Please Note: The information contained in this handout is intended:

"FOR INFORMATION PURPOSES ONLY".

Any reference to private organizations and/or their respective activities does not imply endorsement by the United States Government, Department of the Army, or Fort Campbell, Kentucky.

Information is also available for download from the MWR Website (Facilities & Programs) @ www.campbell.armymwr.com

INFORMATION EXCHANGE

02 October 2019 - "Talking Points"

DES, Major Events Cpt Duffy Sauers 270-956-3360 <u>duffy.l.sauers.civ@mail.mil</u>

Operation Friendly Ghost & Halloween Safety: 31 October 2019 (1800-2000)

- MP's & BOSS Soldier volunteers will saturate Fort Campbell Community Neighborhoods to provide increase safety and protection.
- BOSS Soldiers will man fixed points throughout all neighborhoods.
- MP's will provide traffic control points & mobile patrols.
- Volunteers will assist throughout Fort Campbell

HALLOWEN SAFETY

- 1. Instruct your older children to **TAKE FRIENDS** when "Trick or Treating."
- 2. YOU or a TRUSTED ADULT shold accompany your children during "Trick or Treating."
- 3. Teach your children to <u>STAY ALERT</u> & to report anything unusual to the MP or BOSS representatives.
- 4. Wear **REFLECTIVE** clothing and carry a flashlight.
- 5. Teach your children to **NEVER** approach a vehicle, unless they are accompanied by you.

DES, Fire Prevention Ms. Wendy Leo 270-412-3599 wendy.l.leo.civ@mail.mil

Halloween Fire Safety:

- AVOID oversized or long trailing fabric when picking a costume. Ensure eye holes are large enough to see out.
 - Dried flowers, cornstalks and crepe paper are <u>highly flammable</u>.
- It is **safest** to use a flashlight or battery operated candle in a jack-o-latern. If using real candles, keep pumpkins far away from anything that can burn.
 - Remember to keep exits clear of decorations.
 - Tell children to stay away from open flames.

FIRE PREVENTION WEEK: (05-12 October 2019)



2019 Theme:
"Not Every Hero Wears a Cape.
Plan & Practice Your Escape!"

- ➤ Ensure there are working smoke alarms on every level of the home, and in every bedroom and sleeping area.
- There should be two ways out of every room.
- Practice escape plan, at a minimum, twice a year with all family members.

Army Substance Abuse

(Red Ribbon Week 23-31 October 2019)

Staci Scarcello



The National Family Partnership organized the first Nationwide Red Ribbon Campaign. NFP provides drug awareness by sponsoring the annual **National Red Ribbon Campaign**TM. Since its beginning in 1985, the Red Ribbon has touched the lives of millions of people around the world. In response to the murder of DEA Agent Enrique Camarena, angered parents and youth in communities across the country began wearing Red Ribbons as a symbol of their commitment to raise awareness of the killing and destruction cause by drugs in America.

- DoDEA Schools Support by assisting with planned school activities & item giveaways.
- Child & Youth Services (CYS) home schooled children will be supported with Red Ribbon item giveaways.
- Community Information Table located at the Post Exchange, (21-25 Oct), will have item giveaways and Drug Prevention information.

Visit us at: www.redribbon.org

"If it's broke, we'll fix it"

Directorate of Public Works (DPW)

Pat Appelman, Director

DPW Priorities in support of the Senior Commander (SC):

> Railroad Trestle Bridge Replacement

\$6.5M funded by HQ IMCOM in 1st Qtr FY19
Replace failing 1940's vintage wood bridge on main artery leaving post
Bridge will be out of commission May-Nov 2019

Home Station Mission Command Center

\$2.8M funded by HQ IMCOM in FY18 Construction Underway – Complete December 2019

Restore Olive Gym

\$1.5M funded locally

Construction Completed – January 2019

Repurpose 2577 for G8, SJA, Trial Defense, CPAC

Construction underway - Complete 02 December 2019

Gander Memorial Relocation

Complete - November 2019

Preventative Maintenance (PM)

Establish Comprehensive PM Program for first time since 2005 Currently performing about 60% of what is needed Fully operational by October 2019

Elimination of WWII Wood & Relocatables

HOUSING: WHAT YOU NEED TO KNOW.

