



Garrison Information Exchange

4 October 2017

Installation Management Command integrates and delivers base support to enable readiness for a globally-responsive Army

We are the Army's Home

Serving the Rugged Professional

"I pledge allegiance to the flag of the United States of America and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all."

Moment of Silence



Agency Director's/ Representatives

Blanchfield Army Community Hospital

Chaplain

Directorate of Emergency Services

Directorate of Family and Morale, Welfare and Recreation

Directorate of Public Works

DoDEA, Americas Southeast, Fort Campbell Schools

The Exchange



AGENDA

Garrison Volunteer of the Month Award

Special Briefs:

- MWR Calendar/E-News Melissa Schaffner
- CYS Services Coordinator Mark Ryales
- **BACH Wellness Center** Jheri Weidensall
- Fire Prevention Week/Halloween Safety Nicholas Pietila

Agency Briefs:

- Campbell Crossing
- Blanchfield Army Community Hospital (BACH)
- Chaplain CH (LTC) Kevin Wainwright
- Christian County Military Affairs Committee (MAC)
- Clarksville Chamber of Commerce
- Montgomery County Government
- Directorate of Public Works
- The Exchange
- Fort Campbell Spouses' Club
- Closing Remarks

Lauren Frazier

David Gillespie

Katherine D'Amato

Yvonne Pickering

Michelle Newell

Robert Ott

David Swenson

Sarah Kuchen





Volunteers of the Month

Army Community Service Lindsay Green

Chapels Jennifer Filpo

Fort Campbell Schools Stephanie Gabriel

Fort Campbell Schools Darla Alia

Fort Campbell Spouses' Club Melissa Fitzgerald

Operation Homefront Stephanie Schroeder

MWR Marketing Signe' Farley

Red Cross Nicole Robinson

Family and Morale, Welfare and Recreation

Melissa Schaffner Marketing Director (270) 798-7535

melissa.a.schaffner.naf@mail.mil



Family and Morale, Welfare and Recreation

- Sign up for MWR E-news
- Receive an email every week with links to our blog site <u>www.fortcampbellmwrlife.com</u> and website <u>www.Campbell.armymwr.com</u> where you can find more information about the topics mentioned.
- Sign up from our MWR Facebook page or on the MWR website.
- Demonstration...



Family and Morale, Welfare and Recreation

- ECFT Colorful Zombie Run & Spooktacular
 - Saturday, October 28, 2017
 - Shaw Physical Fitness Center, 7979 California Road
 - Colorful Zombie Run (counts for ECFT)
 - 2pm Sign-in & Registration
 - 3pm Run begins
 - \$10 online registration thru Thurs Oct 26
 - \$20 on site registration day of event
 - Spooktacular trunk or treat and more!
 - 4pm to 7pm
 - Free
 - (270) 798-7535



Mark Ryales CYS Services Coordinator (270) 412-5453

mark.a.ryales.naf@mail.mil

Deployment Support Services

Changes to School Year 2016-2017
Army Child and Youth Fee Policy
Issued by Office Assistance Chief of Staff for Installation Management



Background

The Office of the Assistant Chief of Staff for Installation Management (ACSIM) has issued major changes to the DoD Army Child and Youth Fee Policy. These changes update and clarify new eligibility for deployment services in the CYS fee policy. Effective date is 1 November 2017. Army Families are to be notified 30 days in advance of implementation.



Changes to Eligibility Criteria

- Three mission levels replaced with 5 eligibility criterion:
 - Criteria 1 Deployed Contingency Operations
 - Criteria 2 Assigned to Warrior Transition Unit
 - Criteria 3 Deployed Rotational Forces
 - Criteria 4 Deployed Non-Contingency Operations
 - Criteria 5 Survivor Outreach Services
- Patrons currently receiving deployment support benefits will continue to receive these benefits until their current deployment status changes. Those receiving the Category 1 fee reduction will continue to receive this reduction until their re-registration occurs(SOS, WTU)



Changes to Eligibility Criteria

Changes include elimination of:

- Category 1 Fee reduction for Warrior Transition Units, Survivor Outreach Services
- Sports fees reduction(up to \$100)
- SKIES *Unlimite* d fees reduction (up to \$300)
- The two (\$2.00) dollar per child per hour care for any hourly care beyond the free respite care hours
- 5 monthly hours of respite care for Rear Detachment Cadre
- 5 monthly hours of respite care for Recruiters







Blanchfield Army Community Hospital Army Wellness Center

Bldg. 5662 Screaming Eagle Blvd Ft. Campbell, KY 42223

POC Ms. Jheri Weidensall 270-412-4643



Army Wellness Center

Services Available

-Body Composition Testing

 Offers fat to fat free measurements (tool for current health status and follow ups for tracking progress)

-Metabolic Analysis

 Use of metabolic testing that synchronizes an individual's resting metabolic rate to provide tailored strategies for weight loss, gain, or maintenance

-Fitness Testing

 Using state-of-the-art equipment, physical fitness level is assessed and used to create an individualized exercise prescription

-Stress Management

Education in biofeedback and stress relief techniques and positive coping skills

-General Wellness Education

Classes on sleep, activity, nutrition, and healthy living.



