

**Please Note:** The information contained in this handout is intended:

**“FOR INFORMATION PURPOSES ONLY”.**

Any reference to private organizations and/or their respective activities does not imply endorsement by the United States Government, Department of the Army, or Fort Campbell, Kentucky.

Information is also available for download from the MWR Website (Facilities & Programs) @ [www.campbell.armymwr.com](http://www.campbell.armymwr.com)

INFORMATION EXCHANGE  
06 November 2019 - **“Talking Points”**

<b>DPTMS, Major Events</b>	<b>Deanna Cote</b>	<b>270-798-7680</b>	<b><a href="mailto:deanna.l.cote.civ@mail.mil">deanna.l.cote.civ@mail.mil</a></b>
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08 NOV: DONSA  
09 NOV: Women Rock the Forts Tour featuring Maddie & Tae  
11 NOV: Veterans Day  
16 NOV: CG's Annual Deer Hunt  
19 NOV: 1000 - 426 BSB Change of Command Ceremony  
22 NOV: 1000 - 1BCT Change of Command Ceremony  
23 NOV - 01 DEC: Fort Campbell Schools Thanksgiving Break  
27 NOV – 01 DEC: CMCSS & CCSD Thanksgiving Break  
28 NOV: Thanksgiving Day  
29 NOV: DONSA  
06 DEC: 1730-1930 - Fort Campbell Tree Lighting Ceremony  
07 DEC: 0900 - Ugly Sweater 5K & Fun Run  
11 DEC: 1800- Housing Town Hall @ Wilson Theater  
12 DEC: Fort Campbell Gander Memorial Ceremony  
13-14 DEC: 0800-1300 – Trees for Troops (Junior Enlisted)

<b>MWR</b>	<b>Melissa Schaffner</b>	<b>270-798-7535</b>	<b><a href="mailto:melissa.a.schaffner.naf@mail.mil">melissa.a.schaffner.naf@mail.mil</a></b>
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**National Family Bowling Month**

- Month of November 2019
- Hooper Bowling Center
- \$5 off every purchase of \$20 spent on bowling and shoe rental. (food is not included)
- Valid all day on Tuesday and Wednesday; before 4 p.m. on Thursday; and before 7 p.m. on Friday and Saturday.
- The \$5 discount cannot be combined with any other promotion.
- (270) 798-5887

**NFL Monday Night Watch n' Bowl**

- Every Monday, 6 p.m. to 9 p.m.
- Hooper Bowling Center, Cosmic Room
- Watch football games on the big screens while cosmic bowling.
- \$1 games and \$1.75 shoes
- Food specials including meal deals, jalapeno poppers, wings, Nashville hot chicken bites, pizza and all the other game day favorites!

- (270) 798-5887

### **NFL Sunday Ticket at Warrior Zone**

- Showing NFL games on Mondays, Thursdays and Sundays.
- Showing college football all day on Saturdays.
- Free admission.
- Warrior Zone has a full food and beverage menu available for your purchases.
- Must be age 18+ to enter Warrior Zone.
- Must be age 21+ to purchase and consume alcohol.
- (270) 461-0603

### **Archery Range Grand Opening**

- 6 November, 11:30 a.m. to 12:30 p.m.
- ODR Archery Range
  - New Archery Range
  - 6657 11<sup>th</sup> Airborne Division Road
- Range fees waived for opening.
- New Hours of Operation
 

**MAR-OCT**  
WED-FRI 1PM-7PM  
SAT 12PM-6PM

**NOV-FEB**  
WED-SAT 12PM-6PM
- Children age 17 and under must be accompanied by an adult.
- Refreshments available on site for purchase.
- (270) 412-4015

### **Agility Team Relay Fitness Challenge**

- 6 November, 11:30 a.m. to 1 p.m.
- Fratellenico Physical Fitness Center
- Teams of three (can be co-ed).
- Free
- Sponsored by Steere's Nutrition.\*
- (270) 798-9418

### **Wheel Throwing Class ( 2 part)**

- 6 November (part 1), 5 p.m. to 7 p.m.
- 13 November (part 2), 5 p.m. to 7 p.m.
- Guenette Arts & Crafts Center
- Open to age 14 and over.
- \$36 (includes both parts)
- Registration required.
- (270) 798-6693

