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(This information can be downloaded from www.campbell.armymwr.com; see Facilities & Programs)

Information Exchange

5 July 2017

Talking Points

Christian County Military Affairs (MAC)

Katie Lopez

(270) 885-9096

Moonlight Canoe Trips

- July 8
- Pennyrile Forest State Resort Park,
20781 Pennyrile Lodge Rd.,
Dawson Springs, KY
- Canoe trip on the park’s lake, guided by an almost full moon
- Trips will last about 2 hours on the water (*Groups may schedule their own personal trip on other dates close to the full moon.*)
- \$25 per canoe
- Bring water, bug spray, and flashlight
- Participants must be 10+ years
- 6 canoes are available
- For more information, visit <http://parks.ky.gov/calendar/details/first-day-hike-monthly-hiking-series/35528/> .
- Must register one week before the canoe trip. To register for the canoe trip, call Rebecca Clark at 1-800-325-1711 or 270-797-3421.

Movies in the Park

- July 14 & 21
- Varied parks across Hopkinsville, KY
- For more information, call 270-887-4290, or visit the Division of Parks and Recreation website at www.hoptownrec.com .

Military Appreciation Days at Tie Breaker Family Aquatic Center

- July 15 ~ 10:00 a.m. to 7:00 p.m.
July 16 ~ 12:00 p.m. to 7:00 p.m.
- Tie Breaker Family Aquatic Center,
9503 Eagle Way Bypass, Hopkinsville, KY
- \$1.00 Admission for Active and Retired Military, Plus Dependents – with military ID
- For more information, visit www.tiebreakerpark.com and www.hoptownrec.com . You can also call Division of Parks and Recreation at 270-887-4290, or Tie Breaker FAC at 270-890-0730.

Pickin’ on the Porch Summer Concert – Night Masters

- July 15, 6:00 p.m. to 9:00 p.m.
- MB Roland Distillery, 137 Barkers Mill Rd., Pembroke, KY
- For more information, visit <http://mbroland.com/events/pickin-on-the-porch/> , or call 270-640-7744.

Pickin' on the Porch Summer Concert – Joel Brown

- July 29, 6:00 p.m. to 9:00 p.m.
- MB Roland Distillery, 137 Barkers Mill Rd., Pembroke, KY
- For more information, visit <http://mbroland.com/events/pickin-on-the-porch/> , or call 270-640-7744.

Movies in the Park

- August 4 & September 8
- Varied parks across Hopkinsville, KY
- For more information, call 270-887-4290, or visit the Division of Parks and Recreation website at www.hoptownrec.com .

Zumba Classes

- Wednesdays, 5:30 p.m. to 6:30 p.m.
- Thomas Street Recreation Center Gymnasium, 2600 Thomas St., Hopkinsville, KY
- Fee is \$5 per each class (first class is free)
- For more information, visit www.hopkinsvilleky.us and www.hoptownrec.com . You can also call Division of Parks and Recreation at 270-887-4290.

Line Dancing Lessons

- Thursdays, 6:00 p.m. to 8:00 p.m.
- Thomas Street Recreation Center Gymnasium, 2600 Thomas St., Hopkinsville, KY
- Admission is by donation only
- For more information, visit www.hopkinsvilleky.us and www.hoptownrec.com . You can also call Division of Parks and Recreation at 270-887-4290.

Clarksville Parks & Recreation Candice Tillman

Cityofclarksville.com/Parks/Rec

(931) 645-7476

Summer Tumbling Camp: July 10-13, July 17-20

Ages 6-16. American Twisters Tumbling. \$40

Clarksville Downtown Market

Saturdays, 8am-1pm | Public Square

Movies in the Park

July 8 | Lego Batman Movie | McGregor Park

July 22 | Secret Life of Pets | McGregor Park

Aug 19 | Space Jam | Liberty Park

Independence Day Celebration

July 3, 6-10pm | Liberty Park

POOLS

May 27-Aug 6 | Ext. Season: Aug 12-Sept 4

Beachaven, Bel-Aire, New Providence, & Swan Lake Pools

Daily admission: \$5/person before 3pm, \$3/person after 3pm

Swimming lessons: \$35 non-member, \$15 member

SPLASH PADS

May 27 - Early September

MON-SUN: 10:00AM-7:00PM

Available at the following parks: Edith Pettus, Heritage, Lettie Kendall, and Dixon

Ft Campbell Exchange Upcoming Events

8 July

Come to the Main Exchange for an Exciting Spider Man Event. Hasbro will be promoting some great new Spider Man Toys from 1000-1400.

15 July

Come out for our Summer Fun event and meet Banana Boat Model Abigail Culwell on 15 July from 1100-1300. Banana Boat will be on-hand with great samples and gifts.

22 July

Come join the Ft Campbell Exchange Toy Department from 1100-1300 on 22 July for our Annual Lego Building Event. Come out, build a great creation and win some great prizes.

25 July

Come out and help the Exchange Celebrate our 122nd Exchange Anniversary with a cake cutting on 25 July at 1000 and great deals and prizes throughout the day.