- 1. All Family Housing on Fort Campbell has been privatized since 2003
 - 4,457 total quarters
 - 1,234 new quarters built since then
 - 1,013 quarters renovated
 - 2,210 have had NO major improvements since 2003
- 2. Campbell Crossings/Lend Lease is our partner
 - FOR REPAIR REQUEST dial: (931) 431-3966
 - FOR AFTER HOUR EMERGENCIES dial: (931) 431-6029
- 3. Campbell Crossings/Lend Lease 5 Year Plan (FY 19-23)
 - Construct 50 New Homes
 - Major renovation of 222 homes in New Hammond & Taylor West
 - Minor renovation of 230 homes in Stryker
 - Deck & stair upgrades to 250 homes in LaPointe & Taylor East
- 4. Directorate of Public Works (DPW) oversees Campbell Crossings as well as the barracks
 - DPW Housing Complaint Hotline: (270) 956-4728

DPTMS, Major Events Deanna Cote 270-798-7680 <u>deanna.l.cote.civ@mail.mil</u>

05 Oct: Volksmarch 5K & Oktoberfest

07-10 Oct: CCSD Fall Break

09 Oct: 1800 - Facebook Community Town Hall

11 Oct: DONSA

14 Oct: Columbus Day

14-18 Oct: CMCSS Fall Break 16 Oct: 160th SOAR Anniversary

17 Oct: Fort Campbell Career Summit at PPC

19-20 Oct: Spartan Race

31 Oct: Halloween Trick or Treating 03 Nov: Daylight Saving Time Ends

05 Nov: 1000 - 2-32 FAR Change of Command Ceremony 06 Nov: 1000 - 2-327 IN BN Change of Command Ceremony

08 Nov: DONSA

09 Nov: Women Rock the Forts Tour featuring Maddie & Tae

11 Nov: Veterans Day





Sign up here: https://tinyurl.com/y68bldrf

Fort Campbell Career Center Duane E. Soumis 270-798-6410 duane.e.soumis.civ@mail.mil

Career Summit/HIRING OUR HEROES (U.S. Chamber of Commerce Foundation)

Date: 17 October 2019 Time: 08:30am-4:00pm Location: 7162 Hedge Row Road, Fort Campbell, KY 42223

Event Registration @ <u>hiringourheroes.org/events</u>

Need a resume? Visit: <u>resumeengine.org</u> – or – <u>mycareerspark.com</u>

<u>HIRING OUR HEROES – Agenda</u>

- 08:30: Remarks by MG Winski, GEN(R) Petraeus, CSM(R) Hill & Others
- 09:00: Employment Workshop
- 09:45: Industry Panel Discussion
- 10:15: Career Skills Program Panel Discussion
- 10:50 LinkedIn Workshop
- 12:00: Lunch-n-Learn Career Planning; Digital Tools; & Resources Workshop
- 13:00: Mock Interviews, Resume Reviews, LinkedIn Profile Coaching & Photos
- 13:00 Photo Opportunity with DVs; Career Fair

Garrison Chaplain's Office

CH (LTC) Cody Vest

270-412-1528

cody.j.vest.mil@mail.mil

- Religious events have priority.
- No parties.
- Child care is the unit's responsibility.
- Recommend use Nanny Can 850-960-1016
- Volunteer child watch must be background checked
- Operation Helping Hand & Thanksgiving Baskets

Access Chaplain's food closet through your unit chaplain.

Start identifying families who could use support through our Holiday Basket program.

(Money collected in offerings on 20 OCT will go toward the purchase of these baskets)

USO Fort Campbell/Nashville

Kari Moore

270-697-4392



Welcome to Eva Nicol, the new Center Operations and Programs Manager for USO Fort Campbell and USO Nashville!

Eva will be the one planning and delivering USO programming throughout this region! If you have questions, please email her at Enicol@USO.org.



Welcome to Lindsey Geraci, the new Pathfinder Site Manager! Lindsey will manage the Pathfinder team and program, and her first day with the USO is 17 OCT.

Pathfinder supports military spouses at all points in a military career, and the service members 12 months before transitioning out to 12 months after.

If you have questions about Employment, Education, Housing, VA Benefits, Financial Readiness, Legal Issues, Family Strengthening and Wellness, or Volunteerism, go see the Pathfinder team at 5668 Wickham in the Fort Campbell Career Campus!