### **Karaoke and Wild Wing Wednesday**

- 6, 13, 20 and 27 November, 5 p.m. to 11 p.m.
- Warrior Zone
- Must be age 18+ to enter.
- Must be age 21+ to purchase and consume alcohol.
- Featuring .50 cent wings!
- Warrior Zone is a high energy entertainment facility with a full food and beverage menu available for your purchases.
- (270) 461-0603

**Children's Story Time & Craft**

- 7, 14 and 21 November
- 10:30 a.m. & 1:30 p.m. (every Thursday)
- At Robert F. Sink Memorial Library
- Free event held every Thursday
- Open to preschool age children

**QuarterMania Bowling**

- 7, 14 and 21 November
- 4 p.m. to 9 p.m. (every Thursday)
- Hooper Bowling Center
- Pay \$5 cover charge per person (includes shoes) and each game will only cost \$.25.
- (270) 798-5887

**Karaoke Night at Warrior Zone**

- 7, 14 and 21 November
- 7 p.m. to 10 p.m. (every Thursday)
- At the Warrior Zone
- Free
- Must be 18+ to enter Warrior Zone.
- Must be 21+ to purchase and consume alcohol.

(270) 461-0603

**Karaoke at Tilt N' Tap**

- 8, 15 and 22 November
  - Starting at 7 p.m.
- Tilt N' Tap Lounge
  - At Hooper Bowling Center
- Every Friday
- Must be 21 and over.
- (270) 798-5887

**Kids Canvas Painting**

- 9 November, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- Open to age 6 and over.
- Children age 12 and under must be accompanied by an adult.
- \$12
- Registration is required.
- (270) 798-6693

**Parents' Night Out**

- 9 November, 6 p.m. to 11 p.m.
- Infants thru Preschool at Gardner Hills CDC.
- Kindergarten thru 5<sup>th</sup> at Gardner Hills SAC.
- Child must be CYS registered.
- \$25 or 5 respite hours.
- Sign-up no later than Wed, 7 August.
- (270) 798-0674

**Women Rock the Forts Tour**

- 9 November at 7 p.m.
- Cole Park Commons
- Featuring Maddie and Tae and other female artists.

- \$20 per person
  - Tickets are available at Leisure Travel Services, Gear To Go or Cole Park Commons.
- Sponsored by Geico Military and the Exchange.\*
- [www.campbell.armymwr.com](http://www.campbell.armymwr.com)

### **Kids Clay Workshop – Chip & Dip**

- 16 November, 10 a.m. to 11 a.m.
- Guenette Arts & Crafts Center
- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- \$12
- (270) 798-6693

### **Tell Me A Story**

- 16 November at 11 a.m.
- Robert F. Sink Memorial Library
  - Partnered with Fort Campbell Fire Department and Parent to Parent
- TMAS Event Book: *Be Kind* by Pat Zietlow Miller, Illustrated by Jen Hill.
- Free
- Fire Department will read the story.
- Children will get to visit a firetruck.
- Group discussions.
- Children will do a craft.
- Participants will get a snack.
- Each Family will get a copy of the book courtesy of Parent to Parent.
- (270) 798-5729

### **DIY Framing Class**

- 16 November, 12:30 p.m. to 3 p.m.
- Guenette Arts & Crafts Center
- Open to age 18 and over.
- \$10 plus materials
- Registration required.
- (270) 798-6693

### **Treadmill Fitness Challenge**

- 20 November, 11:30 a.m. to 1 p.m.
- Sabo Physical Fitness Center
- Open to all DoD Card Holders
- Free
- Sponsored by Steere's Nutrition.\*
- (270) 798-7355

### **Stained Glass Sun Catchers**

- 20 November, 5 p.m. to 7:30 p.m.
- Guenette Arts & Crafts Center
- Open to age 18 and over.
- \$22 plus cost of glass.
- Registration required.
- (270) 798-6693

### **Clay Fairy House**

- 23 November, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- Open to age 8 and over.

