



# Living With Deployments?

The ACS Mobilization, Deployment, Stability, Support Operations and the Family Resilience Training Programs can assist you!

## Deployment Support: Children and Youth Training:

Develop an understanding of children's reactions to deployment and gain parenting strategies that foster supportive Family relationships, effective communication, critical thinking, coping, and resilience during deployment. Registration required. Contact 270-798-3849/2158, 270-412-3195 or 270-956-2935.

19 November 2019

9:00am – 11:30am

November 2019: MD&SSO's training will be conducted at the FRC, 1501 William C Lee Rd.

December 2019: No classes scheduled. Training is available upon request.

## Post Deployment Resilience Training:

Provides opportunities for Soldiers and Family members to gain valuable materials and knowledge from Division Agencies and to enhance their knowledge of military deployments, identify resources and to make them resilient during the different phases of the deployment cycle.

Registration required. Contact 270-798-3849/2158, 270-412-3195 or 270-956-2935.

4 November 2019

9:00am – 11:00am

November 2019: MD&SSO's training will be conducted at the FRC, 1501 William C Lee Rd.

December 2019: No classes scheduled. Training is available upon request.