Calendar of Events:

• 07 March is our Pre-Prom & Mom Kick-Off Event! 11:30 a.m.

• 14 March USO Ten Mile, 5K & Fun Run

• 24 March Military Spouse Networking Event from 10 a.m. to 2 p.m.

ACS Family Advocacy Program (270) 412-5500

EVENT LINEUP

• "Pinwheel Planting Party"- In Partnership with Community Schools.

• April 04th "Kids Fest" @ 8 a.m. (Month of the Military Child Partnership)

• April 06th "BACH Outreach" from 11 a.m. - 1 p.m.

April 07th; 14th; 21st & 28th "Infant Massage"
 10-11:30 a.m. @ Instructional Programs (formerly Skies Unlimited) 3411 Bastogne Avenue

• April 09th "Commissary Outreach" from 11 a.m. - 1 p.m.

• April 14th "Five Love Languages for Teens" from 9:30 a.m. - Noon @ ACS

April 16th "Information Fair & Pinwheel Party" from 9:30 11 a.m. during Playgroup @ Instructional Programs (formerly Skies Unlimited) 3411 Bastogne Avenue

• April 26th "Day of Play" from 10 a.m. - 4 p.m. (A Community Partnership @ Wilma Rudolph Event Center)

Dive-In Movie

13 March, 5 p.m. to 8 p.m. Gardner Indoor Pool Family friendly. **\$3** – DoD ID Card Holders **\$5** – Non DoD ID Card Holders **\$10** – to rent a Family sized float (optional). **(270) 798-6310**

Challenge Course Complex Open House

14 March, 8 a.m. to 3 p.m. \$15 for age 12 and up. \$5 for age 11 and under. Includes all safety gear and instruction. Age 5 and up can use the Alpine Tower and T-Wall. Age 12 and up can use the Odyssey. Must register for the Odyssey beginning at 8 a.m. Odyssey requires one hour to navigate with time slots beginning hourly with the first one at 9 a.m. and the last one at 2 p.m. Closed toe shoes required. Signed waivers required to participate. Youth age 17 and under must be accompanied by an adult who can sign the waiver. Yard games and inflatables. (270) 412-7855.

• Parents' Night Out

14 March, 6 p.m. to 11 p.m. Infants thru Preschool at Gardner Hills CDC. Kindergarten thru 5th at Gardner Hills SAC. Child must be CYS registered. \$25 or 5 respite hours. Deadline to sign up is **11 March.** Call **(270) 798-0674.**

Shamrock 'n Run 2020 Run Series Event
 17 March 5:30 p.m. – Run Begins at Taylor Youth Center

Family Friendly Leashed Pet and Stroller Friendly. Free Register on-line or on-site. www.campbell.armymwr.com.

R.F. Sink Library Book Sale
 17 – 22 March 17, 18 & 19 March, 9 a.m. to 7 p.m.
 20 March, 9 a.m. to 5 p.m. 21 & 22 March, 12 p.m. to 5 p.m.
 Children's Books: \$0.25. Adult Paperbacks: \$0.50. Bag of Books:
 \$5 DVDs: \$1 Books on CD: \$1 (270) 798-5729.

• Lifeguard Class

23-27 March Monday - Friday, 8 a.m. to 4 p.m.
Gardner Indoor Pool Must be age 15 by the last day of class.
Must pass a pre-course swim test before the first day of class.
\$65 (includes book and CPR mask) Call to schedule a swim test and for additional information. (270) 798-6310.

• Spring Break Tech Camp

23-27 March Monday - Friday, 10 a.m. to 12 p.m.

R.F. Sink Memorial Library for ages 6 and up. Children age 10 and under must be accompanied by an adult. Children will be instructed in Robotics, Snap Circuits®, and Stop Motion. Free (270) 798-5729.

Easter Brunch
 12 April, 10:30 a.m. to 3 p.m. Smokehaus Restaurant
 (270) 798-4610/4993.