29 July

Back To School Fashion Show. Come join the Ft Campbell Main Exchange for our annual Back To School Fashion show for kids on 29 July from 1200-1300. We will have other great events that day to help send the kids off to school. Anyone interested in participating needs to contact Jessica Ball-Wever at 270 439 1841.

16 August

Come out to the Main Exchange and meet Noah Galloway as he promotes his book "Living With No Excuses" on 16 August from 1400-1600. Noah is a former 101st Airborne Soldier, wounded in Iraq, and is now a motivational speaker.

22-25 August

The Ft Campbell Exchange is working with the Ft Campbell Safety Office for the Annual Privately Owned Weapons Safety Event. Smith and Wesson as well as other vendors will be on-hand to assist in the safe handling of firearms at Range 16.

DEPARTMENT OF THE ARMY
HEADQUARTERS, U.S. ARMY MEDICAL DEPARTMENT ACTIVITY
FORT CAMPBELL, KY 42223-5349

MCXD-DCA-PA

22 June 2017

MEMORANDUM FOR Executive Committee of the Professional Staff

SUBJECT: Minutes of Patient Advisory Council held June 22, 2017

1. The Patient Advisory Council (PAC) convened at 9:30 a.m. June 22, 2017, in the Commander's Classroom. The purpose of the meeting was to discuss ongoing initiatives for advancing the practice of Patient- and Family-Centered Care.

2. Attendees: See Enclosure #1

3. Introductions.

4. Hospital updates:

a. COL Anthony McQueen, BACH Commander, briefed the following:

COL McQueen introduced himself to the council members. For 26 years, McQueen has been a beneficiary of Army medicine. He is married with two children. His family came to Blanchfield from Hawaii, Army Materiel Command. His career has always involved assignments in Army Medicine and Army Logistics. COL McQueen is originally from the Houston, Texas, area. "I am very happy to be here on the BACH Team."

b. Ms. Laura Boyd, Public Affairs Officer, briefed the following:

(1) The executive director and medical director from Centerstone Military Services (Non-profit organization from Nashville) will tour the Warrior Transition Battalion at 10:45 a.m. The visit moves to Intrepid Spirit at 1 p.m. with Dr. Lynn Giarrizzio, anesthesiologist and chief of pain management at the Intrepid Spirit. She and her team have had great success in reducing the amount of opiate use amongst Soldiers. Fort Campbell uses meditation, mindfulness, yoga, dry needling, acupuncture and other non-pharmacological methods to reduce pain.

(2) The Battalion Change of Command is slated for noon, June 30, in the Soldier Readiness Processing Center.

(3) BACH's Facebook live campaign for solar eclipse safety continues as we lead up to event. Schools on Fort Campbell and surrounding counties will be closed Aug. 21. Fort Campbell will also observe a DONSA April 21.

- (4) We continue to receive positive feedback on the Wayfinders. Please continue to send us notifications for updates as services change or move across the organization. We request Patient Advisors and staff to take a few moments to look at these systems and let us know if they have suggestions for improvement.
- (5) The Independence Day holiday is coming up, and we will have changes affecting services. We will observe the holiday on Tuesday, July 4, and operate on a DONSA schedule, July 3.
- (6) The Screaming Eagle Medical Home is closed today for staff training. A message was posted to Facebook last night, making sure patients understood they could call the Appointment Line to determine if there was availability in other medical homes to be seen.
- (7) Retirement Appreciation Day is slated for Sep 30.

c. Mr. David Gillespie, Director, Patient and Family Centered Medical Care, briefed the following:

BACH's social media has an ongoing campaign for school and sports physicals. June 24 will be the first Saturday event and some slots are still available, as another provider was added to meet demand.

5. New business:

a. Ms. Nita Hackwell, Environmental Health, briefed the following:

- (1) Handouts include information on chiggers. Contrary to popular belief, chiggers do not attach and do not suck your blood. If in a chigger infested area, take precautionary steps upon returning home. Take a shower, and place your worn clothing in a high-heat dryer for half an hour.
- (2) Mosquitoes. Avoid standing water around your house. If you have a bird bath, kid's pool, or outside pet bowls, dump the water at least once a week. If you have tree cavities collecting water, fill with sand. We do not have the Zika virus here but have had rare incidents of the West Nile virus. During mosquito season, we trap and send mosquitoes for testing weekly. Mosquitoes are something to be cautious about, but not be too overly concerned.
- (3) Blanchfield has a human tick test program. You may bring ticks in for identification, and we can raise your awareness about signs and symptoms. For testing, ticks are sent to a lab and tested for diseases specific to the species sent. Should someone bring a tick and it is engorged and the person is symptomatic, it may be expressed overnight to the lab. Commonly known tick-borne diseases (Rocky Mountain Spotted Fever and Lyme Disease) have not been identified in ticks in the 17 years ticks have been sent for testing at Fort Campbell. Southern Tick Associated Rash Illness can produce a bull's-eye rash and may be mistaken for Lyme disease, but testing is not yet available. The Lone Star tick is 85 percent of what we have in the area, followed by the American Dog tick and the Gulf Coast tick. The black-legged tick (deer tick) is very rare in this area (about five submitted in the past 17 years). Diseases found in ticks turned into the Human Tick Test Program include: Human monocytic ehrlichiosis, Ehrlichia ewingii, Panola Mountain ehrlichiosis, Rickettsia parkeri, and Rickettsia andeanae. The lone star tick is also the culprit suspected for causing an allergy to red meat. We also conduct tick drags and send captured ticks for testing. A lint roller is a good method for removing ticks and chiggers from clothes before the ticks have a chance to find their way to your skin.