Fort Campbell Spouses' Club

Brigette Burr (PAO)

fcscpublicaffairsofficer@gmail.com





DATE: <u>OCTOBER 18, 2019</u> THE JAMES E. BRUCE CENTER

Tickets on Sale Now! https://www.fortcampbellspousesclub.org/mock-dining-in

For more information and questions, please email fcscmockdiningin@gmail.com or visit our event Facebook page.

Military Spouse Professional Network (MSPN) Carolin Carson & Brittany Merchant - Network Lds

UPCOMING EVENTS:

Date: October 5th@5:30pm

Event: "MilSpouse Entrepreneurship"

Location: Ravenwood Coffee Clarksville, TN

Date: October 24th @5:30pm **Event:** "Strategic Volunteering" **Location:** Starbucks Hopkinsville, KY

WHO: Military Spouse Professionals - Spouses of Active Duty, Guard/Reserve, Gold Star, and

Veterans, Separated

WHAT: Live networks – provide soft landing spot after military moves and facilitate professional

development, peer-to-peer support, and networking

WHEN: Monthly network meetings

WHERE: 20 States + Washington D.C. + 8 Countries outside the U.S.

CONTACT: ftcampbell@hiringourheroes.org

https://www.hiringourheroes.org/military-spouse-professional-network/

https://www.facebook.com/groups/MSPNFtCampbell/about/

https://www.linkedin.com/groups/12171261/

Fort Campbell Schools Youlanda Washington 270-439-1927 youlanda.washington@dodea.edu

Fort Campbell Schools Updates:

 #BeThere Walk – FCHS hosted a school-wide suicide prevention walk during school hours on 9/26; the purpose was to reiterate that we are a Falcon family and to be there to support one another as we journey through the school year; no one walks alone, no one is alone, seek and help one another.

The FCHS JROTC program has received its official letter honoring it as a HUD (Honor Unit of **Distinction**); this is the 19th year in a row that FCHS JROTC has earned this honor, exhibiting high standards of performance in all program areas.

New School Board Members

Bobbie Haynes (President) - Lucas Elementary School Angelaina "Angel" Thom (Vice-President) – Mahaffey Middle School Patricia "Trish" Hennig – Marshall Elementary School Candice "Chris" Wortham - Ft. Campbell High School Jana Berry - Barsanti Elementary School Kelli Kuderka - Barkley Elementary School

Calendar of Events

1	No Students - Brok Only
7	Q2 Mid-Term Mark
8	NO SCHOOL - Teacher Training
11	NO SCHOOL - Veterans Day
12	PreK Trimester Reports Issued
25-29	NO SCHOOL - Thanksgiving Break

NOVEMBER 2019										
S	М	T	W	狆	F	S				
		1	2							
3	4	5	6	7	Dia.	9				
10	11	12	13	14	15	16				
17	18	19	20	21	22	23				
24	25	26	27	28	29	30				

DECEMBER 2019									
S	M	T	W	Jb.	F	S			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	31							

End of Quarter 2 – 46 Days NO SCHOOL - Teacher Work Day 23-31 NO SCHOOL - Winter Break

Christian County (MAC)

Lindsey Geraci 270-885-9096 geraci@christiancountychamber.com

2.0

CC Military Affairs Committee

Dir, of Military Affairs









Montgomery County Government

Michelle Newell (PIO) 931-217-3332

manewell@mcgtn.net

WHAT'S HAPPENING?

Clarksville Designated Best City to Live in the USA by Money Magazine





This Is the Best Place to Live in America Right Now

Montgomery County Commission Meetings October/November

Oct. 7 – Informal Commission Meeting

Oct. 14 – Formal Commission Meeting

➤ Nov. 4 – Informal Commission Meeting

Nov. 11 – Formal Commission Meeting

Last Two Downtown @ Sundown Concerts of 2019

Dates: October 04th & 11th 2019 **Location:** Civitan Park Opening

The long-awaited 25-acre expansion at Civitan Park opened last month with an ADA compliant playground, more ballfields, one designated for Buddy Ball, and a 1.1 mile walking trail.

www.CityofClarksville.com/ParksRec

#ClarksvilleParksRec









FLOATING PUMPKIN PATCH Saturday, October 19, 2-5:30pm New Providence Pool, \$5 per person, \$8 per person with pumpkin (While supplies last) HAUNTED SWIM Saturday, October 19, 7-10:30pm New Providence Pool, \$5 per person, \$8 per person with pumpkin (While supplies last) New Providence Pool 168 Cunningham Lane Clarksville, TN 37040 | 931.472.3380

NOW HIRING LIFEGUARDS!

