



## SABO PHYSICAL FITNESS CENTER 7037 TOCCOA ROAD



## FREE

## DIP STATION CHALLENGE

FRIDAY, SEPTEMBER 13, 2019 11:30a-1p

Open to all DoD ID Card holders ages 16 and up

- •Male and female categories divided by weight class
- Complete as many reps possible in 2 minutes
- Free t-shirt for participants

Information: 270.798.7355

\*Government Endorsement Not Implied