Army Wellness Center

•Who is Eligible :

- AD Soldier
- Retiree
- Family Member
- DOD/DA Civilian

All services are FREE

- Must schedule an appointment
- Appointment line: 270-461-3451

Office Hours:

- Mon, Tues, Wed, Fri: 0700-1600 Thurs: 0900-1600
- Closed for lunch from 1200-1300

5662 Screaming Eagle Blvd Ft. Campbell, KY 42223



Army Wellness Center

AWC and FRGs

Wellness Classes

- Fueling for Health
- Staying Fit Home and Away
- Meals in Minutes

- Healthy Sleep Habits
- Stress Management

Information Briefs

Overview brief of AWC services

Group Assessments

 30 day advance request with the following information: who, assessment type(s), when, and POC.

Installation Provost Marshal Office

Nicholas Pietila (270) 798-0837

nicholas.w.pietila.civ@mail.mil



Fort Campbell Fire Prevention Week

October 8th – October 14th

Fire Prevention Trailer at the Exchange from 1000-1300 Mon Oct 9th Fire Prevention Trailer at Housing Community Offices

Story time at R.F. Sink Thursday Oct 12th 1015-1130 & 1315-1430 FES will Deliver with Dominos all week from 1630-1900





Halloween Fire Safety

- Provide children with flashlights or glow sticks.
- Keep dried flowers, cornstalks, crepe paper and other flammable items away from open flames.
- Use battery operated candles or glow-sticks in jack-olanterns instead of candles.
- Tell children to stay away from open flames. Be sure they know how to stop, drop and roll if their clothing catches fire.
- If you would like to have a haunted house please contact us for permitting process at 270-798-FIRE (3473)

Halloween Safety

Trick or Treat 31 OCT From 1800 – 2000

- Instruct older children to TAKE FRIENDS when "Trick or Treating"
- Make sure a TRUSTED ADULT, an older child, or you accompany your children during "Trick or Treating"
- Teach children to STAY ALERT and report anything unusual to the Military Police or BOSS representatives
- Make sure your children wear REFLECTIVE clothing and carry a flashlight
- Teach children to NEVER approach a vehicle unless they are accompanied by you

Organizations/Agency Briefs

- Campbell Crossing
- Blanchfield Army Community Hospital (BACH)
- Chaplain
- Christian County Military Affairs Committee (MAC)
- Clarksville Chamber of Commerce
- Montgomery County Government
- Directorate of Public Works
- The Exchange
- Fort Campbell Spouses' Club
- United Service Organization (USO)



Campbell Crossing – On Post Housing

Lauren Frazier

Marketing and Communication Manager, Campbell Crossing

LFrazier@campbellcrossingllc.com



Campbell Crossing Calendar

- Fire Safety Week
 - October 8th the 14th
 - Order Dominos, pizza may be delivered by the Fire Dept.
 - Fire Simulation Trailer
 - October 10th Pierce Community Center 10am-1pm
 - October 11th Hammond Heights Community Center 10am-1pm
 - October 12th Werner Park Community Center 10am-1pm
 - October 13th Woodlands Community Center 10am-1pm
- Post Wide Yard Sale
 - October 21st
 - There will be a link to register what you are selling. There will be an event on Facebook and link sent out via email.





Blanchfield Army Community Hospital

Mr. David E. Gillespie

Director, Patient and Family Centered Care (270) 956-0459

David.E.Gillespie6.civ@mail.mil

http://blanchfield.amedd.army.mil



Blanchfield Army Community Hospital

Footprints on Our Heart

- BACH will host a remembrance event on the A building lawn at 10 a.m. Oct. 18 for parents who have suffered a pregnancy loss or grieved the loss of a child.
- "Footprints on our Heart" is an annual event for Families who have lost a baby through miscarriage, ectopic pregnancy, intrauterine fetal demise or infant death. BACH organizers are also including Families who have lost older children for this community event, which is focused on remembrance and healing.
- This event will feature comments from the hospital chaplain, remembrance activities, and bubbles for participants who wish to send bubble wishes in memory of their baby or child.



Blanchfield Army Community Hospital

Breast Cancer Awareness Month

Other than skin cancer, breast cancer is the most common cancer among American women. Getting mammograms regularly can lower the risk of dying from breast cancer. Annual mammograms begins at age 40. Self refer, if no current breast problems & enrolled at BACH. New or current breast problem, must see Primary Care Manager.