Visit ClarksvilleParksRec.com for more information



MWR Melissa Schaffner 270-798-7535 melissa.a.schaffner.naf@mail.mil

FREE FAMILY EVENT! DATE: SATURDAY, 5 OCTOBER 2019 **TIME: 4:00PM**

LOCATION: EAGLES REST PAVILION (outside Gate #10)

Volksmarch followed by music, German food and beverages, dancing, hayrides, s'mores and FUN!





HALLOWEEN CANDY CLIMB

Date: Thursday, 24 October 2019 Time: 4:30pm-8pm

Cost: \$10 per person

Location: Indoor Climbing Wall outside Gate 10

Laser Tag Wear Your Costume!





CYS Parent's Night Out - Bring the CHILDREN in pajamas!

Date: Saturday, 19 October, Time: 6pm-11pm Date: Saturday, 9 November, Time: 6pm-11p

Save the Date: Superhero 5k and Fun Run Saturday, 2 November 2019



Join us for a concert for... Month of the Military Family

Date: Saturday, 9 November 2019 Doors open 6pm, show begins at 7pm



Location: COLE PARK COMMONS

Tickets are limited so buy EARLY! \$20 per person – call Leisure Travel to purchase via phone 270-798-7346 (**we offer will call at Leisure Travel or at the venue on concert day!**) Or buy in person at Cole Park Commons, Leisure Travel or Gear to Go Watch for opportunities to win MEET and GREET with **MADDIE AND TAE!** (CYS Parent Night Out also offered on this date)

NFL Monday Night Watch n' Bowl

- Every Monday, 6 p.m. to 9 p.m.
- Hooper Bowling Center, Cosmic Room
- Watch football games on the big screens while cosmic bowling.
- \$1 games and \$1.75 shoes
- Food Specials including meal deals, jalapeno poppers, wings, Nashville hot chicken bites, pizza and all the other game day favorites!
- (270) 798-5887

NFL Sunday Ticket at Warrior Zone

- Showing NFL games on Mondays, Thursdays and Sundays.
- Showing College Football all day on Saturdays.
- Free admission.
- Warrior Zone has a full food and beverage menu available for your purchases.
- Must be age 18+ to enter Warrior Zone.
- Must be age 21+ to purchase and consume alcohol.
- (270) 461-0603

Rock Climbing Fitness Challenge

- 3 October, 11:30 a.m. to 12:30 p.m.
- Shaw Physical Fitness Center
- Each participant will be timed to see who can climb to the top of the wall the fastest.
- Open to Soldiers, Civilians and Family members.
- Free
- Sponsored by Steere's Nutrition.*
- (270) 461-2294

Children's Story Time & Craft

- 3, 10, 17, 24 and 31 October
- 10:30 a.m. & 1:30 p.m. (every Thursday)
- At Robert F. Sink Memorial Library
- Free event held every Thursday
- Open to preschool age children
- (270) 798-7466

QuarterMania Bowling

- 3, 10, 17, 24 and 31 October
- 4 p.m. to 9 p.m. (every Thursday)
- Hooper Bowling Center
- Pay \$5 cover charge per person (includes shoes) and each game will only cost \$.25.
- (270) 798-5887

Karaoke Night at Warrior Zone

- 3, 10, 17, 24 and 31 October
- 7 p.m. to 10 p.m. (every Thursday)
- At the Warrior Zone
- Free
- Must be 18+ to enter Warrior Zone.
- Must be 21+ to purchase and consume alcohol.
- (270) 461-0603

Pick Your Poison Fitness Challege

- 4 October, 11:30 a.m. to 1 p.m.
- Estep Physical Fitness Center
- Draw your exercises from a cauldron.
- Compete as an individual or in teams of three.
- (270) 798-4664

Payday Golf Scramble

- 4 October, 1 p.m.
- Cole Park Golf Course
- Teams are made up of 4 people (any mix of players). If you don't have a team, the staff at Cold Park Golf Course will be happy to assist with placing you on a team.
- Cole Park Golf Course is open to the public and anyone can play in the Payday Scrambles.
- \$20 member or \$30 non-member (includes green fees and carts)
- Future dates:
- 1 November
- (270) 798-4906