b. MAJ Payne, Chief of Ophthalmologist and Refractive Surgery, briefed the following:

- (1) Throughout the month of June, the American Academy of Ophthalmology (<https://www.aao.org/newsroom/observances>) recognizes fireworks eye safety month and cataract awareness month. Statistically, fireworks cause about 9,000 eye injuries a year. Cataracts are a leading cause of preventable blindness. The longer cataracts are left untreated, the more difficult it

can be to successfully remove the cataract and restore vision.

- (2) The month of July is UV Awareness month. Studies show that long-term exposure to bright sunlight may increase the risk of cataracts and growths on the eye. Growths are of concern and can be cancerous lesions. Protection from UV light should be 100-percent UV sunglasses. Safety glasses are also important when mowing, welding, and nailing. We have not had the chance to witness an eclipse in 38 years. We are at a location where we may witness a full eclipse and should not look at it with the naked eye. Special eclipse glasses vary from regular sunglasses and are necessary for eclipse day. You can order these glasses online ranging from \$2 to \$32. The only safe way to look directly at the uneclipsed or partially eclipsed sun is through special-purpose solar filters, such as “eclipse glasses” or filters. Look specifically for an ISO 12312-2 international standard. For more information, go to <https://eclipse2017.nasa.gov/safety>.
- (3) All military Retirees can get prescription glasses for free through Ophthalmology. The Clinic will accept eye prescriptions from outside providers. Prescription must be less than a year old. There are several frame styles available. This service is only for Retirees, and not Family members.

c. Mr. Tim Edwards, Safety Manager, briefed the following:

- (1) Safety Management System goals: Improve safety culture and climate (patient and environmental) and reduce accident injury rates.
- (2) Safety and summer: People drive more in summer (longer hours, warmer temperatures). Distracted driving (cell phones) is problematic.
- (3) Hiking: Make sure someone knows where you are going, the trail you will be on and what time you are expected back. Many places are remote and you may not have cell phone reception. Stay on the trails. No climbing on waterfalls. Run-ins with wildlife: Tennessee has a variety of wildlife, including: bears that are not afraid of humans – steer clear; more than 11 confirmed mountain lion sightings in the Dover, Dickson and Land Between the Lakes areas; four types of venomous snakes (timber rattlesnakes, pygmy rattlesnakes, copperheads, and cottonmouth); as well as dangerous plant life, such as poison oak, poison ivy and poison sumac.
- (4) Boating: Tennessee is ranked 5th in the nation for boating accidents. Many drown because of a lack of life jackets. Pools: No running, watch the kids. Grilling: Unlike TV commercials and movies, you should keep the grill away from center of activity, kids, and pets.
- (5) Fireworks: Don't let kids handle fireworks. Do not inspect duds, and don't try to relight a short fuse. Always know the hazards of activities.

d. LTC Ronald Foley, Chief of Pharmacy, briefed the following:

- (1) The Town Center Pharmacy will be closed Saturday, July 1, for required upgrades to the hospital's network, making the pharmacy computer system applications unavailable.
- (2) The Town Center will reopen Monday, July 3 from 8 a.m. to 5 p.m., operating on a condensed Day of No Schedule Activity. The Town Center, along with all BACH pharmacies, will close on the 4th of July holiday.

e. MAJ Eileen Cassidy, Chief of Clinical Support Division, briefed the following:

- (1) Access to care: Serving about 71,000 patients. We are always looking at ways to educate our patient population, especially when it comes to access. Relay Health, Army Medicine Secure Messaging Service, is a great system. Our clinics have embraced it and do a great job of answering patient inquiries. We also strive to ensure that when patients leave appointments, they know what to expect next.

(2) CSD is open to ideas regarding patient outreach. We don't always know the issues patients perceive as a struggle for them, unless it is communicated to us. Primary Care is exploring the creation of a Patient Practice Council as a forum for patients to share their ideas. Clinical Support is very flexible and always open for suggestions.

f. Ms. Victoria Hill, Child and Family Behavioral Health System, briefed the following:

CAFBHS accepts self-referrals for Marriage and Family Therapy – patients do not have to go through primary care. A few months ago, we piloted self-referrals for children and have officially launched that change. Parents do not have to go through their primary care manager to refer a child to CAFBHS. Parents can complete the self-referral form and it will be sent to a nurse case manager, who will call for additional info if necessary and make an appointment if needed.

6. Ms. Boyd thanked everyone for attending the meeting. The meeting adjourned at 10:45 a.m. The next meeting is scheduled for July 27 at 9:30 a.m. in the Commander's Classroom.

