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**“FOR INFORMATION PURPOSES ONLY”.**

Any reference to private organizations and/or their respective activities does not imply endorsement by the United States Government, Department of the Army, or Fort Campbell, Kentucky.

Information is also available for download from the MWR Website (Facilities & Programs) @ [www.campbell.armymwr.com](http://www.campbell.armymwr.com)

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INFORMATION EXCHANGE  
05 February 2020 - **“Talking Points”**

<b>DPTMS, Major Events</b>	<b>Jovita Titman</b>	<b>270.798.9710</b>	<b>jovita.r.titman.civ@mail.mil</b>
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13 FEB: 1000 - 6-101 GSAB Change of Command Ceremony  
1000 - 1-32 CAV Change of Responsibility Ceremony  
14 FEB: DONSA/Valentine's Day  
17 FEB: President's Day  
29 FEB: Leap Day  
02 MAR: Volunteer of the Year nominations due  
06 MAR: 1000 - 1-506 IN Change of Command and Responsibility Ceremony  
08 MAR: Daylight Saving Time Begins  
12 MAR: 1800 - Housing Town Hall (Wilson Theater)  
13 MAR: American Red Cross Volunteer Orientation  
14 MAR: USO Ten Miler  
17 MAR: St. Patrick's Day  
19 – 20 MAR: SFL – TAP Spring Job Fair  
23 MAR: DONSA  
23 – 27 MAR: Spring Break (CMCSS and FCKY)  
27 MAR: American Red Cross Volunteer Recognition Ceremony

<b>DFMWR</b>		
<b>Child &amp; Youth Services (CYS)</b>	<b>Michelle Durgin</b>	<b>270.412.5453</b>

Child & Youth Services (CYS)      **\*\*SPRING SPORTS\*\***

▪ **Registration Information**

All participants must be registered with CYS.

All must have a current/completed within 1 year sports physical on file.

Register at Parent Central by calling **270.798.0674** or at the Youth Sports/SKIES @ **270.798.3168**

Sport	Grades/Age	Registration	Season Dates	Fees
Spring Running Club	Age 8 and up	Feb 4 – 27, 2020	Mar 11-May 8, 2020	\$45
Spring Soccer	Pre-K – 8 <sup>th</sup> Grade	Feb 4 – 27, 2020	Mar 11-May 8, 2020	\$45
Spring Volleyball	4 <sup>th</sup> through 8 <sup>th</sup> Grade	Feb 4 – 27, 2020	Mar 11-May 8, 2020	\$45
Spring Outdoor Tennis	Age 6 and up	Feb 4 – Mar 15, 2020	Mar 31- May 5, 2020	\$45
Spring Break Sports Camps	Age 3 and up	Feb 4 – 27, 2020	Varies during week of Mar 23-27, 2020	Varies



## YOUTH COACHES NEEDED!

# BE A YOUTH SPORTS COACH!

YOUR CHILD PLAYS THE SPORT AT NO COST

### REQUIREMENTS:

- Background check including fingerprints
- Annual Child Abuse Training
- NAYS (National Alliance of Youth Sports Coaches) Training per sport (CYS pays fee)
- Concussion Training

\*Soldiers who want to volunteer coach but can't commit to every single practice or game can team coach. A group of 2 or 3 Soldiers can coach a team together, taking turns to cover practices and games during the season. Each person must fill out a coaches' application and pass a background check through CYS Youth Sports.

\*TEAM  
COACH  
GROUPS  
ACCEPTED!



Information: 270.412.5811  
campbell.armymwr.com



#### \*Fee policy:

Fee reduction (Coach Discount) applies to Coach's own children during the same season they volunteer to coach. Head coaches may enroll all of their children at no cost in any category A or B sport. Assistant volunteer coaches may enroll one child at no cost in any Category A or B sport. Subsequent children receive a 15% discount in any Category A or B sport.

