registration is required.  
**\*Foundation Course is a pre-requisite for each course.**  
Family Resource Center (FRC)  
1501 William C. Lee Road  
Contact 270-798-3849/2158, 270-412-3195, or 270-956-2935