- Children age 12 and under must be accompanied by an adult.
- \$12
- (270) 798-6693

### **3 Point Shoot Fitness Challenge**

- 3 December at 11:30 a.m.
- Shaw Physical Fitness Center
- Open to Soldiers, Civilians and Family members age 18 and over.
- Each participant will have one minute to shoot as many three point shots as they can.
- Sponsored by Steere's Nutrition.\*
- (270) 461-2294

### **Plank Fitness Challenge**

6 December, 11:30 a.m. to 1 p.m.

- Gertsch Physical Fitness Center
- Open to Soldiers, Families and Civilians.
- Sponsored by Steere's Nutrition.\*
- (270) 798-2753

### **2019 Holiday Tree Lighting**

- 6 December at 5:30 p.m.
- Division Headquarters
- Holiday Music by the 101<sup>st</sup> Division Band
- Caroling
- Command remarks
- Coffee and Hot Chocolate
- Food will be available for purchase.
- After the tree is lit, Soldiers and Families will have an opportunity to visit with Santa.
- Free
- [www.campbell.armymwr.com](http://www.campbell.armymwr.com)

### **Ugly Sweater Run**

- 7 December
  - 8 a.m. – Sign in
  - 9 a.m. – Run begins
- Shaw Physical Fitness Center Parking Lot
- 5K and 1 mile Fun Run
- Families are encouraged to participate together.
- Pet friendly (leashed please)
- Strollers are welcome but be aware that part of the course is over gravel.
- [www.campbell.armymwr.com](http://www.campbell.armymwr.com)

### **Holiday Express 2019**

- 7 December, 9:30 a.m. to 12 p.m.
- Smokehaus Restaurant
- Activities, snacks, Santa and more.
- \$6 per person – age 2 and up
- Free – up to age 1

[www.campbell.armymwr.com](http://www.campbell.armymwr.com)

### **Holiday Happenings at the Library**

- 11 December, 5 p.m. to 7 p.m.
- Robert F. Sink Memorial Library
- Including a special story time, face painting, crafts, light refreshments and holiday caroling with the 101<sup>st</sup> Band.

- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- (270) 798-5729

### **TREES FOR TROOPS**

- Expected delivery date **13 December**
- Watch MWR Facebook & website for date and time of distribution

### **Parents' Day Out**

- 14 December, 9 a.m. to 4 p.m.
- Get some holiday shopping done while your kiddos have fun with their friends.
- \$35 or 7 respite hours.
- Child must be CYS registered.
- Deadline to sign up is 11 December.
- (270) 798-0674

### **Christmas Eve Soldier Appreciation**

- 24 December, 5 p.m. to 8 p.m.
- Warrior Zone
- Must be age 18+ to enter Warrior Zone.
- Must be age 21+ to purchase and consume alcohol.
- (270) 461-0603

### **NFL Playoff Watch Parties**

- 4 Jan – 2 Feb, exact dates and time vary.
- Warrior Zone
- Watch the games on the big screens.
- Guess the total points each game and the one who gets closest will win a NFL Bobble Head.
- Must be age 18+ to enter Warrior Zone.
- Must be age 21+ to purchase and consume alcohol.
- (270) 461-0603

### **Paoli Peaks Skiing and Snowboarding Trip**

- 11-12 January, 2020
  - Depart on 11 Jan at 6 a.m.
  - Return on 12 Jan at aprx 1 p.m.
- Offered by ODR Adventure Programs
- No age limit but youth 17 and under must be accompanied by an adult.
- \$199 per person includes transportation, one night lodging, equipment.
- The hotel offers a continental breakfast.
- Register by calling (270) 412-7855 or (270) 798-3126.