SGT Brett T. Christian Tax Center

CPT Aravind Ravi

270.798.1040

### ◆ Scope of Services

- Services the Tax center Provides:
  - Preparation of Federal and State income tax returns.
  - Electronic filing of income tax returns
  - Assistance with IRS correspondence

- Returns the Tax Center Cannot File:
  - Business returns with a net operating loss (NOL)
  - Farms
  - Corporate returns

### **Hours of operation**

Open for Tax Year 2019 on **21 January 2020**  
 By Appointment Only  
 Appointment Line: **270. 798.1040**

Monday thru Friday **9:00am – 4:00pm**  
 We provide a drop-off service for single Soldiers  
 The service is **FREE!**

The Tax Center is located at:  
 43 Michigan Avenue  
 (Next door to the Class VI Store)

### **What to Bring to your Appointment**

What to Bring To Complete Your Tax Return: Military ID card. SOCIAL SECURITY CARDS or Social Security produced document for you, your spouse and any dependents included on the return.

#### **IRS REQUIREMENT NO EXCEPTIONS**

Tax Related Documents

Forms W-2, W-2G, 1099-R, 1099-MISC, 1099-INT, 1099-DIV, 1099-B, 1098, 1098-T and other Tax Related Documents. December 2019 LES or RAS. For filing of a joint return, signature of each spouse or a Power of Attorney or a signed IRS Form 2848 (IRS Power of Attorney) and ID of person represented.

### **Training and Volunteers**

Training Received by All Tax Preparers  
 Two weeks hands-on training

IRS online and classroom training  
 IRS testing and certification

#### ***Volunteers Needed***

Intake/Screening, Tax Preparers, Reviewers

<https://www.myarmyonesource.com/>  
<https://www.irs.gov/individuals/link-learn-taxes>

**Call 270-798-3406 for information**

### **Tax Center Closing**

The Brett T. Christian Tax Center will close on 15 April - Alternate Options for Taxpayers

	Military OneSource* (Online)	H&R Block (Brick and Mortar)	H&R Block (Online)	TurboTax (Online with Live Support)	TurboTax (Online)
<b>Basic Return</b> Wage Income, Interest/Dividends, Standard Deduction, Earned Income Credit, Child Tax Credit, No State	FREE	Starts at \$125	FREE	\$79.99	FREE
<b>Add Adjustments to Income, Itemized Deductions, and/or other Credits</b> Student Loan Interest, PCS Expenses, Mortgage Interest, Donations, Daycare Credit	FREE	+ \$10-60 per additional form used	\$49.99	\$119.99	FREE for E1-E5 \$59.99 for E6+
<b>Add Investment &amp; Rental Income</b> Robinhood, Stash, USAA, Edward Jones, eTrade	FREE	+ \$100 -150 per additional form used	\$69.99	\$169.99	\$79.99
<b>Add Small Business</b> Uber, Lyft, DoorDash, MLM	FREE	Starts at \$350	\$104.99	\$199.99	\$119.99
<b>Add State</b> SCRA, MSRA	FREE	+ \$29.99 per state	\$39.99 per state	\$44.99 per state	+ \$44.99 per state

After Deployment Adaptive Parenting Tools (ADAPT)    Amberlee Martin    651.425.9715

## ADAPT OVERVIEW

### ➤ Program & Participation Information

#### Program Overview:

- Research based parenting program
- Tailored for OPTEMPO of Active Duty Army
- Aim is to see which format and sequence is most effective
- Randomized assignment to formats/sequences

#### Participation Overview:

- Families can earn up to \$520 for participation
- Participation is voluntary
- Eligibility Requirements must be met
- Child between the ages of 5-12

#### Deployment requirement:

- Regular Army: Once in last 5 years
- Special Forces: Twice in last 3 years

### ➤ Current Progress/Program Status Update

#### Current Qualified Families:

65 currently active and qualified families

- 39 Regular Army
- 26 Special Forces

52 completed assessments

- 31 Regular Army
- 21 Special Forces

**Study Goals:**

210 active and qualified families

- 105 Regular Army
- 105 Special Forces

*Sign up at [adapt.umn.edu](http://adapt.umn.edu). Questions? email [ammartin@umn.edu](mailto:ammartin@umn.edu)*

Armed Services YMCA

Jenifer Cooley

[jcooley@asymca.org](mailto:jcooley@asymca.org)

270.798.7422

- **FAMILY PROGRAMS**

- ✓ **Playgroups** = Parents supporting other Parents. For all ages.