Karaoke at Tilt N' Tap

- 4, 11, 18 and 25 October
- Starting at 7 p.m.
- Tilt N' Tap Lounge
- At Hooper Bowling Center
- Every Friday
- Must be 21 and over.
- (270) 798-5887

Kids Clay Workshop - Mask

- 5 October, 10 a.m. to 11 a.m.
- Guenette Arts & Crafts Center
- Open to all ages. Age 12 and under must be accompanied by an adult.
- \$12
- (270) 798-6693

DIY Framing Class

- 5 October at 12:30 p.m.
- Guenette Arts & Crafts Center
- For age 18 and over.
- \$10 plus materials.
- Bring an item to frame. Please no coins, flags, guidons or canvases.
- Call or walk in to register.
- Registration required.
- (270) 798-6693

Oktoberfest with Volksmarch

- 5 October, 4 p.m. to 9 p.m.
- Eagles Rest Pavilion
- at Destiny Parks & Pavilions
- Volksmarch, Concert, Hayrides, Games and Activities, a Costume Contest and more!
- Family friendly.

- Free
- Food and beverages available for purchase.
- Sponsored by USAA and Smile Doctors.*
- www.campbell.armymwr.com

Karaoke and Wild Wing Wednesday

- 9, 16, 23 and 30 October, 5 p.m. to 11 p.m.
- Warrior Zone
- Must be age 18+ to enter.
- Must be age 21+ to purchase and consume alcohol.
- Featuring .50 cent wings!
- Warrior Zone is a high energy entertainment facility with a full food and beverage menu available for your purchases.
- (270) 461-0603

Wheel Throwing Class (2 part)

- 9 October, 5 p.m. to 7 p.m. (part 1)
- 16 October, 5 p.m. to 7 p.m. (part 2)
- Guenette Arts & Crafts Center
- For age 14 and over.
- \$36 (includes parts 1 and 2)
- Call or walk in to register.
- Registration required.
- (270) 798-6693

"Beat Breast Cancer" Fitness Challenge.

- Fratellenico Physical Fitness Center
- 18 October, 11:30 a.m. to 1 p.m
- Six exercises. Participants will have one minute to complete as many reps as they can for each
 exercise.
- Free
- (270) 798-9418

Spartan Super and Sprint Weekend

- 19 & 20 October
- Super offers 8 miles of rugges terrain and 25 obstacles.
- Sprint offers 3 miles and 20 obstacles.
- Kids Race offers two distances including obstacles just like the grown up versions.
- www.USAA.com/Spartan
- www.campbell.armymwr.com

Abandoned Vehicles and Auto Equipment Open Bid Auction

- 19 October
 - o 8 a.m. Registration
 - o 9 a.m. Auction begins
- Air Assault Auto
- No one under the age of 12 may attend.
- No babies, toddlers, strollers, carriers or pets.
- Any announcements made the day of the auction will supersede any previously marketed information.
- Auction will take place rain or shine.

www.campbell.armymwr.com

Kids Clay Workshop - Wind Chime

- 19 October, 10 a.m. to 11 a.m.
- Guenette Arts & Crafts Center
- Open to all ages. Age 12 and under must be accompanied by an adult.
- \$12
- (270) 798-6693

MWR Equipment Open Bid Auction

- 19 October
 - o 12 p.m. Registration
 - 1 p.m. Auction begins
- NAF Property Warehouse
- No one under the age of 12 may attend.
- No babies, toddlers, strollers, carriers or pets.
- Any announcements made the day of the auction will supersede any previously marketed information.
- · Auction will take place rain or shine.
- www.campbell.armymwr.com

Parents' Night Out

- 19 October, 6 p.m. to 11 p.m.
- Infants thru Preschool at Gardner Hills CDC.
- Kindergarten thru 5th at Gardner Hills SAC.
- Child must be CYS registered.
- \$25 or 5 respite hours.
- Sign-up no later than Wed, 7 August.
- Future dates:
 - o 9 November
 - Parents' Day Out 14 December (different hours and cost)
- (270) 798-0674

Stepping Stone Creations

- 23 October, 5 p.m. to 7:30 p.m.
- Guenette Arts & Crafts Center
- For age 16 and over.
- \$27
- Call or walk in to register.
- Registration required.
- (270) 798-6693

