



1 MINUTE PUSH-UP CHALLENGE



Lozada PFC, 6992 Desert Storm Ave

FREE

Wednesday, January 8, 2020 | 11:30a-1:00p

Open to DoD ID Card Holders age 16 and up

- Individual competition
- 1 minute to do as many push-ups as possible
- Army standard push-ups
- Free t-shirt for participants

Information: 270.798.5830

*Government Endorsement Not Implied.