**Monday—Thursday beginning at 10:30am.**

- ✓ **Operation Little Learners** = An interactive parent and child education program where parents learn to be the primary educator of their child with tools to enhance child development & early learning, as well as parent-child bonding. **Tuesday-Thursday beginning @ 09:30am AGES 2-4**

- ✓ **Backdoor Boutique Thrift Store.** Located @ 2304 Indiana Ave. **Hours: Tuesday-Friday from 11:00am—3:00pm.**

**Strengthening Our Military Family ®**



**(ACS)**

**Financial Readiness Program**

**Terrence Jones**

**270.798.5518**

**[terrence.o.jones.civ@mail.mil](mailto:terrence.o.jones.civ@mail.mil)**

**Upcoming Events**

**ACS NATIONAL CONSUMER PROTECTION WEEK:**

➤ **02-06 March 2020**

➤ ACS NCPW is an annual opportunity to help Soldiers and their Families understand their consumer rights and make well-informed decisions about money.

➤ **Our Goal:** To give consumers the tools they need to make [smart financial decisions](#) in today's marketplace, and to provide information and resources that help people get the most for their money, stretch their paychecks, or tell the difference between a real deal and a potentially fraudulent product or service.

- **2 March:** Information Table and brief to BOSS
- **3 March:** Information Tables at Hooper Bowling Alley from **0900-1100AM** and at the USO from **1200-1300PM**
- **4 March:** Information Tables at the PX from **0900-1100AM** and at the Commissary from **1200-1300PM**
- **6 March: 10:30AM-1400PM** Open House at ACS with the following agencies invited: Asst. AG of TN; Investigator with TN AG; BBB; Housing & JAG
- Open Q&A from **1100AM-1200PM**

**MILITARY SAVES WEEK:**

**Location: ACS, 1501 William C. Lee Road**

➤ **01-30 April 2020**

**9:00-11:30AM (ACS Financial Q&A Session)**

- Military Saves Week (MSW) is an annual opportunity to promote [good savings behavior](#) and a chance for service members and their families to [assess their own saving status](#).
- MSW provides classes to help service members and their families learn how to manage their personal finances and attain long-term financial readiness to include reducing debt and increasing wealth.
- Bring your financial topics to us for an unscripted dialog that fosters family and community financial wellness. **Sessions are offered daily.**

**Army Community Service (ACS)**

**Gari Wild**

[gari.j.wild.civ@mail.mil](mailto:gari.j.wild.civ@mail.mil)

**270.956.2934**

**Installation Volunteer of the Year**

- **April 21<sup>st</sup>, 2020      1800-2000      Cole Park Commons**
  - 5 Categories: Family Readiness Groups; Child Youth & School Services; Community Services; Other Agencies & Organizations and Outstanding Youth.
  - All nominees must be registered in the Volunteer Management Information Service System (VMIS), have a completed DD Form 2793 and have volunteered in the Fort Campbell Community during 2019.
  - Nominations packets **were sent out on 03 January** and are due back in **NLT 02 March.**
  - 1 Volunteer of the Year nomination per Battalion and Agency/Organization

