



JULY

WATER EXERCISE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Aerobics with Brette 0800 & 1030	2	3 DONSA	4 NO Class
6 DONSA	7	8 Aerobics with Brette 0800 & 1030	9	10 Aerobics with Brette 0800 & 1030	11 Aerobics with Morgan 1100-1200
13 Aerobics with Brette 0800 & 1030	14	15 Aerobics with Brette 0800 & 1030	16	17 Aerobics with Brette 0800 & 1030	18 Aerobics with Morgan 1100-1200
20 Aerobics with Brette 0800 & 1030	21	22 NO Class	23	24 NO Class	25 Aerobics with Morgan 1100-1200
27 NO Class	28	29 NO Class	30	31 Aerobics with Brette 0800 & 1030	