





## Living With Deployments?

The ACS Mobilization, Deployment, Stability, Support Operations and the Family Resilience Training Programs can assist you!

## **Deployment Support: Children and Youth Training:**

Develop an understanding of children's reactions to deployment and gain parenting strategies that foster supportive Family relationships, effective communication, critical thinking, coping, and resilience during deployment. Registration required. Contact 270-798-3849/2158 or 270-412-3195.

3 January 2020 28 February 2020 24 March 2020 9am - 11:30am 9am - 11:30am 9am - 11:30am

## Post Deployment Resilience Training:

Provides opportunities for Soldiers and Family members to gain valuable materials and knowledge from Division Agencies and to enhance their knowledge of military deployments, identify resources and to make them resilient during the different phases of the deployment cycle.

Registration required. Contact 270-798-3849/2158 or 270-412-3195.

 24 January 2020
 9am - 11am

 21 February 2020
 9am - 11am

 20 March 2020
 9am - 11am