- Enrollment Numbers

FORT CAMPBELL	PK3	PK	K	GR1	GR2	GR3	GR4	GR5	GR6	GR7	GR8	GR9	GR10	GR11	GR12	Totals
Fort Campbell High School	0	0	0	0	0	0	0	0	0	0	0	167	112	75	94	448
Mahaffey Middle School	0	0	0	0	0	0	0	0	195	191	167	0	0	0	0	553
Marshall Elementary	19	93	82	91	74	56	41	37	0	0	0	0	0	0	0	493
Lucas Elementary	13	78	95	108	75	65	65	52	0	0	0	0	0	0	0	551
Barsanti Elementary	14	102	100	96	77	82	94	67	0	0	0	0	0	0	0	632
Barkley Elementary	12	91	108	105	83	63	65	54	0	0	0	0	0	0	0	581
															<b>TOTAL</b>	<b>3258</b>

- Ft. Campbell High School has its own Facebook page! Please “like” us and follow our school’s happenings at “DoDEA Fort Campbell High School.”
- There are many new upcoming events at all of our schools. If you have questions or would like additional information for any of the events listed, please contact the schools front office for additional information.

### Calendar of Events

All Schools	February 10	No School – Teacher Training
All Schools	February 17	No School – Presidents Day
Lucas	March 2-6	Read Across America Week
All Schools	March 13	No School – Teacher Work Day
All Schools	March 20	Report Cards Issued
All Schools	March 23-27	Spring Break

**MWR**

**Melissa Schaffner**

**270.798.7535**

**[melissa.a.schaffner.naf@mail.mil](mailto:melissa.a.schaffner.naf@mail.mil)**

### UPCOMING EVENTS

- 2 February, opens at 11am
- Madden Tournament at 1130am
- Balloon Drop, Games/Contests, Food Specials
- Must be age 18+ to enter Warrior Zone.
- Must be age 21+ to purchase and consume alcohol.
- 3910 Indiana Ave
- (270) 461-0603

### **Outdoor Adventure Program**

#### **Paoli Peaks Skiing and Snowboarding Trip**

- 8-9 February
  - Depart on 8 Feb at 6 a.m.
  - Return on 9 Feb at approx 1 p.m.

- No age limit but youth 17 and under must be accompanied by an adult.
- \$199 per person includes transportation, one night lodging, equipment.
- The hotel offers a continental breakfast.
- Register by calling (270) 412-7855 or (270) 798-3126.

### **Cupid Shuffle 5K and 1 Mile Fun Run FREE**

- 8 February
  - 9 a.m. – Sign-in begins
  - 10 a.m. – Run begins
- Clarksville Base Physical Fitness Center.
- Family friendly.
- Leashed pets and strollers are welcome.
- (270) 956-1006

### **CYS Parents' Night Out**

- 8 February, 6 p.m. to 11 p.m.
- Infants thru Preschool at Gardner Hills CDC.
- Kindergarten thru 5<sup>th</sup> at Gardner Hills SAC.
- Child must be CYS registered.
- \$25 or 5 respite hours.
- Deadline to sign up is 5 February.
- (270) 798-0674

### **Cork and Canvas at the Warrior Zone**

#### **Love the Wine You're With Painting Event**

- 13 February, 6 p.m. to 9 p.m.
- \$25 single ticket, \$45 per couple
- Includes painting supplies and instruction, two beverages per person and light refreshments.
- Registration open online thru 11 February.
- Remaining seats will be sold first come first served at the door.
- (270) 461.0603

### **Step Aerobics Valentine's Day Challenge FREE**

- 14 February, 10 a.m. to 11 a.m.
- Shaw Physical Fitness Center
- Participants are encouraged to dress in red for Valentine's Day.
- (270) 798-9418

### **Leap Year Birthday Bowling Celebration**

- 29 February, 10 a.m. to 11 p.m.
- Hooper Bowling Center
- Anyone with a 29 February birthday will get two free games.
- (270) 798-5887

### **Spring Boot Camp Xtreme Class**

- Register 2 – 7 March at Estep Physical Fitness Center
- Class meets at various locations on Fort Campbell.
- 30 March – 18 May - Monday, Wednesday, Friday
  - Early Birds – 9am to 10am
  - Night Owls – 5:30pm to 6:30pm
- \$100 per person (Early Birds OR Night Owls)
- (270) 798-4664



