



**GERTSCH PHYSICAL FITNESS CENTER  
3610 INDIANA AVENUE**

---



**FREE**

# **DUMBBELL REP CHALLENGE**

**FRIDAY, SEPTEMBER 20, 2019 • 11:30a-1p**

**Open to all DoD ID Card holders ages 16 and up**

- **10 minutes to complete 100 reps**
- **Free t-shirt for participants**

**Information: 270.798.2753**

\*Government Endorsement Not Implied