### **Military Saves Week**

- 24-28 February 2020
- ACS Financial Readiness Program
  - Mon, 24 Feb – Campaign Kickoff
  - Tue, 25 Feb – Budgeting Class
  - Wed, 26 Feb – Money Management
  - Thr, 27 Feb – Saving
  - Fri, 28 Feb – Investing
- (270) 798-5518

### **National Consumer Protection Week**

- 2-6 March 2020
- ACS Financial Readiness Program

- Watch for details.
- [www.campbell.armymwr.com](http://www.campbell.armymwr.com)

### **Abandoned Vehicles and Auto Equipment Open Bid Auction**

- 7 March 2020
  - 8 a.m. – Registration
  - 9 a.m. – Auction begins
- Air Assault Auto
- No one under the age of 12 may attend.
- No babies, toddlers, strollers, carriers or pets.
- Any announcements made the day of the auction will supersede any previously marketed information.
- Auction will take place rain or shine.
- [www.campbell.armymwr.com](http://www.campbell.armymwr.com)

*\*Sponsorship does not imply Army endorsement. See AR 215-1, para. 11-8d.*

**Christian County Chamber of Commerce Kelli Pendleton (270) 885-9096 [kpendleton@christiancountychamber.com](mailto:kpendleton@christiancountychamber.com)**

### **Upcoming Events**

#### **❖ Hopkinsville Veterans Honor Parade**

Date: Saturday, 09 November '19

Time: 10:00-11:00AM

Location: Downtown Hopkinsville starting in front of the War Memorial Building, 1202 S. Virginia Street  
Hopkinsville, KY 42240

#### **❖ Gander Memorial 34<sup>th</sup> Anniversary Wreath Laying Ceremony**

Date: Thursday, 12 December '19

Time: 11:30AM & 2:00PM

Location: Gander Memorial Park, Corner of U.S. 41-A & Pennyriple Parkway, Hopkinsville, KY 42240

***\*\*A light lunch reception will be held in the multi-purpose room in the Murray State Univ. Hopkinsville Campus building immediately following the ceremony.\*\****

For additional information, please email Kechia Lowry, Military Affairs Coordinator (MAC) @  
[klowry@christiancountychamber.com](mailto:klowry@christiancountychamber.com)

**Clarksville Area Chamber of Commerce Phil Harpel (931) 245-4340 [phil@Clarksville.tn.us](mailto:phil@Clarksville.tn.us)**

#### **❑ The Montgomery County Veterans Day Parade**

November 09, 2019 @ 10:00AM

Pre-parade events begin on the Montgomery County Courthouse steps (3<sup>rd</sup> Street side) @ 9:00AM

COL(R) Rob Salome- Keynote Speaker.

Parade runs from College Street through Downtown Clarksville

#### **❑ 27<sup>th</sup> Annual Veterans Day Breakfast**

November 09, 2019 @ 7:30AM

APSU - Morgan University Center – Cost: \$25.00 (Tickets Required)

Military & Civilian Dress: Business Casual

Keynote Speaker – BG (R) Robin Mealer, Dir, U.S. Army Manpower Analysis Agency

Contact – [phil@Clarksville.tn.us](mailto:phil@Clarksville.tn.us)

❑ **Veterans Treatment Court Graduation Ceremony**

November 12, 2019 @ 1:00pm historic courthouse located at 1 Millennium Plaza. This program is for active duty & military veterans.

❑ **November 26, 2019 – Opening of the outdoor Downtown ICE rink.**

❑ **Free Military Families Ice Skating Event**

December 20, 2019 from 11:00AM – 3:00PM

Tickets Needed - MWR Ticket Window

Clarksville Commons Ice Rink, 215 Legion Street

Contact - [phil@Clarksville.tn.us](mailto:phil@Clarksville.tn.us)

❑ **2020 Home Show**

February 22–23, 2020

Sat-9:00AM–5PM Sun–12PM – 5PM

Wilma Rudolph Events Center, 1188 Cumberland Dr

Cost: Active Duty – FREE

General Admission - \$5.00

❑ **Governor's Volunteer Adult & Youth Award Nominations**

Montgomery County Government is seeking citizen nominations for the TN Governor's Service Awards (GVSA) in the adult & youth categories. If you know of an adult or youth volunteer you think would make an exceptional candidate for a Governor's Volunteer Star Award, contact [manewell@mcgtn.net](mailto:manewell@mcgtn.net) by Nov. 08<sup>th</sup> for a nomination form.

❑ **Tennessee Mentor Program**

Mentors are needed for the high school students transitioning into higher education. If interested, applications will be taken through Dec. 06<sup>th</sup> at [tnAchieves.org](http://tnAchieves.org). It takes 12 hours per year to change a life through this program.