### **Spring Aquatic Boot Camp**

- 3 – 26 March
  - Tue & Thr, 4:15 p.m. to 5 p.m.
- Gardner Indoor Pool
- \$75
- Participants must be comfortable in all depths of water.
- Registration is open 3 February thru 1 March.
- (270) 798-6310

### **Lifeguard Class (Full In-Person Course)**

- 23-27 March (spring break)
  - Monday - Friday, 8 a.m. to 4 p.m.
- Gardner Indoor Pool
- Must be age 15 by the last day of class.
- Must pass a pre-course swim test before the first day of class.
- \$65 (includes book and CPR mask)
- Call to schedule a swim test and for additional information.
- (270) 798-6310

**Garrison Chaplain's Office CH (LTC) Scott Nichols 270.412.5794 [scott.e.nichols2.mil@mail.mil](mailto:scott.e.nichols2.mil@mail.mil)**

### **2020 Lenten Schedule**

#### **Ash Wednesday (26 February)**

- 1145 - Catholic, Soldier's Chapel
- 1145 - Catholic, BACH Chapel
- 1145 - Protestant, Liberty Chapel
- 1800 - Catholic, Soldier's Chapel

#### **Stations of the Cross (28 February)**

- March 06<sup>th</sup> 13<sup>th</sup> 20<sup>th</sup> & 27<sup>th</sup>
- April 03<sup>rd</sup>

**Time: 1800 - Catholic, Soldier's Chapel**

**Galentines Day - Breakfast at Tiffany's Luncheon****Date: 19 February 2020****Time: 10:30AM – 1:00PM****Location: Cole Park Commons, Fort Campbell, KY**

Grab your girls and get your pearls! and join us for lunch. Bring a new friend with you and receive a discounted rate on your tickets! Charity of the month **"FRIENDS OF AUNT FLO"**. Accepting donations of feminine hygiene products. Tickets can be purchased now on our website @ <http://fortcampbellspousesclub.org>

Applications are now open for our 2020 scholarships and grants! Our scholarships are available to military-affiliated high school seniors and spouses pursuing secondary education, and we provide grants for local community organizations as well. For more information and the application documents, please visit our website @ <http://fortcampbellspousesclub.org>

**VICE Night 2020**

We are so excited to announce VICE Night 2020, Denim and Diamonds, set for **Friday, April 24th** at the Wilma Rudolph Event Center! Get ready to dust off your cowboy boots and pull out your pearls for our largest charity event of the year, it's time to party, Nashville-style! **Ticket sales will begin for VICE Night on March 1, 2020.**

➤ Come join us on **08 February** for a Power Acoustic Show featuring the band **"Presley & Taylor"** a Country duo out of Nashville, TN. **Event times: 1900-2100**

➤ Empowering Women Career Summit will take place on **19 February @ Valor Hall beginning @ 0900AM**. This event is designed to connect military spouses, transitioning soldiers and veterans with employment professionals and career opportunities!

➤ **27 February is the Gary Sinise Foundation Family Dinner @ 1730. Free!** Family Dinner for Active Duty, Guard, Reserve and their families.

➤ The USO will be hosting its Ten Miler, 5K and Fun Run on **14 March**. Event begins at **08:30AM**. Be sure to check out the USO Fort Campbell Facebook page for the most up to date program information.



*Look forward to seeing you there!*

[usarmy.campbell.medcom-bach.list.pao-users@mail.mil](mailto:usarmy.campbell.medcom-bach.list.pao-users@mail.mil)

<https://blanchfield.amedd.army.mil>  
[www.facebook.com/BACH.Fort.Campbell](https://www.facebook.com/BACH.Fort.Campbell)

## **Upcoming Events**

### **Holiday Schedule**

In recognition of the upcoming President's Day holiday, BACH personnel will observe the federal holiday Monday, Feb. 17. Therefore, all primary and specialty care services and pharmacies will be closed. The Emergency Center, inpatient services, as well as supportive supplementary services will remain open to provide inpatient, acute and emergency medical care.