Enclosure

///ORIGINAL SIGNED///
LAURA C. BOYD
Public Affairs Officer

APPROVED:

DATE: June 26, 2017

Fort Campbell Schools

First day of SY2017/18 Aug 2 for K-12 / Aug 16 for Pre K
New Administrator for Mahaffey Middle School – Ryan Smith
Assistant Principal will be hired for Barsanti ES
Summer Feed Program:

when: June 19 – July 26

where: Barsanti ES and Lucas ES

times: Breakfast: 8:00 – 9:00 Lunch 10:30 – 12:30

Garrison Chaplain Office

(270) 798-6124

Vacation Bible School, 17-21 July, 0900-1200, Liberty Chapel

PWOC Summer program 6 June thru 25 July, 0830-1200, Tuesday's, Liberty Chapel

USO Fort Campbell

Pamela Holz

(931) 542-3320
pholz@uso.org

Volunteer Opportunities available...

Know of anyone looking to earn their MOVSM? We can help!



MWR Marketing

Melissa Shaffner

(270) 798-7535

melissa.a.shaffner.naf@mail.mil

USDA Feds Feed Families Campaign 2017

- July – September
- Feds Feed Families is a voluntary effort supported by Federal employees across the country who take time outside of their workday to collect and donate food for those in need.
- (270) 798-7864

Kids Bowl Free

- Through August 18 (Monday-Friday only)
- Hooper Bowling Center
- Youth age 14 and under.
- Mon & Tue – 10 a.m. to 6 p.m.
- Wed thru Fri – 10 a.m. to 9 p.m.
- Not valid on July 4 or Saturdays & Sundays.
- Parents and youth age 15+ can register on kidsbowlfree.com for \$46.95 and get the Family member pass.
- Parents and older kids who do not register will have to pay regular price for games and shoes.
- (270) 798-5887

Steel Shooting Match

- July 1 (first Saturday of each month)
- 8 a.m. – Registration

- 9 a.m. – Safety Briefing
- No registrations after safety briefing begins.
- Privately Owned Firearms Range (Range 16)
- \$20
- Open to age 13 and up. (Youth must be accompanied by a parent or guardian.)
- Requires handgun, holster and additional magazines.
- Centerfire pistol calibers only. No rimfire allowed.
- IPSC targets and mixed steel.
- (270) 798-5579

Kids Clay Workshop – Letter Holder

- July 1, 10 a.m. to 11 a.m.
- Guenette Arts & Crafts Center
- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

Super Saturday Bingo

- July 1
- First Saturday of each month.
- Doors open at 3 p.m.
- Early Bird games start at 4 p.m. and regular games start approximately 30 minutes later.

- Higher payouts, door prizes, free food.
- www.campbell.armymwr.com

Penny a Pin Bowling

- July 2, 9, 16, 23 and 30 (every Sun)
- Times can vary due to tournament play. Please call ahead to double check.
- Hooper Bowling Center
- Pay 1 penny for every pin knocked down. Any game over 200 is FREE. (Does not include shoe rental.)
- (270) 798-5887

July 4th Independence Day Celebration

- July 4
- Division Parade Field
- Salute to the Nation, Concert, Fireworks
- Thank you to our Sponsors for making these events possible. USAA, Mathews Nissan, Fortera Credit Union, Aaron's, Ajax Distributing, Patriot Cheverolet, Wyatt-Johnson Volkswagen. *
- www.campbell.armymwr.com

2017 Army Arts & Crafts Contest Opens

- July 5 – August 31
- Novice and Accomplished Levels
- Nine categories for each.
 - Ceramics
 - Digital Art
 - Drawings
 - Fiber/Textile
 - Glass Art
 - Metals and Jewelry
 - Mixed Media
 - Paintings
 - Wood
- Register at <https://cloud.mwr.army.mil/apptrac>
- (270) 798-3625

Hooper Combo Wednesdays

- July 5, 12, 19 and 26 (every Wed)
- Hooper Bowling Center
- Purchase any combo in the snack bar and receive 2 FREE games of bowling (does not include shoe rental.)
- (270) 798-5887

Bank Account & Debit Card Management

- July 5, 9 a.m. to 11 a.m.
- ACS Financial Readiness Program
- First Wednesday of each month.
- Free
- (270) 798-3344

USAJOBS Prep!

- July 5 and 19
- 9 a.m. to 11 a.m.
- ACS Main Bldg, 2601 Indiana Avenue
- Free
- Future dates:
 - August 2 and 16
 - September 6 and 20
- Learn how to navigate the USAJobs website and Application Manager.
- (270) 798-4412/4289

Baby and Me Lapsit

Offered by Robert F. Sink Memorial Library

- July 5, 12, 19 and 26
- Free event held every Wednesday.
- Open to children up to 24 months.
- (270) 798-7466

Stroller Walk

Offered by ACS Family Advocacy Program

- July 6 at 9 a.m.
- Meet at Hammond Heights Starbucks
- Free
- Take a walk around Hammond Heights neighborhood and meet new parents while getting a little exercise.
- Please water, a snack and sunscreen.
- (270) 412-5500