❑ **New Mental Health Resource Guide**

A comprehensive Mental Health Resource Guide for people living in Montgomery County was recently completed and can be found at: <https://mcgtn.org/sites/default/files/health/HealthDirectory.pdf>  
<https://mcgtn.org/sites/default/files/health/HealthDirectory.pdf>

**American Red Cross**

**(270-798-2171**

**[campbell@redcross.org](mailto:campbell@redcross.org)**

***PLEASE JOIN US!***

➤ Fort Campbell American Red Cross **OPEN HOUSE**

Date: 07 December 2019

Time: 10:00AM – 2:00PM

Location: 95 Michigan Ave. Building 43, Fort Campbell, KY 42223

***Hope to see you there!!***



## HOLIDAY CHRISTMAS WORSHIP SCHEDULE

### Advent Wreath Making - Liberty Chapel

- 21 NOV, 1800 - followed by dinner

### Catholic – Soldiers Chapel

- 24 DEC, 2300 - Vigil Mass of the Nativity of the Lord
- 25 DEC, 1000 - Mass of the Nativity

### Protestant - Liberty Chapel

- 24 DEC, 1800 - Community Christmas Eve Candlelight Service

### Eastern Orthodox - Liberty Chapel

- 24 DEC, 0900 - Royal Hours of Christmas
- 25 DEC, 0900 - Divine Liturgy of Christmas

- ***Day Retreat: Marriage 101***

#### For Married and Engaged couples

Enrollment by the first Tuesday of the Month. Meets second Tuesday of the month. Training is from 0930 to 1400 at Chaplain Family Life Center Bldg. 3106 Indiana Ave



Learn how to apply: \*Trustworthiness; \*Communication Skills; \*Conflict Management  
\*5 Love Languages

Lunch and child watch care provided!

Civilian attire - **To enroll call: 270-798-3316**

\* Receive Certificate for reduced marriage license fee - Hosted by the Chaplain Family Life Center

- **Faith Based Resiliency Events**

#### **Celebrate Recovery:**

A faith based addiction recovery program that is based on the 12-step model. Begins 16 JAN, 1830, Memorial Chapel.

#### **REBOOT Recovery:**

A faith based combat trauma recovery program. Begins 16 JAN, 1830, Building 3112 Indiana Avenue. It is a 12-week course that relies on Christian principles to address whole-person wellness for those affected by combat trauma.

A **meal** and **childcare** available at each weekly session. Service members, DoD Civilians, Families, and Vets are invited to be a part of these programs. POC for these programs is at 270-798-3316.

Clarksville Parks & Recreation

Candice Tillman

931-645-7476

ClarksvilleParksRec.com

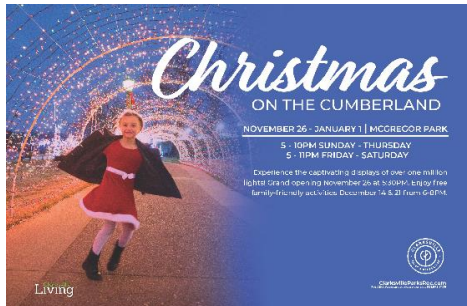


ClarksvilleParksRec



Clarksville\_PR

#ClarksvilleparksRec



Fort Campbell Spouses' Club

Brigette Burr (PAO)

fcscpublicaffairsofficer@gmail.com



Date: 20 November 2019

Time: 10:00AM – 1:00PM

Location: Cole Park Commons

### Flannel and Fizz Friendsgiving

Organization/donations: Operation Homefront Toy Drive; requesting donations of unwrapped children's toys \$20.00 or less in value.