Organization Half-Day

BACH staff will observe Organization Half-Day Friday, Oct. 20, an afternoon set aside annually for staff to build esprit de corps and celebrate their roles to help promote health and wellness in the Fort Campbell community. Medical Homes will not be scheduling or accepting walk-in appointments after 10:30 a.m. However, patients with acute symptoms are still encouraged to call the appointment line. Specialty services will be closed to patients, except for X-ray, laboratory and other ancillary services that are considered an emergency. The hospital remains open 24/7, 365 days of the year.



Garrison Chaplain's Office

CH (LTC) Kevin Wainwright Chief, Religious Support (Garrison) 270- 412-1528

kevin.e.wainwright.mil@mail.mil



Garrison Chaplain's Office



Hurricane Harvey Designated Offering from all Worship Services was over \$17,000.00.

The Offering was given to Mercy Chefs, which is a faith-based, non-profit disaster relief organization. Mercy Chefs exist to serve professionally prepared meals for victims, volunteers and first responders in national emergencies and natural disasters.



Garrison Chaplain's Office



Approved Workmen Are Not Ashamed (AWANA)
Started September 10, 2017, ongoing
1500-1700
Liberty Chapel
2 years old – 8th grade
150 Students (Full) and 20 Full Staff



Christian County Military Affairs Committee (MAC)

Katherine D'Amato Military Affairs Coordinator (270) 885-9096

kd'amato@christiancountychamber.com



Christian County Salute Week

October 21-28, 2017

- 21 OCT

 Salute Saturday Chili Cook-Off
 - Founders Square, Hopkinsville Activities for the public begin at 1400
- 24 OCT
 Eagle Ambassador Breakfast
 - · 0730 at Valor Hall, Oak Grove
- 25 OCT

 Spouses' Luncheon & Tour of Homes
 - 0900 Breakfast in Hopkinsville/Start of Tour
- 27 OCT

 Lunch @ the USO
 - 1130-1230, MAC will be serving lunch to military families
- 28 OCT
 MAC Gala
 - Pre Gala Begins at 1800; Gala begins at 1930
 - Electronic invitations sent to Battalion and above Command Teams however all military personnel are welcome to attend free of charge



Veterans Day Parade

November 11, 2017 at 10am Parade will route through Downtown Hopkinsville, KY

Program to follow at the steps of Christian

County Justice Center (100 Justice Way)

- Proclamations to honor veterans organizations
- School Challenge





Clarksville Chamber of Commerce

Yvonne Pickering, IOM
Military & Government Affairs Coordinator Clarksville
Area Chamber of Commerce
Work: 931.245.4340

yvonnep@clarksville.tn.us



Clarksville Chamber of Commerce

Women In Business Luncheon

Date & Time: October 12, 2017 @ 11:30am

Location: Clarksville Country Club- 334 Fairway Drive

Keynote Speaker: Dale Smith Thomas

Cost: Chamber members: \$30 Non-members \$35

Contact: Natalie – <u>Natalie@clarksvillechamber.com</u>

or register at www.clarksvillechamber.com

25th Annual Veterans Day Breakfast

Date: November 11, 2017 @ 7:30am

Location: APSU- Morgan University Center

Keynote Speaker: CW5 (R) Dave Cooper

Cost: \$20

Contact: Yvonne – <u>yvonnep@clarksville.tn.us</u>



Montgomery County Government

Michelle Newell
Public Information
Officer

931-648-8482

manewell@mcgtn.net



Montgomery County Government

Montgomery County Sheriff's Department

 A child Safety event will be held at Publix on Tiny Town Rd. on Oct. 14 from 1-3 p.m. Certified car seat techs will be available to inspect and properly install car seats and a finger print machine to provide parents with an id card with their child's finger print and photo on it will also be available. All services are free.

Montgomery County Clerk News

- Effective Sept. 1, vehicle registrations include an \$18 increase for all residents of Montgomery County to be used towards schools.
- As of August, 2017 only one vehicle per military household is exempt from local registration fees.
- Montgomery County Election Commission
 - You can now register to vote online in the State of Tennessee Voter Registration and voter registration information.



Montgomery County Government

- Ice Skate Guards Needed for Outdoor Skating Rink
 - A temporary outdoor skating rink, opening in November will be located at the new Downtown Commons Park. Email <u>Lenny@icecoldentertainment.com</u> for info about ice guard positions.
- Walk to End Alzheimers: Oct. 7 at Liberty Park
 http://act.alz.org/site/TR/Walk2017/TN-MidSouth?fr_id=10105&pg=entry
- Montgomery County Trustee
 - Eligible Disabled Veteran or Disabled Veteran Widow(er), property tax re-imbursement amount up to \$1,470 in county property tax and City of Clarksville Property Tax re-imbursement amount up to \$538.
- Montgomery County Human Resources
 - Job postings and the county benefits package are on the web site.
- Visit mcgtn.org and the Montgomery County Government Facebook Page for more information.