Soldier and Family Newcomers' Fair

- July 6, 13, 20 and 27 (every Thursday)
- Family Resource Center (FRC)
- 9 a.m. until 3 p.m.
- This event has many sponsors which include: USAA, Mathews Nissan, Fortera Credit Union, Luigi's Pizza, Culligan Water, Sprint,

Comcast Xfinity, Freeman Webb Apartments, and more.*

- FREE child care will be provided by Kids On Site (KOS).
- (270) 798-2676

Fantastic Graphics: Comic Book Exchange

- July 6, 13, 20 and 27 (every Thursday)
- 9 a.m. to 8 p.m.
- Robert F. Sink Memorial Library
- Open to all ages.
- Free
- Exchange your comic books, graphic novels, and manga (in good condition) with other patrons.
- Trading will be one-for-one.
- (270) 798-5729

Children's Story & Craft Time

Offered by Robert F. Sink Memorial Library

- July 6, 13, 20 and 27 (every Thursday)
- 10:30 a.m. & 1:30 p.m.
- Free event held every Thursday
- Open to preschool age children
- (270) 798-7466

Leather Bracelets

- July 6, 2 p.m. to 3 p.m.
- Guenette Arts & Crafts Center
- Open to age 6 and over.
- Children age 12 and under must be accompanied by an adult.
- \$8
- (270) 798-6693

Kids Canvas Painting

- July 8, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- Open to age 6 and over.
- Children age 12 and under must be accompanied by an adult.
- \$12
- Reservations required.
- (270) 798-6693

Summer Swimming Lessons – Session C

- July 10-20
- Call SKIES or the Aquatics Office for scheduling.
- (270) 798-6355 or (270) 798-6310

Youth Sports Registration is Open for Golf

- July 10 – July 28
- Age 8 and up
- \$65
- Register at Youth Sports, located at TYC.
- (270) 798-3168/6355

Youth Sports Registration is Open for

Bowling, Cheerleading, Fall Soccer, Fall Volleyball, Flag Football, Running Club, Tackle Football

- July 10 – August 4
- Bowling
 - Age 6 and up
 - \$65
- Cheerleading
 - Youth in grades K thru 8th
 - \$45
- Fall Soccer
 - Youth in grades Pre-K thru 8th
 - \$45
- Fall Volleyball
 - Youth in grades 4th thru 8th
 - \$45
- Flag Football
 - Youth in grades K thru 2nd
 - \$45
- Running Club
 - Youth in grades 3rd thru 12th
 - \$45
- Tackle Football
 - Youth in grades 3rd thru 8th
 - \$70
- Register at Youth Sports, located at TYC.
- (270) 798-3168/6355

Double Punch Mondays at Smokehaus

- July 10, 17, 24 and 31, 11 a.m. to 1 p.m.
- Smokehaus
- Get two punches on your frequent diner card when you purchase one buffet on Monday.

- Get ten punches and you get a free buffet.
- (270) 798-4993

Leather Bracelets

- July 11, 4 p.m. to 5 p.m.
- Guenette Arts & Crafts Center
- Open to age 6 and over.
- Children age 12 and under must be accompanied by an adult.
- \$8
- (270) 798-6693

Money Management Class

- July 12, 9 a.m. to 11 a.m.
- ACS Financial Readiness Program
- Second Wednesday of each month.
- (270) 798-3344

Resume for Results

- July 12, 10 a.m. to 12 p.m.
- ACS Main Bldg, 2601 Indiana Avenue
- Free
- Future dates:
 - August 9, September 13
- (270) 798-4289

Adult Canvas Painting

- July 12, 5:30 p.m. to 7:30 p.m.
- Guenette Arts & Crafts Center
- Open to age 16 and over.
- \$25
- Reservations required.
- (270) 798-6693

Kids Clay Workshop – Wind Chime

- July 13, 2 p.m. to 3 p.m.
- Guenette Arts & Crafts Center
- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

Basketball Post Championship Tournament

Deadline to Register

- July 14
- Battalion Level and Women's Teams
- Commander's Cup Event
- Register at Sports Office, 5666 Wickham Avenue (Fryar Stadium)
- (270) 798-3094 or (270)956-1006

Suminagashi Paper Marbling

- July 14, 10 a.m. to 11 a.m.
- Guenette Arts & Crafts Center
- Open to ages 8 and over.
- Children age 12 and under must be accompanied by an adult.
- \$8
- (270) 798-6693

BOSS Mid-Summer Cook Out

- July 21, 11 a.m. to 2 p.m.
- Warrior Zone
- Food and drinks provided.
- Music, inflatables and games offered such as the Rock Climbing Wall, Bubble Balls, Soccer and Boxing/Jousting Ring.
- Thank you to our Sponsors – Gary Mathews Motors and Boingo! *
- (270) 798-7858

Clay Fairy House

- July 15, 10 a.m to 12 p.m.
- Guenette Arts & Crafts Center
- For ages 8 and over.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

Framing Class

- July 15 starting at 12:30 p.m.
- Guenette Arts & Crafts Center
- Open to ages 18 and over.
- \$10 plus materials
- Bring something suitable to frame. Please no flags, guidons, coins or canvases.
- Reservations required.
- (270) 798-6693