Halloween Candy Climb

- 24 October, 4:40 p.m. to 8 p.m.
- Indoor Climbing Wall
- Must be age 3 and over to climb.
- Closed toe shoes are required.
- Dress in your Halloween costume, enjoy some climbing and grab some candy.
- Play laser tag in the back room.
- \$10 per person

• (270) 412-7855

Clay Fairy House

- 26 October, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- For age 8 and over. Age 12 and under must be accompanied by an adult.
- \$12
- (270) 798-6693

Bell Witch Trip With ODR Adventure Programs

- 26 October at 1 p.m.
- Visit the Bell Witch Cave, Bell Cabin, see a live theatre production of *Spirit*, and more.
- \$70 (includes transportation and tickets for the Bell Witch Cave and Bell Cabin)
- Deadline to register is 4 p.m. on Thursday, 24 October.
- (270) 412-7854

Stained Glass Sun Catchers

- 30 October, 5 p.m. to 7:30 p.m.
- Guenette Arts & Crafts Center
- For age 18 and over.
- \$22 plus the cost of glass
- Call or walk in to register.
- · Registration required.
- (270) 798-6693

Horse Stable Equipment Open Bid Auction

- 2 November
- 7 a.m. Registration
- 8 a.m. Auction begins
- Fort Campbell Horse Stables
- No one under the age of 12 may attend.
- No babies, toddlers, strollers, carriers or pets.
- Any announcements made the day of the auction will supersede any previously marketed information.
- Auction will take place rain or shine.
- www.campbell.armymwr.com

Super Hero Sprint

- 2 November
 - o 8 a.m. Sign in
 - o 9 a.m. Run begins
- Shaw Physical Fitness Center Parking Lot
- 5K and 1 Mile Fun Run
- Families are encouraged to participate together.
- Costume contest.
- Free
- Pet friendly (leashed please)
- Strollers are allowed but be aware that part of the course is over gravel.
- www.campbell.armymwr.com

Agility Team Relay Fitness Challenge

- 6 November, 11:30 a.m. to 1 p.m.
- Fratellenico Physical Fitness Center
- Teams of three (can be co-ed).
- Free
- Sponsored by Steere's Nutrition.*
- (270) 798-9418

Women Rock the Forts Tour

- 9 November at 7 p.m.
- Cole Park Commons
- Featuring Maddie and Tae and other female artists.
- \$20 per person
 - o Tickets are available at Leisure Travel Services, Gear To Go or Cole Park Commons.
- Sponsored by Geico Military and the Exchange.*
- www.campbell.armymwr.com

Tell Me a Story (TMAS)

- 16 November at 11 a.m.
- Robert F. Sink Memorial Library
 - o Partnered with Fort Campbell Fire Department and Parent to Parent
- TMAS Event Book: Be Kind by Pat Zietlow Miller, Illustrated by Jen Hill.
- Free
- Fire Department will read the story.
- Children will get to visit a firetruck.
- Group discussions.
- Children will do a craft.
- Participants will get a snack.
- Each Family will get a copy of the book courtesy of Parent to Parent.
- (270) 798-5729

Treadmill Fitness Challenge

- 20 November, 11:30 a.m. to 1 p.m.
- Sabo Physical Fitness Center
- Open to all DoD Card Holders
- Free
- Sponsored by Steere's Nutrition.*
- (270) 798-7355

3 Point Shoot Fitness Challenge

- 3 December at 11:30 a.m.
- Shaw Physical Fitness Center
- Open to Soldiers, Civilians and Family members age 18 and over.
- Each participant will have one minute to shoot as many three point shots as they can.
- Sponsored by Steere's Nutrition.*
- (270) 461-2294

Plank Fitness Challenge

- 6 December, 11:30 a.m. to 1 p.m.
- Gertsch Physical Fitness Center

- Open to Soldiers, Families and Civilians.
- Sponsored by Steere's Nutrition.*
- (270) 798-2753

2019 Holiday Tree Lighting

- 6 December at 5:30 p.m.
- Division Headquarters
- Holiday Music by the 101st Division Band
- Caroling by CYS Children
- Command remarks.
- Coffee and Hot Chocolate
- Food will be available for purchase.
- After the tree is lit, Soldiers and Families will have an opportunity to visit with Santa.
- Free
- www.campbell.armymwr.com