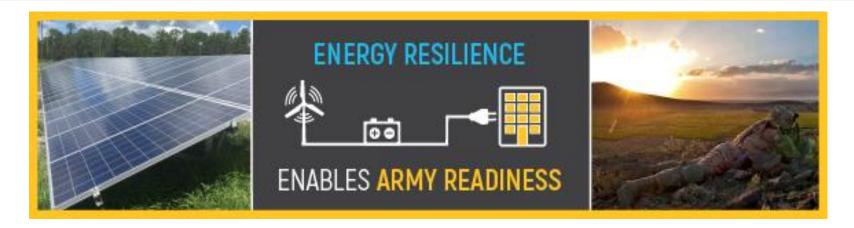


Department of Public Works

Mr. Robert L. Ott, PMP Garrison Energy Manager 270-798-0367 robert.l.ott.civ@mail.mil



Department of Public Works



Energy Awareness Enables Army Readiness:

- The Army is Energy. Energy is key to everything the Army does. Secure and reliable access to energy, water, and land resources is vital for the Army to perform its mission and support global operations.
- focused on achieving a minimum 14 day energy supply for critical missions.
- In FY 2016, the Army spent > \$1.1 billion on energy at its installations. Fort Campbell spent \$21.6 million on energy in FY 2016.
- Since 2003, the Army reduced energy consumption by 25%; however, costs have increased by 35%.



Department of Public Works

Army's Goal: 25% energy reduction by 2025 ... Fort Campbell's Goal:

- 50% reduction in energy use.
- Substantial improvement in our facilities climate and comfort for our Soldiers and Workforce.
- Encourage your improved conservation habits by our efforts producing positive results.

Fort Campbell's Energy Strategy:

- Ensure energy and water resilience through redundant supplies and sources:
 - Hopkinsville completed a 20" water connection to Fort Campbell in June 2017; and,
 - Hopkinsville is constructing a redundant gas feed; and,
 - Completed PH II Solar Field in May 2017 that now can provide a total of 5.65 MW of power.
- Focus our short term effort, FY18 project work, on our HVAC systems – #1 energy use.
- Develop long term strategies and capabilities to reduce peak demand use and lower our energy baseline.



The Exchange

David Swenson General Manager 270-439-1846

swenson@aafes.com



Exchange

- Oct. 7, Diaper Derby Baby event in the Children's Dept. 1200-1400, My Little Pony Event, Toy Dept., 1100-1300.
- Oct. 7 "Breast Cancer Awareness" will be having a "Bra Fit Clinic", 1200-1400 located by the Ladies Dressing Room.
- Oct 9 Author Doug Stanton will be holding a Meet & Greet, 1200-1400.
- Oct 21 Toyland Grand Opening,1100,Toy Dept. With Lego, Chubby Puppy events, 1100-1400.
- Oct 28 "Trick or Treat Halloween Event",1400-1700.
- Follow us on Ft Campbell Exchange Twitter & Facebook Page for event info



Exchange

- Oct 2-22 Rugs on Rack at the Exchange
- Oct 10-12 Kitchen Craft (Cutlery) will be at the Exchange In-Store Demo
- Oct 2-22 Barb's Treasure will be at the Exchange Mall with Native Jewelry and Geodes and more
- Gift wrap fundraiser at the Exchange, sign up now contact <u>coletr@aafes.com</u> for dates and times.
 - For more information regarding concession please contact Kelly Tolefree art 270-439-1889 or tolefreek@aafes.com



Fort Campbell Spouses' Club

Sarah Kuchan Publicity Chair

publicitychair@fortcampbellspousesclub.com





Fort Campbell Spouses' Club

FCSC Fall Charity Golf Classic (Fundraiser)

When: 28 October

■ Time: Registration 6:30AM; Scramble starts 8AM

Where: Cole Park Golf Course

Tickets: \$80 per person (included in your entry fee: free range balls, lunch & dessert; top 9 teams prizes; swag bags;)

 Individual Prize Opportunities (Hole-In-One, closest to the pin, longest drive, & putting contest).

Deadline: 15 October

To register at <u>fcscfallfundraiser@gmail.com</u>



Fort Campbell Spouses' Club

October's Monthly Luncheon

- Brunch Like Tiffany's
- When: 18 October; 10:30AM 1PM
- Where: Cole Park Commons
- Donations: Buddy Balls Special Needs Athletic

League http://www.buddyball.net/

FCSC Membership

Membership opportunities are always available for active duty & retired military Spouses of all branches and Spouses of government civilian employees at https://www.ftcampbellspousesclub.com/copy-ofbecoming-a-member



Next Information Exchange

1 *November 2017*

Thank you ACS for the Refreshments



End of Brief

