

# R.E.A.L. SFRG Training

Readiness Essentials for Army Leaders



## OCTOBER 2019

### SFRG Foundation Training\*

Course on Family Readiness and how the Army SFRG can assist commanders in meeting their mission of executing a unit Family Readiness Program.

OCT 9<sup>th</sup> 9:00am-10:00am  
OCT 22<sup>nd</sup> 6:00pm - 7:00pm  
OCT 30<sup>th</sup> 9:00am-10:00am

### Key Contact Training\*

Teaches the skills needed to keep all Family Members informed of facts throughout each phase of the deployment cycle.

OCT 9<sup>th</sup> 10:00am-11:30am  
OCT 22<sup>nd</sup> 7:00pm - 8:30pm

### Informal Fund Custodian

**Training\*** Instructs how to keep track of SFRG funds, how to use them, and the rules of fundraising.

OCT 15<sup>th</sup> 9:00am-11:00am  
OCT 28<sup>th</sup> 6:00pm - 8:00pm

### SFRG Leader Training\*

Course covers rules & regulations, methods of communication, management of volunteers, and how to guide unit Families through an SFRG.

OCT 16<sup>th</sup> 9:00am-2:30pm

### Command Team Training\*

Delineates the roles and responsibilities of the command team regarding how to leverage the SFRG to execute the Family Readiness Program.

OCT 21<sup>st</sup> 9:00am-11:00am

### SFRL Training\*

Course designed to assist with the operational, logistical and administrative aspects of the SFRG for the commander's direct representative to the SFRG.

OCT 8<sup>th</sup> 9:00am-3:30pm

Soldier and Family Readiness Group (SFRG) Training registration is required.

**\*Foundation Course is a pre-requisite for each course.**  
Family Resource Center (FRC)  
1501 William C. Lee Road  
Contact 270-798-3849/412-3195