*Come join in on the fun!*

➤ **EXCHANGE UPCOMING EVENTS:**

- 2 Nov – Fall Beauty Event – 1100-1300
- 2 Nov – Blue Light Power Hours Special Savings Event – 1100-1300 & 1600-1800
- 9 Nov – Fall Trend Fashion Show – 1200
- 9 Nov – Blue Light Power Hours Special Savings Event – 1100-1300 & 1600-1800
- 11 Nov – Veteran's Day Celebration with Cupcakes – 1100
- 11 Nov – Kids Veteran's Day Coloring Event – 1100-1200
- 11 Nov – Dell Demo – 1200-1400
- 11 Nov – GoPro Demo Event – 1200-1400
- 11 Nov – Blue Light Power Hours Special Savings Event – 1100-1300 & 1600-1800
- 15-16 Nov – Shoe Fashion Show – All Day
- 16 Nov – Barbie Hot Wheels Event – 1100-1300
- 16 Nov – Blue Light Power Hours Special Savings Event – 1100-1300 & 1600-1800
- 21 Nov – 5% off Great American Smokeout Accessories – All Day
- 22-24 Nov – PlayStation Truck Event – 1000-1800
- 23 Nov – Wine & Chocolate Tasting – 1100-1300
- 23 Nov – Camera Demo – 1200-1400
- 23 Nov – Blue Light Power Hours Special Savings Event – 1100-1300 & 1600-1800
- 30 Nov – Firearm Sales Event – All Day
- 30 Nov – Blue Light Power Hours Special Savings Event – 1100-1300 & 1600-1800

➤ The FCHS JROTC program has received its official letter honoring it as a HUD (Honor Unit of Distinction); this is the 19<sup>th</sup> year in a row that FCHS JROTC has earned this honor, exhibiting high standards of performance in all program areas.

➤ **New School Board Members**

Bobbie Haynes (President) – Lucas Elementary School  
Angelaina "Angel" Thom (Vice-President) – Mahaffey Middle School  
Patricia "Trish" Hennig – Marshall Elementary School  
Candice "Chris" Wortham – Ft. Campbell High School  
Jana Berry – Barsanti Elementary School  
Kelli Kuderka – Barkley Elementary School

➤ **CALENDAR OF EVENTS**

11/7 – Veteran's Day Assembly at FCHS  
11/8 – 11/11 – NO SCHOOL (Teacher Training & Veteran's Day Holiday)  
11/13 – 'Sincerely You' Assembly at FCHS  
11/14 – Seniors apply for free to Murray State University  
11/21 – Annual Family Thanksgiving Lunch at FCHS; All families are invited to eat with their students  
11/25 – 11/29 – NO SCHOOL (Thanksgiving Break)  
12/20 – 1/03 – NO SCHOOL (Teacher Work Day & Winter Break)

- 1 No Students – ~~Break~~ Only
- 7 Q2 Mid-Term Mark
- 8 NO SCHOOL – Teacher Training
- 11 NO SCHOOL – Veterans Day
- 12 ~~Break~~ Trimester Reports Issued
- 25-29 NO SCHOOL – Thanksgiving Break

NOVEMBER 2019						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER 2019						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 19 End of Quarter 2 – 46 Days
- 20 NO SCHOOL – Teacher Work Day
- 23-31 NO SCHOOL – Winter Break

**Blanchfield Army Community Hospital**

**Public Affairs**

**270-956-0459**

[usarmy.campbell.medcom-bach.list.pao-users@mail.mil](mailto:usarmy.campbell.medcom-bach.list.pao-users@mail.mil)

<https://blanchfield.amedd.army.mil>

[www.facebook.com/BACH.Fort.Campbell](https://www.facebook.com/BACH.Fort.Campbell)

## **UPCOMING EVENTS**

### ➤ **Veterans Day**

In honor of the national observance of Veterans Day, BACH personnel will observe the federal holiday Monday, Nov. 11. Therefore, all primary and specialty care services and pharmacies will be closed. The Emergency Center, inpatient services as well as supportive supplementary services will remain open to provide inpatient, acute and emergency medical care. BACH's hospital Facebook page will provide a more thorough breakdown of services offered on the DONSA, Nov. 8.

### ➤ **Warrior Care Month**

Each November the Army honors wounded, ill and injured Soldiers and their Families by commemorating Warrior Care Month. Warrior Care Month highlights the resilience and strength of these Soldiers and their Families and caregivers. Throughout the month, the Army will host Military Caregiver Symposiums, a Resource Fair and other events honoring these men and women and their Families, communicating the Army's commitment to wounded, ill, and injured (WII) Soldiers, their Families and caregivers. Warrior Care Month increases awareness and understanding of Warrior Transition Units as it commemorates Soldiers and Families for their service and sacrifice to the Nation.

