

Indoor Soccer Rules

1. A regulation team consists of 5 players. Team can consist of 8 players max.
2. The minimum number of players required to start a match is 4. Players arriving late may join the match at any time after properly checking in with the staff.
3. If injuries reduce a team to 3 players or less, the game may continue at the referees' discretion.
4. If team reduced to 3 players or less via player ejections will automatically forfeit.
5. If a team is not present and ready to play by the scheduled game time (score card completed, legal equipment, proper colors, minimum number of players on the court) the team ready for play shall begin the game with penalty kick at the time the opposing team becomes ready for play. Once the penalty kick has been taken (made or missed), the team taking the penalty kick will also be awarded the ball for the kickoff to begin play in BOTH halves.
6. Teams are required to wear matching color jerseys or T-shirts. The HOME team must wear White, and the VISITOR team must wear dark. The goalkeeper shall wear a jersey that is a different color from all other players.
7. All games will consist of two 15-minute halves, with a 5-minute half-time. The clock will run continuously except for a team or a referee time-out. Overtime games will go to a "penalty shot tiebreaker" directly after the end of regulation.
8. Each team will be allowed (1) one minute time-out per half. A time-out can be called at any DEAD BALL situation by the team in possession.
9. If a player calls a time-out after they have already used their time-out for the half, a yellow card will be issued to the player calling the time out.

10. Free substitutions - During the game, players and goalies may be substituted on an unlimited basis at any time during the contest. Goalies can only be substituted in dead ball situations.
11. The goalkeeper has five (5) seconds to release the ball after each possession. The goalkeeper may not punt or drop kick the ball.
12. Kick-in is awarded to the opponents of the player who last touched the ball when the whole of the ball crosses the touch line, either on the ground or in the air. A goal cannot be scored directly from a kick-in.
13. A goal kick is awarded when the whole of the ball passes over the goal line, either on the ground or in the air, having last touched a player of the attacking team, and a goal is not scored. A goal may be scored directly from a goal kick, but only against the opposing team.
14. All games that are tied at the end of regulation will go to a penalty shot tiebreaker. During the championship game only, One single 5-minute sudden death overtime period will be played to determine the winner. A coin toss will be conducted using the same method as to start the regulation game.