Ugly Sweater Run

- 7 December
 - o 8 a.m. Sign in
 - o 9 a.m. Run begins
- Shaw Physical Fitness Center Parking Lot
- 5 K and 1 Mile Fun Run
- Families are encouraged to participate together.
- Pet friendly (leashed please)
- Strollers are allowed but be aware that part of the course is over gravel.
- www.campbell.armymwr.com

Holiday Breakfast with the Grinch 2019

- 7 December, 9:30 a.m. to 12 p.m.
- Smokehaus Restaurant
- Activities, cereal, waffle sticks, apple juice, hot chocolate, s'mores, selfies with Santa and more.
- \$5 age 2 and up
- Free up to age 1
- www.campbell.armymwr.com

Holiday Happenings at the Library

- 11 December, 5 p.m. to 7 p.m.
- Robert F. Sink Memorial Library
- Including a special story time, face painting, crafts, light refreshments and holiday caroling with the 101st Band.
- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- (270) 798-5729

^{*}Sponsorship does not imply Army endorsement. See AR 215-1, para. 11-8d.

usarmy.campbell.medcom-bach.list.pao-users@mail.mil

https://blanchfield.amedd.army.mil

www.facebook.com/BACH.Fort.Campbell

UPCOMING EVENTS

Footprints on Our Heart

Blanchfield Army Community Hospital's Labor and Delivery Nurses and Chaplain are hosting a remembrance event on the A building lawn at 10 a.m. Oct. 16 for parents who have suffered a pregnancy loss or grieved the loss of a child. "Footprints on our Heart" is an annual event for Families who have lost a baby through miscarriage, ectopic pregnancy, intrauterine fetal demise or infant death. BACH organizers are also including Families who have lost older children as well for this community event focused on remembrance and healing. Other supporters, including friends, neighbors and extended family are also encouraged to attend and participate. This event will feature comments from the hospital chaplain, remembrance activities, and bubbles for participants who wish to send bubble wishes in memory of their baby or child. The event will also allow Families to connect with others who have shared their experience and grief.

Columbus Day observed

Blanchfield Army Community Hospital personnel will observe the Columbus Day national holiday Monday, Oct. 14. All outpatient services and pharmacies will be closed. All inpatient and emergency supported services remain open 24/7. The Town Center Pharmacy will operate on a DONSA schedule, closing one hour earlier Friday, Oct. 11. Town Center will open normal hours Saturday, Oct. 12.

Community Flu Vaccines

The annual Community Flu Vaccine Campaign is slated to begin Oct. 28 at Fort Campbell. These events are open to all TRICARE beneficiaries **six months or older**, including Soldiers, Retirees and Family members. Vaccines will be available at Building 207 (near Bastogne Ave. and Screaming Eagle Blvd.) on the following dates and times:

- Oct. 28: 7 a.m. 4 p.m.
- Oct. 29: 9 a.m. 6 p.m.
- Oct. 30: 7 a.m. 4 p.m.
- Nov. 4: 7 a.m. 4 p.m.
- Nov. 5: 9 a.m. 6 p.m.
- Nov. 6: 7 a.m. 4 p.m.

DoD to begin next major phase of military hospital consolidation

The Department of Defense is preparing for the next major step in consolidating military hospitals and clinics under a single agency, one of the largest organizational changes within the U.S. military in decades. On Oct. 1, the Army, Navy and Air Force begin the final two years of a multi-year transition to shift administration and management of medical facilities to the Defense Health Agency by October 2021, changes that are transformational and far-reaching. Blanchfield Army Community Hospital will begin transitioning under the DHA authority Oct. 1, 2019. The primary driver for this change is the

National Defense Authorization Act of 2017. Congress mandated that a single agency will be responsible for the administration and management of all military hospitals and clinics to sustain and improve operational medical force readiness and the medical readiness of military members, improve beneficiaries' access to care and experience of care, improve health outcomes, and eliminate redundancies in medical costs and overhead across three separate Service-run systems. DHA will be responsible for health care delivery and business operations across the Military Health System including budgets, information technology, health care administration and management, administrative policies and procedures, and military medical construction.