### ➤ **National Diabetes Month**

According to the CDC diabetes report card in 2015, there are 30.3 million adults and children who have diabetes in the United States, and an estimated 84.1 million who are pre-diabetic. The goal of the American Association of Diabetes is to educate the American population and eradicate the disease. BACH patients who are diabetic can attend classes, which are presented on the first Tuesday and Thursday of each month. The classes are three hours and provide information about prevention, maintenance and control of diabetes. Patient's PCM must submit a referral to attend one of the classes.

### ➤ **Thanksgiving Day**

In honor of the national Thanksgiving Day holiday, BACH personnel will observe the federal holiday Thursday, Nov. 28. Therefore, all primary and specialty care services and pharmacies will be closed. The Emergency Center, inpatient services as well as supportive supplementary services will remain open to provide inpatient, acute and emergency medical care. BACH's hospital Facebook page will provide a more thorough breakdown of services offered on the DONSA, Nov. 29.

### ➤ **TRICARE Open Season**

TRICARE Open Season is the annual period when you can enroll in or change your health plan for the next year. The 2019 TRICARE Open Season begins on Monday, Nov. 11 and ends on Monday, Dec. 9.

During TRICARE Open Season, you can:

- **Do nothing.** If you want to stay in your current TRICARE health care plan, you don't have to take any action. You'll continue in your current health plan through 2020 or as long as you're eligible.
- **Enroll in a plan.** If you're eligible for a TRICARE Prime option or TRICARE Select but not enrolled, you can enroll in a plan now.
- **Change plans.** If you're already enrolled in a TRICARE Prime option, or TRICARE Select, you can switch plans and switch between individual and family enrollment.

Visit: **[www.tricare.mil/openseason](http://www.tricare.mil/openseason)** for more information.

### ➤ **Health and Wellness**

#### **College students can call NAL for medical assistance**

Instead of trying to get a last-minute doctor appointment or incurring point-of-service charges for an urgent care visit, let the Nurse Advice Line (NAL) advise you. The NAL gives TRICARE beneficiaries access to care, 24/7. With just one call, you can get expert advice from our team of registered nurses. They will answer your urgent care questions, provide health advice, help you find a doctor and if available, schedule a next-day appointment for you at a military hospital or clinic. Call the NAL the next time you are not sure where to go for help at 1-800-TRICARE (874-2273) and select option 1.

### ➤ **Tobacco Cessation**

The Army Wellness Center, 5662 Screaming Eagle Blvd., offers "Ready to Quit" every Tuesday from noon to 1 p.m. This briefing educates all TRICARE beneficiaries and DoD civilians about dangers of tobacco and assess readiness to join the Tobacco Cessation Program. The Tobacco Cessation Program is offered the 1st – 4th Wednesday monthly from noon to 1 p.m. For more information, call (270) 956-0100.

### ➤ **MHS Nurse Advice Line Beneficiary Portal**

The Nurse Advice Line provides health care support to TRICARE beneficiaries 24/7. The Nurse Advice Line provides support to TRICARE beneficiaries at no cost to you. The team assists you in navigating your family's health care needs. Some of the services provided include:

- Health Care Advice
- Answers to Urgent Care Questions
- Assistance locating a Provider or Pharmacy
- Same and next-day appointment scheduling at military hospitals and clinics

Nurses who specialize in Pediatric, Behavioral Health and Obstetric care are available to support your family's needs. To support your continuity of care, we'll check back in on you and your family to ensure you're still confident in the nurse's recommended care plan.

Remember, if you have an emergency, call 911 or your local emergency service center.

Visit the portal at <https://www.mhsnurseadviceline.com/home>.

