PICK YOUR POISON

ESTEP PHYSICAL FITNESS CENTER, 2270 Kentucky Avenue

FREE

Friday, October 4, 2019 | 11:30a-1p

Open to all DoD ID Card holders ages 16 and up

- Compete as individuals or groups of 3
- Participants complete a set of exercises chosen at random
- •Free t-shirt for participants



Information: 270.798.4664

*Government Endorsement Not Implied