> TRICARE Open Season

TRICARE Open Season is the annual period when you can enroll in or change your health plan for the next year. It occurs each fall, beginning on the Monday of the second full week in November to the Monday of the second full week in December. This year's dates are Nov. 11 – Dec. 9. During TRICARE Open Season, you can:

- Enroll in a new TRICARE Prime or TRICARE Select plan
- Change your enrollment (e.g., from individual to family)

If you are happy with your current TRICARE health plan, you don't have to take any action to stay enrolled. Learn more at www.tricare.mil/openseason.

> FEDVIP Vision Insurance

You may be eligible to enroll in a vision plan through the Federal Employees Dental and Vision Insurance Program. Plans vary in coverage and costs, and may include routine eye exams, eyeglasses and contact lenses. Learn more at www.tricare.mil/vision.

> Organization Day

Blanchfield Army Community Hospital staff will observe Organization Day Friday, Nov. 1, an afternoon set aside annually for staff to build esprit de corps and celebrate their roles to help promote health and wellness in the Fort Campbell community. Although Patient and Soldier-Centered Medical Homes will not be scheduling or accepting walk-in appointments after 10:30 a.m., Friday, Nov.1, patients with acute symptoms are still encouraged to call the appointment line. Specialty services will be closed to patients, except for X-ray, laboratory and other ancillary services that are considered an emergency.

Health and Wellness

College students can call NAL for medical assistance

Instead of trying to get a last-minute doctor appointment or incurring point-of-service charges for an urgent care visit, let the Nurse Advice Line (NAL) advise you. The NAL gives TRICARE beneficiaries access to care, 24/7. With just one call, you can get expert advice from our team of registered nurses. They will answer your urgent care questions, provide health advice, help you find a doctor and if available, schedule a next-day appointment for you at a military hospital or clinic. Call the NAL the next time you are not sure where to go for help at 1-800-TRICARE (874-2273) and select option 1.

> Tobacco Cessation

The Army Wellness Center, 5662 Screaming Eagle Blvd., offers "Ready to Quit" every Tuesday from noon to 1 p.m. This briefing educates all TRICARE beneficiaries and DoD civilians about dangers of tobacco and assess readiness to join the Tobacco Cessation Program. The Tobacco Cessation Program is offered the 1st – 4th Wednesday monthly from noon to 1 p.m. For more information, call (270) 956-0100.

BACH General Information

Missed Drug Take Back Day?

Properly dispose of your expired, unused or unwanted medicine by dropping them in the Drug Drop Boxes placed inside the hospital's Main Pharmacy or Town Center Pharmacy during business hours. Accepted items include: prescription medications, controlled substance medication, over-the-counter medication, vitamins, medicated ointment/lotion, liquid medication in leak-proof containers and transdermal skin patches. *Items not accepted include: needles, thermometers, contraband drugs, infectious waste/medical waste, personal care products, business waste, hydrogen peroxide, aerosol cans, and inhalers.*

> How do I schedule/cancel appointments?

If you need to make or cancel an appointment at any of the Soldier or Patient-Centered Medical Homes, you may go online at www.tricareonline.com or you may call (270)798-4677/ (931)431-4677 or if outside the calling area 1-866-524-4677. See the complete listing of Soldier and Patient-Centered Medical Homes below.

- Appointments can be made from 6 a.m. 4:30 p.m., Monday Friday.
- Appointments can be cancelled 24 hours a day, seven days a week by leaving a voicemail message.
- Advice nurses may be reached by calling the appointment line
- You can also schedule and cancel appointments online at www.tricareonline.com.

1. BACH:

Address: 650 Joel Drive

Air Assault Family Medical Home (Team Apache, Team Blackhawk, Team Comanche, Team Huey)

Gold Family Medical Home

Young Eagle Medical Home (Team Flight or Team Soar)

2. BYRD:

Address: 7973 Thunder Blvd.

Byrd Soldier or Family Medical Homes

3. LAPOINTE:

Address: 5979 Desert Storm Avenue Bastogne Soldier Medical Home Rakkasan Soldier Medical Home Strike Soldier Medical Home

4. SCREAMING EAGLE MEDICAL HOME:

Address: *Medical Office Building One, 647 Dunlop Lane, Suite 301* (Community Based Medical Home in Clarksville, Tenn.)

5. CAMPBELL ARMY AIRFIELD MEDICAL HOME:

Address: 7149 Black Sheep Run