FREE NFL Football Pro Camp

- July 15 & 16
- 1 p.m. to 4 p.m. each day
- Youth Sports Complex
- NFL player Andre Roberts will host
- Open to first 150 who register in person at SKIES, at Youth Sports or online through WebTrac.
- (270) 798-6355

Remember WWI Book Club – Brunch & a Book

- July 18 at 12 p.m.
- Robert F. Sink Memorial Library
- Free
- *Memoirs of an Infantry Officer* by Siegfried Sassoon (available in the Library collection as eBooks and eAudio)
- Future date:
 - August 15
 - *Regeneration* by Pat Barker (available in the Library collection as eBooks and eAudio)
- (270) 798-5729

Kids Canvas Painting

- July 18, 4 p.m. to 6 p.m.
- Guenette Arts & Crafts Center
- Open to age 6 and over.
- Children age 12 and under must be accompanied by an adult.
- \$12
- Reservations required.
- (270) 798-6693

WWI Movie Schedule at R.F. Sink Library

- July 18 starting at 5:30 p.m.
- The 3rd Tuesday of each month, now through December 2018.
- Robert. F. Sink Memorial Library
- Free
- (270) 798-5729

Wheel Throwing Class (2 part)

- July 19, 5 p.m. to 7 p.m. (part 1)

- July 26, 5 p.m. to 7 p.m. (part 2)
- Guenette Arts & Crafts Center
- Open to ages 14 and over.
- \$26 (includes both parts)
- Reservation required.
- (270) 798-6693

Kids Glass Painting

- July 20, 2 p.m. to 4 p.m.
- Guenette Arts & Crafts Center
- Open to ages 6 and over.
- Children age 12 and under must be accompanied by an adult.
- \$10
- Reservations required.
- (270) 798-6693

Clay Fairy House

- July 21, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- For ages 8 and over.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

Kids Clay Workshop – Chip & Dip

- July 22, 10 a.m. to 11 a.m.
- Guenette Arts & Crafts Center
- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

Summer Swimming Lessons – Session D

- July 24 – August 3
- Call SKIES or the Aquatics Office for scheduling.
- (270) 798-6355 or (270) 798-6310

Kids Clay Workshop – Mask

- July 25, 4 p.m. to 5 p.m.
- Guenette Arts & Crafts Center
- Open to all ages.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

Relationship 101 Couples' Workshops

Offered by ACS Family Advocacy Program

- July 26 (4th Wednesday of each month)
- 9 a.m. to 11:30 a.m. or 1 p.m. to 3:30 p.m.
- ACS, 2601 Indiana Avenue
- Free
- Skills, Techniques and Resources for Emotional Self-Regulation
- (270) 412-5500

Kids Canvas Painting

- July 27, 2 p.m. to 4 p.m.
- Guenette Arts & Crafts Center
- Open to age 6 and over.
- Children age 12 and under must be accompanied by an adult.
- \$12
- Reservations required.
- (270) 798-6693

Clay Chameleon

- July 28, 10 a.m. to 12 p.m.
- Guenette Arts & Crafts Center
- Open to ages 8 and over.
- Children age 12 and under must be accompanied by an adult.
- \$11
- (270) 798-6693

BOSS Midnight Pool Party

- July 28
- Midnight to 3 a.m.
- James Single Pool
- \$5 entry
- Music, games and food.
- (270) 798-7858

Softball Post Championship Tournament

Deadline to Register

- July 29
- Battalion Level and Women's Teams
- Commander's Cup Event
- Register at Sports Office, 5666 Wickham Avenue (Fryar Stadium)
- (270) 798-3094 or (270)956-1006

Coupon Social

- August 1, 5 p.m. to 6 p.m.
- ACS Financial Readiness Program
- Clip, share, exchange, obtain coupons
- First Tuesday of every month.
- (270) 798-5518

Titans Season Pass One Day Sale

- August 3 at 10 a.m.
- Leisure Travel Services
- First come/first served
- No pre-registration needed.
- Extremely limited.
- All seats in section 102 (first level on the North end zone)
- Single games tickets will go on sale August 5.
- (270) 798-7436

Titans Single Game Tickets on Sale

- August 5 at 9 a.m.
- Leisure Travel Services
- Preseason games are \$80 each
- Regular season games are \$80-\$90 each
- No pre-registration needed.
- (270) 798-7436

Superhero Back to School Smashes

Estep Wellness Center

- August 5, 9 a.m. to 10 a.m.
 - Total Pump Hulk Smash
- August 12, 10 a.m. to 11:30 a.m.
 - Superhero Spin Smash
- August 26, 10:30 a.m. to 12 p.m.
 - Zumba Power Smash

- \$5 per class or included in your monthly membership or Fit Pass.
- (270) 798-4664

Gear To Go Birthday Bash

- August 5, 10 a.m. to 12 p.m.
- Free hotdogs, drinks, snocones, and popcorn.
- Inflatables will be set up for you to enjoy.
- 20% discount on all made and paid reservations that day.
- Register to win a FREE weekend rental of your choice. (Free weekend rental can only be applied to one item. Discounts and offers do not include service fees to include (but not limited to) early pick-ups and/or delivery fees.)
- (270) 798-3919