INFORMATION EXCHANGE

04 March 2020



National Consumers Awareness Week

National Nutrition Month

Women's History Month



Next Info Exchange 01 April 2020 Cole Park Commons

Events On Fort Campbell (270) 798-9710

04 MAR: Facebook Town Hall Live 06 MAR: 10AM 1/506 IN C.O.C & C.O.R Ceremony 08 MAR: Daylight Saving Time Begins 13 MAR: American Red Cross Volunteer Orientation 14 MAR: USO Ten Miler 17 MAR: St. Patrick's Dav 19-20 MAR: SFL/TAP Spring Job Fair 23 MAR: DONSA 23-27 MAR: Spring Break (CMCSS & FCKY) 27 MAR: American Red Cross Volunteer Recognition Ceremony 03-10 APR: CCSD Spring Break 10 APR: DONSA 10 APR: CMCSS No School 12 APR: Easter 13 APR: DONSA 21 APR: Volunteer of the Year 2020 Ceremony 24 APR: FTCKY No School

Garrison Chaplain's Office (270) 412-5794

Spring Religious Holiday Schedule

Stations of the Cross (06th; 13th; 20th; 27th March & 03 April) 6 p.m. - Catholic @ Soldier's Chapel

Jewish Passover 08th April 7 p.m. - Seder @ Memorial Chapel

Triduum 09th - 11th April 6 p.m. - Holy Thursday Mass @ Soldier's Chapel; 6 p.m. - Good Friday Mass @ Soldier's Chapel; 8 p.m. - Holy Saturday Mass @ Soldier's Chapel

Easter Sunday 12th April 7 a.m. - Community Sunrise Service @ 101st ABN Division Headquarters

Normal Chapel Services hours & locations can be found @ ٠ https://home.army.mil/campbell/

ALPHA: A casual conversation group building spiritual ٠ foundations based on Christian worldview. Anyone who is interested in finding more about the Christian faith can come. It is designed for non-church goes & new Christians. Our focus at Ft. Campbell is for single Soldier growth. Every Monday thru 06 April @ 6 p.m., Warrior Zone. POC CH (CPT) James Burke @ (404) 788-0203 or james.g.burke1@gmail.com

Reboot Recovery: A 12-week Faith based Combat Trauma Recovery Program that helps the Soldier & Veteran in physical, mental & social well-being. Published in the Military Psychology Journal, this recurring course relies on Christian principles to address whole-person wellness for those affected by combat trauma. Every Thursday @ 6 p.m., Liberty Chapel. Meal & Childcare available. POC CH (LTC) Paul Ramsev @ (270) 412-9972 or paul.d.ramsey.mil@mail.mil

Celebrate Recovery: A Faith based Addiction Recovery Program that is based on the 12-Step Model. Every Thursday @ 6 p.m., Memorial Chapel. POC CH (LTC) Paul Ramsey @ (270) 412-9972 or Bradford Smith @ bradford.smith3@hotmail.com Hurts, Habits & Hang-ups are welcome.

Installation Volunteer of the Year (270) 956-2934

Installation Volunteer of the Year Ceremony

Ceremony Specifics

Ceremony will be conducted on April 21st @ 6 p.m. Cole Park Commons.

Tickets will go on sale 24 March - 14 April. COST \$17ea. • Can be purchased at Cole Park Commons, Hooper Bowling, Leisure Travel Services or on-line @ https://campbell.armymwr.com

 Unit Table Decorations will be from 9 a.m. to Noon on 21 April.

MWR/ Month of the Military Child (270) 798-4643

4 April is Kidsfest from 10 a.m. to 2 p.m. @ South Sports Complex. Kidsfest is a 4 hour block of festival like activities where different agencies & organizations participate in celebrating Military Children. It's a whole day focused just on them! Activities include a concert featuring EduMusication. SKIES demos, face painting & lots more fun interactive games. We will close out the day @ 1:45 p.m. with a parade featuring floats created by our own Fort Campbell kids.

