





FRATELLENICO PHYSICAL FITNESS CENTER 3932 Indiana Avenue



FREE

BEAT BREAST CANCER FITNESS CHALLENGE

Friday, October 18, 2019 | 11:30a-1p
Open to all DoD ID Card holders ages 16 and up

- •1 minute to do as many reps for each designated exercise
- Male and female categories
- •Prizes for 1st and 2nd place, both male and female
- •All are encouraged to wear pink
- Free t-shirt for participants

Information: 270.798.9418

*Government Endorsement Not Implied