Youth Sports Registration is Open for Golf

- August 7 – September 8
- Age 8 and up
- \$65
- Register at Youth Sports, located at TYC.
- (270) 798-3168/6355

BOSS End of Summer Cook Out

- August 11, 11 a.m. to 2 p.m.
- Warrior Zone
- Food and drinks provided.
- Music, inflatables and games offered such as the Rock Climbing Wall, Bubble Balls, Soccer and Boxing/Jousting Ring.
- Thank you to our Sponsors – Gary Mathews Motors and Boingo! *
- (270) 798-7858

Remember WWI Book Club – Brunch & a Book

- August 15 at 12 p.m.
- Robert F. Sink Memorial Library
- Free
- August 15
- *Regeneration* by Pat Barker (available in the Library collection as eBooks and eAudio)
- (270) 798-5729

BOSS Kentucky Kingdom Trip

- August 18
- Leave Warrior Zone at 6 a.m.
- \$15 (includes transportation)
- (270) 798-7858

Book a Cabin for the Eclipse!

- August 21
- Fletchers Fork Campground
Fort Campell Outdoor Recreation
- (270) 798-3126

Volleyball Post Championship Tournament

Deadline to Register

- September 1
- Battalion Level and Women's Teams
- Commander's Cup Event
- Register at Sports Office, 5666 Wickham Avenue (Fryar Stadium)
- (270) 798-3094 or (270)956-1006

Youth Sports Registration is Open for

Basketball Season 1 and Bowling

- September 5 – September 30
- Basketball Season 1
 - Youth in grades K thru 3rd
 - \$45
- Bowling
 - Age 6 and up
 - \$65
- Register at Youth Sports, located at TYC.
- (270) 798-3168/6355

Flag Football Season & Turkey Bowl

Deadline to Register

- September 9
- Company Level Teams
- Commander's Cup Event

- Register at Sports Office, 5666 Wickham Avenue (Fryar Stadium)
- (270) 798-3094 or (270)956-1006

Soccer Post Championship Tournament

Deadline to Register

- September 29
- Battalion Level and Women's Teams
- Commander's Cup Event
- Register at Sports Office, 5666 Wickham Avenue (Fryar Stadium)
- (270) 798-3094 or (270)956-1006

2nd Annual Challenge Walk

ACS Family Advocacy Program

- September 30, 8 a.m. to 1 p.m.
- Shaw Physical Fitness Center
- In support of Domestic Violence Awareness Month.
- Human purple ribbon photography event, yoga, Zumba®, Spin session.
- Recognition for the individual or organization that walks the most hours.
- Call to register.
- (270) 412-5500

Paint the Post Purple

ACS Family Advocacy Program

- Month of October
- Awareness campaign for Domestic Violence Awareness Month.
- Decorate your buildings, offices, quarters and grounds purple for the month of October.
- The facility, organization or neighborhood with the most participation will be recognized.
- (270) 412-5500

Youth Sports Registration is Open for Wrestling

- October 2 – October 27
- Youth in grades K thru 8th
- \$45
- Register at Youth Sports, located at TYC.
- (270) 798-3168/6355

Purple Shirt Fridays

In support of Domestic Awareness Month

- October 6, 13, 20 and 27
- ACS Family Advocacy Program
- This awareness campaign is open to all Fort Campbell Families and Civilians.
- No registration is required.
- The Victim Advocates will randomly visit facilities and take pictures to post on the ACS Facebook page.
- The organization with the most participation will be recognized.
- (270) 412-5500

Youth Sports Registration is Open for

Basketball Season 2 and Girls Basketball

- November 13 – December 15
- Basketball Season 2
 - Youth in grades 4th thru 8th
 - \$45
- Girls Basketball
 - Youth in grades 4th thru 8th
 - \$45
- Register at Youth Sports, located at TYC.
- (270) 798-3168/6355

Youth Sports Registration is Open for Bowling

- November 27 – December 22
- Age 6 and up
- \$65
- Register at Youth Sports, located at TYC.
- (270) 798-3168/6355

Holiday Basketball Tournament

Deadline to Register

- November 27
- Company Level and Women's Teams
- Register at Sports Office, 5666 Wickham Avenue (Fryar Stadium)
- (270) 798-3094 or (270)956-1006

SAVE THE DATE

(all items in this area are subject to change)

ECFT Spartan Race

- September 23, 2017
- Cassidy MOUT

ECFT Colorful Zombie Run

- October 28
- TBD Location

2017 ECFT Awards Ceremony

- November 17
- Cole Park Commons

2017 UFC Fight Dates

Watch at Warrior Zone (age 18+ only)

- July 8
- August 5
- September 9
- October 7
- November 4
- December 2

General Information

Robert F. Sink Memorial Library On-line Services

- R.F. Sink Library has the following online services available:
 - Rosetta Stone (30 language courses to choose from)
 - Petersons DoD Lifelong Learning Resource Center (prepare for college, ASVAB, CLEP and DSST)
 - Small Engine Repair Reference Center (online repair guides)
 - Tutor.com (free online tutoring service for K-12 students)
 - Overdrive (50,000+ eBooks, audio books, movies and periodicals available for download)