## **Health and Wellness**

### **American Heart Month**

February is nationally recognized as American Heart Month, a time for the Department of Defense community to show its love for healthy living. Follow BACH's social media for health messages about reducing the risk of heart disease and recognizing the warning signs. Cardiovascular disease (CVD) — including heart disease, stroke, and high blood pressure — is the number one killer of men and women in the United States.

### **Tobacco Cessation**

The Army Wellness Center, 5662 Screaming Eagle Blvd., offers "Ready to Quit" every Tuesday from noon to 1 p.m. This briefing educates all TRICARE beneficiaries and DoD civilians about dangers of tobacco and assess readiness to join the Tobacco Cessation Program. The Tobacco Cessation Program is offered the 1st – 4th Wednesday monthly from noon to 1 p.m. For more information, call (270) 956-0100.

### **MHS Nurse Advice Line Beneficiary Portal**

The Nurse Advice Line provides health care support to TRICARE beneficiaries 24/7. The Nurse Advice Line provides support to TRICARE beneficiaries at no cost to you. The team assists you in navigating your Family's health care needs. Some of the services provided include:

- Health Care Advice
- Answers to Urgent Care Questions
- Assistance locating a Provider or Pharmacy
- Same and next-day appointment scheduling at military hospitals and clinics

Nurses who specialize in Pediatric, Behavioral Health and Obstetric care are available to support your Family's needs. To support your continuity of care, we'll check back in on you and your Family to ensure you're still confident in the nurse's recommended care plan.

Remember, if you have an emergency, call 911 or your local emergency service center. Visit the portal at <https://www.mhsnurseadvice.com/home>.

## **BACH General Information**

### **Missed Drug Take Back Day?**

Properly dispose of your expired, unused or unwanted medicine by dropping them in the Drug Drop Boxes placed inside the hospital's Main Pharmacy or Town Center Pharmacy during business hours. Accepted items include: prescription medications, controlled substance medication, over-the-counter medication, vitamins, medicated ointment/lotion, liquid medication in leak-proof containers and transdermal skin patches. *Items not accepted include: needles, thermometers, contraband drugs, infectious waste/medical waste, personal care products, business waste, hydrogen peroxide, aerosol cans, and inhalers.*

### **How do I schedule/cancel appointments?**

If you need to make or cancel an appointment at any of the Soldier or Patient-Centered Medical Homes, you may go online at [www.tricareonline.com](http://www.tricareonline.com) or you may call 270-798-4677/ 931-431-4677 or if outside the calling area 1-866-524-4677. See the complete listing of Soldier and Patient-Centered Medical Homes below.

- Appointments can be made from 6 a.m. – 4:30 p.m., Monday - Friday.
- Appointments can be cancelled 24 hours a day, seven days a week by leaving a voicemail message.
- Advice nurses may be reached by calling the appointment line
- You can also schedule and cancel appointments online at [www.tricareonline.com](http://www.tricareonline.com).

#### **BACH** 650 Joel Drive

Air Assault Family Medical Home (Team Apache, Team Blackhawk, Team Comanche, Team Huey)

Gold Family Medical Home

Young Eagle Medical Home (Team Flight or Team Soar)

#### **Byrd** 7973 Thunder Blvd.

Byrd Soldier or Family Medical Homes

#### **LaPointe** 5979 Desert Storm Avenue

Bastogne Soldier Medical Home

Rakkasan Soldier Medical Home

Strike Soldier Medical Home

#### **Screaming Eagle Medical Home** Medical Office Building One, 647 Dunlop Lane, Suite 301

(Community Based Medical Home in Clarksville, Tenn.)

#### **Campbell Army Airfield Medical Home** 7149 Black Sheep Run