◆ 17 April is Screenager from 6-8 p.m. @ Taylor Youth Complex. Screenagers is a family event designed for middle school & teenagers as well as their parents. This event will help build resiliency in our teenagers as they overcome obstacles & navigate their way through today's digital world.

25 April is Character Crawl @ Cole Park Commons. Registration begins @ 8 a.m. Event begins from 9-10:30 a.m. This is a Free! family event where families are invited to dress like their favorite characters. There will be a 1 & 2 mile fun run starting & finishing @ Cole Park Commons.

MWR/Sports, Fitness & Aquatics (270) 461-2296

WE ARE HIRING!!

Cashier, Lifeguard, aquatic fitness contractor positions ٠ available.

AMAZING Summer Job

Great way to gain professional & personal skills, knowledge & abilities.

Requirements: Must be 15 Years old by the end of the ٠ class and must successfully pass the Lifequard Course.

Pay: \$10.00/hour for Lifeguard; \$9.00/hour for Cashier

Class Dates & Cost: \$65.00 per class taught @ Gardner ٠ Indoor Pool. Full Course 23-27 March 8 a.m. - 4 p.m. Mon-Fri. Blended Course 3-5 April 8 a.m. - 4 p.m. Sat-Sun; 5:30-8:30 p.m. Fri. Blended Course 7-9 May 8 a.m. - 4 p.m. Sat-Sun; 5:30-8:30 p.m. Fri. Sponsored by the American Red Cross. For more information or to register call (270) 798-6310.

Fort Campbell Spouses Club

fcscpublicaffairsofficer@gmail.com

• Join us on March 18th from 1030 a.m.-1 p.m. @ Cole Park **Commons** for our Kentucky Derby Luncheon! Grab your cocktail dresses & Derby hats and spend the morning bonding with Army friends and shopping with our wonderful vendors. This month's charity is FUEL for Kids. Requesting donations of Pop tarts, small boxes of cereal, pudding cups, Slim Jim's, fruit cups & 100% juice boxes that can be provided to local children over the weekends & school holidays. Please RSVP for the Luncheon at our website.

• Applications are now open for our 2020 scholarships & grants. Scholarships are available to military-affiliated high school seniors & spouses pursuing secondary education. Grants are available for local community organizations as well. Scholarship & grant applications must be postmarked by March 15th to be eligible. Please visit our website for more information.

VICE Night 2020 "Denim & Diamonds" set for Friday, April • 24th @ Wilma Rudolph Event Center! Get ready to dust off your cowboy boots & pull out your pearls for our largest charity event of the year! Tickets are available now on our website.

fortcampbellspousesclub.org

DES/Fire Safety (270) 798-3473

It's almost time to change our clock, so it's time to get your batteries now! Remember to change the batteries in your smoke & carbon monoxide detectors. Here are a few smoke & CO Alarm Tips:

Test alarms at least once a month by using the test button. ٠

If you have an alarm with a removable battery, be sure to ٠ change the batteries every 6 months. If a battery is starting to lose its power, the unit will usually chirp to warn you. Do NOT disable the unit.

Vacuum or blow out any dust that might have accumulated in the unit.

NEVER borrow a battery from an alarm to use somewhere ٠ else.

NEVER paint a smoke or CO Alarm. ٠

Install at least one smoke alarm on every floor of your home, including the basement, and in, or near each sleeping area.

Smoke alarms should not be installed near a window ٠ because drafts could interfere with their operation.

٠ Families should also develop & practice a home fire escape plan.

Always follow the manufacturer's instructions for testing ٠ smoke alarms & replacing the batteries.

Please use your own social media to help spread the word & remind friends & family to change the batteries in their smoke & carbon monoxide detectors on March 08th. For up to date current fire safety information. follow us on Facebook @ https://www.facebook.com/fortcampbellfiredepartment/