## **BACH General Information**

### ✓ **Missed Drug Take Back Day?**

Properly dispose of your expired, unused or unwanted medicine by dropping them in the Drug Drop Boxes placed inside the hospital's Main Pharmacy or Town Center Pharmacy during business hours. Accepted items include: prescription medications, controlled substance medication, over-the-counter medication, vitamins, medicated ointment/lotion, liquid medication in leak-proof containers and transdermal skin patches. *Items not*

*accepted include: needles, thermometers, contraband drugs, infectious waste/medical waste, personal care products, business waste, hydrogen peroxide, aerosol cans, and inhalers.*

✓ **How do I schedule/cancel appointments?**

If you need to make or cancel an appointment at any of the Soldier or Patient-Centered Medical Homes, you may go online at [www.tricareonline.com](http://www.tricareonline.com) or you may call 270-798-4677 or 931-431-4677 or if outside the calling area 1-866-524-4677. See the complete listing of Soldier and Patient-Centered Medical Homes below.

- Appointments can be made from 6 a.m. – 4:30 p.m., Monday - Friday.
- Appointments can be cancelled 24 hours a day, seven days a week by leaving a voicemail message.
- Advice nurses may be reached by calling the appointment line
- You can also schedule and cancel appointments online at [www.tricareonline.com](http://www.tricareonline.com).

**BACH** 650 Joel Drive

Air Assault Family Medical Home (Team Apache, Team Blackhawk, Team Comanche, Team Huey)  
Gold Family Medical Home  
Young Eagle Medical Home (Team Flight or Team Soar)

**Byrd** 7973 Thunder Blvd.

Byrd Soldier or Family Medical Homes

**LaPointe** 5979 Desert Storm Avenue

Bastogne Soldier Medical Home  
Rakkasan Soldier Medical Home  
Strike Soldier Medical Home

**Screaming Eagle Medical Home** Medical Office Building One, 647 Dunlop Lane, Suite 301)  
(Community Based Medical Home in Clarksville, Tenn.)

**Campbell Army Airfield Medical Home** 7149 Black Sheep Run

Defense Commissary Agency Charles Shropshire <a href="mailto:charles.shropshire@deca.mil">charles.shropshire@deca.mil</a> 270-640-4008 x3001
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**Holiday Open/Closure Information**

- Veterans Day (Monday, Nov 11<sup>th</sup>) **OPEN Hours: (0800-1600)**
- Thanksgiving Day (Thurs, Nov 28<sup>th</sup>) **CLOSED**
- Christmas Day (Wed, Dec 25<sup>th</sup>) **CLOSED**
- New Year's Day (Wed, January 01<sup>ST</sup>) **CLOSED**

Holiday Turkey's Popular Pricing Back Again at \$.48 per pound. Thanksgiving Holiday Items are now available.

International Holiday Items and Candies are also available.

Do you know someone who could benefit from an entry level job? Please tell about the Commissary!

**To Apply Visit: [usajobs.gov](http://usajobs.gov)**

- Savings. The latest survey for the third quarter of fiscal 2019 (April – June) calculated patrons savings at 26%, which is an increase of 2.8% from the same-store baseline global savings of 23.2%.
- Commissary brands. DeCA's private label represents nearly 4% of its sales, generating \$150 million since its launch in 2017.
- Your Everyday Savings! (YES!). *"I encourage all of you to get on the YES! train,". "We are constantly reviewing this product mix and evolving it based on consumer preference. So we are really looking to expand this and looking for opportunities with all of you."*

### **CUSTOMER SERVICE SURVEY**

DeCA launched the customer experience receipt survey this summer using the ForeSee platform. Since then it has received 1,900-2,100 patron responses. "This is a great tool because you have to listen to the voice of the customer." The link **[HTTPS://MYDECA.ME/RECEIPT](https://mydeca.me/receipt)** is identified on the bottom of your sales' receipt.

**Starting 1 January 2020 commissary privileges to Purple Heart recipients; former prisoners of war; veterans with service-connected disabilities; caregivers or family caregivers enrolled as the primary caregiver for veterans in the Department of Veterans Affairs (VA) Program of Comprehensive Assistance for Family Caregivers; and Medal of Honor (MOH) recipients.**

### **COMMISSARY HOURS OF OPERATION:**

- ❖ **Sunday: 0900-1900**
- ❖ **Monday: 0800-1600**
- ❖ **Tuesday: 0800-2000**
- ❖ **Wednesday: 0800-2000**
- ❖ **Thursday: 0800-2000**
- ❖ **Friday: 0800-2000**
- ❖ **Saturday: 0800-2000**