



FRATELLENICO
PHYSICAL FITNESS CENTER
3932 Indiana Avenue



BODY WEIGHT CHALLENGE

Friday, August 9, 2019 | 11:30a-1p

Open to all DoD ID Card holders ages 16 and up
Participants will compete to do as many repetitions in 30 seconds for each body weight exercise specified. Individuals use their own weight to provide resistance.

All participants will receive a t-shirt.

FREE

For more information **270.798.9418**

*Government Endorsement Not Implied

