



SHAW PHYSICAL FITNESS CENTER
7979 California Rd



FREE

STEP AEROBICS CHALLENGE

Friday, February 14, 2020 | 10a-11a

Open to all DoD ID Card holders ages 13 and up

Age 13-15 must be accompanied by an adult

- A total body workout!
- Wear red!
- Free t-shirt for participants



Information **270.798.9418** or **270.461.2294**

*Government Endorsement Not Implied.