- Ancestry Library Proquest Edition (unlock your Family history)
- Zino Digital Magazines (access hundreds of popular magazines online)
- (270) 798-5729

SKIES*Unlimited* Offers Drivers Ed Classes

- On post and off post classes available.
- Saturday and weekday classes available.
- \$330 per student.
- Deployment discounts can be used for this class.
- (270) 412-5811

Youth Dance Classes

- SKIES Unlimited
- For Age 8 month to 18 years.
- Classes and costs vary.
- (270) 412-5811

Civilian Wellness and Fitness On-Duty Program

- The Civilian Wellness and Fitness Program for Fort Campbell employees is a 6 month program.
- One hour up to 3 times per week.
- Register at any time.
- (270) 412-7257

Weekly Play Morning

Offered by ACS New Parent Support Program

- Meets every Thursday at Taylor Youth Center (Does not meet during the summer months.)
- 9 a.m. to 10:30 a.m.
- Free
- No registration is required.
- If Fort Campbell schools do not meet, the play group will not meet.
- (270) 412-5500

Military Living Travel Guides for Sale

- Available at Leisure Travel Services
- Military Space-A Air Travel Guide™
- Temporary Military Lodging Around the World™

- \$30 each
- (270) 798-7436

News from R.F. Sink Memorial Library

- 38 Screaming Eagle Blvd
- Has added hundreds of graphic novels to its collection in the past month.
- A new video game collection that consists of over 100 Wii U, X Box1, and PS4 games.
- A movie collection of thousands of DVDs and Blu Rays.
- Search our catalog located here: mylibraryus.armybiznet.com/search~S21
- (270) 798-5729

Golf Cart Crossing Safety

- Golf carts and walking golfers have the right of way in the painted crossings on Robert C. Lee Road.
- Vehicles must stop and allow them to cross.
- Golfers should use the button for the flashing lights and watch to ensure vehicles are slowing and stopping.

Fitness Care CDC

- For Age 6 weeks to 10 years.
- Three hour limit per day.
- \$4 per hour
- Workout, run errands, have some me time, make an appointment, etc...
- Child must be registered with CYSS.
- Open to Active Duty, DoD Civilian employees, Active Duty Reserve Soldiers, DoD Contractors and military Retirees.
- (270) 461-5513

Console Video Game Collection at

Robert F. Sink Memorial Library

- A variety of Playstation 4, Xbox One, and Wii U games are available.
- One week checkout period.
- (270) 798-5729

WELLBEATS™ is now available at all MWR

Physical Fitness Centers

- Virtual presentation.
- Stop by a PFC and let the staff show you the system.
- www.campbell.armymwr.com

Fort Campbell Dog Kennels

- Located next to the Horse Boarding Stables..
- Climate Controlled
- Several outings daily.
- Deployment boarding also available.
- (270) 798-2629/5590

Bubble Balls Now Available from Gear To Go

- Bubble Balls are more fun than soccer, safer than football, cheaper than hockey, and bouncier than basketball.
- Available for rent at Gear To Go, 5658 Tennessee Avenue, Fort Campbell
- (270) 798-3919

Breakfast All Day at Hooper

- You can now order most breakfast items from the Hooper menu any time you want them. (Some items are excluded. Please see menu board for details.)

ACS Army Emergency Relief Smartphone Apps

- Available now
- iPhone app store and Android market
- (270) 798-5518

MWR Text Club

- Text "MWR" to 68-68-3
- Receive MWR discounts and specials right to your phone
- Standard data and messaging rates apply

Challenge Course Complex Programs

- Specializes in programs such as: Team Building, Fun Adventure Days, PT, Birthday Parties, Recreation Therapy
- Will work with all groups of all Age
- Course consists of 5 different elements
- (270) 412-7855

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MWR Gift Cards – Now Available

- Redeemable at all Fort Campbell MWR locations including on-line purchases (excludes CYSS locations and CYSS on-line)
- Reloadable
- Can be purchased at: Warrior Zone, Cole Park Golf Club, Outdoor Recreation Main Office, Estep Wellness Center, and Air Assault Auto.
- (270) 798-7535

On Going Estep Classes

Estep Personal Training Program

- By appointment
- Estep Wellness Center
- \$40 - 1 hour session
- \$25 – 30 minute session
- \$45 – Buddy PT (\$22.50 per person)
- \$105 – 3 one hour sessions
- \$180 – 6 one hour sessions
- (270) 798-4664

Unit PT Offered at Estep Wellness Center

- Offered Mon thru Fri, 6:30 a.m. to 7:30 a.m.
- Reserve a time slot with one of Estep's instructors
- \$40 per session
- Guaranteed to kick your PT into high gear.
- (270) 798-4664

Private Group Fitness Classes at Estep

- Unit PT, FRG Meetings, Team Connections, Community Unity, Department Conferences, etc...
- Instructors can create a session or you can book a class that's already offered
- \$40 per hour
- Some classes have a limit to group size.
- (270) 798-4664

***Sponsorship does not imply Army endorsement. See AR 215-1, para. 11-8d.**