



American Red Cross



Swim Evaluation or Achievement Card required PRIOR to enrollment
We do NOT accept sign ups over the phone.

Please call if you have any questions
270-798-6310 Cost \$70.00

Level A: Parent and Child (6 mon.-3 yrs) *Adult Participation Required*

A program for parents and their children where the parents are taught correct water acclimating techniques and general water safety for their children.

Pre School I: This class is designed to orient young preschoolers to the aquatic environment and to help them gain basic aquatic skills. In addition, participants start learning about how to be safe around water.

Pre School II: Participants begin to perform skills at a slightly more advanced level and begin gaining rudimentary propulsive skills on both the front and the back. This level marks the beginning of independent aquatic locomotion skills.

Pre School III: Participants are able to perform basic aquatic skills with greater proficiency, for longer distances and times. In addition, previously acquired water safety knowledge and skills are reinforced and expanded.

Level I Introduction to Water Skills: This class is designed to orient participants to the aquatic environment and to help them gain basic aquatic skills. In addition, participants start learning about how to be safe around water.

Level II Fundamental Aquatic Skills: Participants begin to perform skills at a slightly more advanced level and begin gaining rudimentary propulsive skills on both the front and the back. This level marks the beginning of independent aquatic locomotion skills.

Level III Stroke Development: Participants learn to swim the front crawl and elementary backstroke at rudimentary proficiency levels, and are introduced to the scissor and dolphin kicks. In addition, the survival float, treading water, and the rules of headfirst entry are taught.

Adult Learn to Swim Course: Participants learn basic swimming strokes and skills needed to stay safe, and help keep others safe in and around water. In addition, they will gain proficiency in basic aquatics skills and the six swimming strokes. Finally, individuals will learn to refine strokes and turns to build endurance.

Sign ups begin at 8am 27 May 2019

June 3-14 (Monday-Thursday)

0900-0945	Level 1	Level 2	Level 3
1000-1045	Level 1	Level 2	Level 4
1100-1130	PS 1	PS 2	PS 3

Sign ups begin at 8am 27 May 2019

June 3-28 (Monday and Wednesday)

530pm-615pm	Level 1
630pm-715pm	Adult

Sign ups begin at 8am 10 June 2019

June 17-28 (Monday-Thursday)

0900-0945	Level 1	Level 2	Level 3
1000-1045	Level 1	Level 2	PS 1
1100-1130	PS 1	PS 2	PS 3
Level A			

Sign ups begin at 8am 1 July 2019

July 8-19 (Monday-Thursday)

0900-0945	Level 1	Level 2	Level 3
1000-1045	Level 1	Level 2	PS 2
1100-1130	PS 1	PS 2	PS 3

Sign ups begin at 8am 1 July 2019

July 8-Aug 2 (Monday and Wednesday)

530pm-615pm	Level 2
630pm-715pm	Level 3

Sign ups begin at 8am 22 July 2019

July 22-Aug 2 (Monday-Thursday)

0900-0945	Level 1	Level 2	Level 3
1000-1045	Level 1	Level 2	PS 3
1100-1130	PS 1	PS 2	PS 3
Level A			

